

# CORSO EDUCAZIONALE GITMO NUOVI FARMACI E TRAPIANTO

## MIELOMA – FARMACI IMMUNOMODULANTI E TRAPIANTO ALLOGENICO

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FONDAZIONE IRCCS  
ISTITUTO NAZIONALE  
DEI TUMORI



# **Clinical evidence for the efficacy of allo-HSCT**

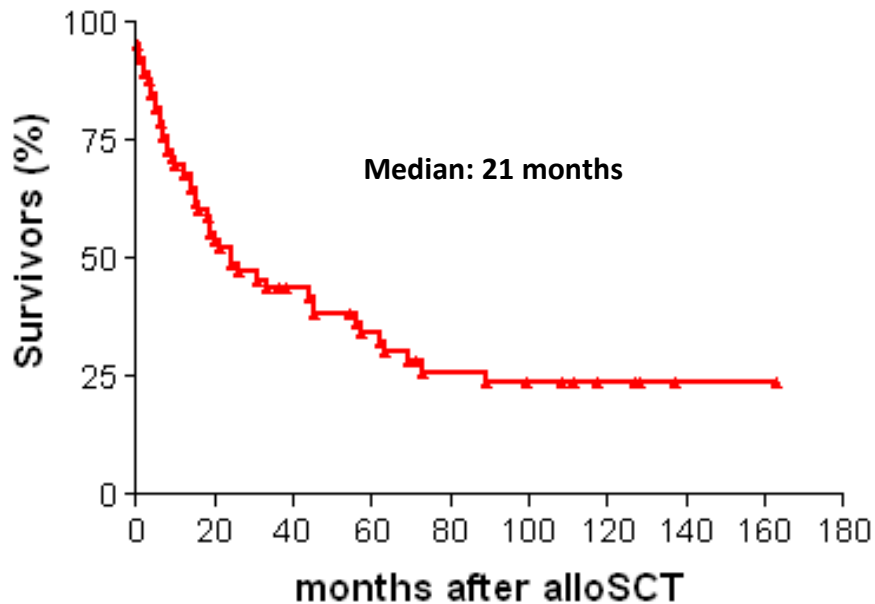
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- 1. reduced risk of relapse after allo-HSCT compared to auto-HSCT;**
- 2. Clinical response correlates with GVHD;**
- 3. well documented responses to donor lymphocyte infusions (DLI);**
- 4. achievement of durable molecular remissions after allo-HSCT**

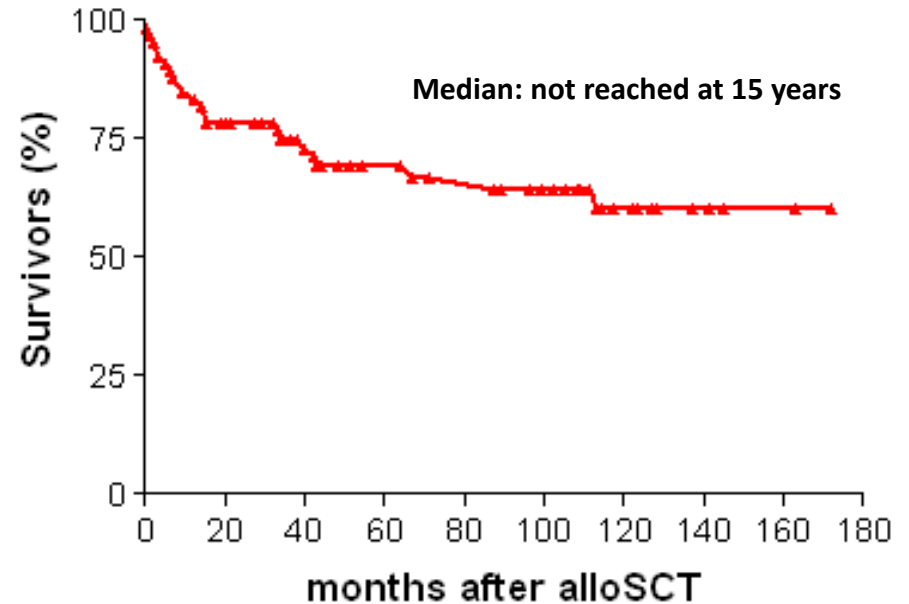
# Our experience

In our experience we observed that AlloSCT have an unsatisfactory PFS, while the OS is excellent.

## PFS



## OS



Personal observation

**As observed, PFS is poor, while OS is satisfactory.**

**Then, it is possible to speculate that **the patients benefited from the additional treatments performed after alloSCT.****

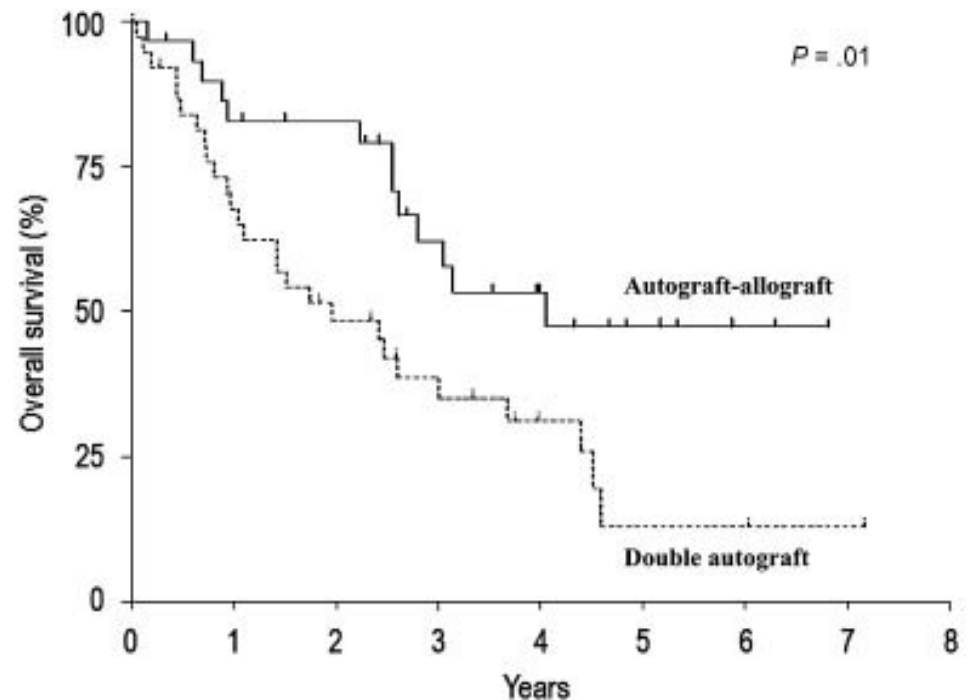
**Is the **graft-versus-myeloma effect** the key element that justify this outcome?**

# The GITMO study

The GITMO study compared auto vs Auto-Allo (TBI 200). Auto-Allo was superior in terms of PFS and OS.

**OS after 1° relapse**

Moreover, patients relapsed after Allo did better in terms of OS.

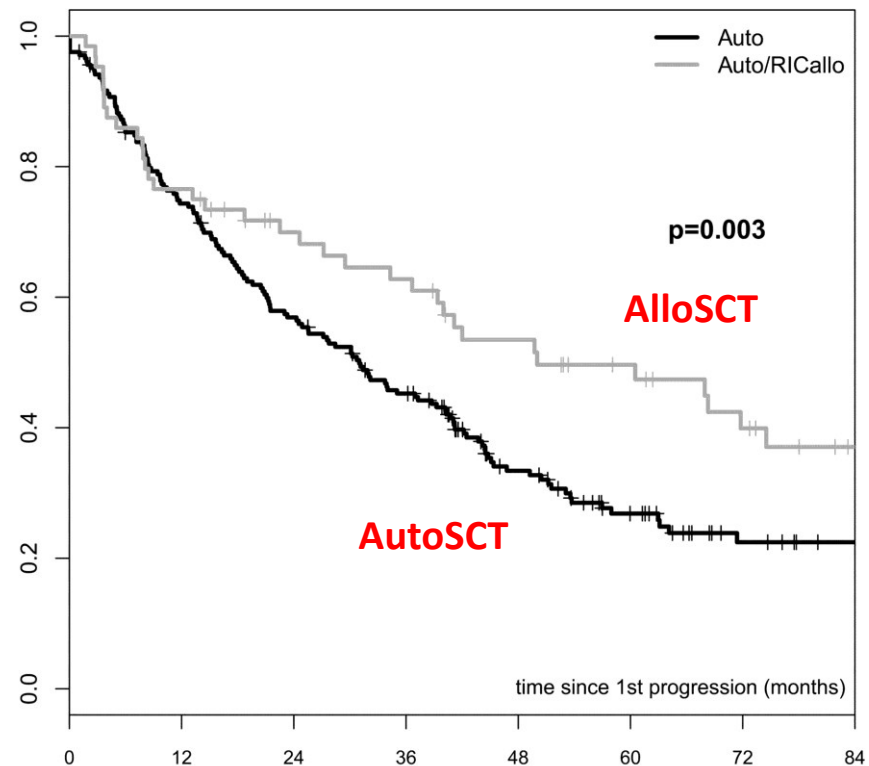


# The NMAM 2000 study

The NMAM 2000 study compared auto vs Auto-Allo (TBI 200). Auto-Allo was superior in terms of PFS and OS.

Moreover, patients relapsed after Allo did better in terms of OS.

## OS after 1° relapse



# Thalidomide + DLIs after alloSCT

Kroger et al. first suggested that a specific treatment may be more effective if done in the alloSCT setting (immunomodulating effect?).

Thalidomide was started at 100 mg daily in R/R MM patients. Soon an escalated DLI program was started (5 x 10<sup>6</sup> CD3/Kg in siblings, 1 x 10<sup>6</sup> CD3/Kg in MUD).

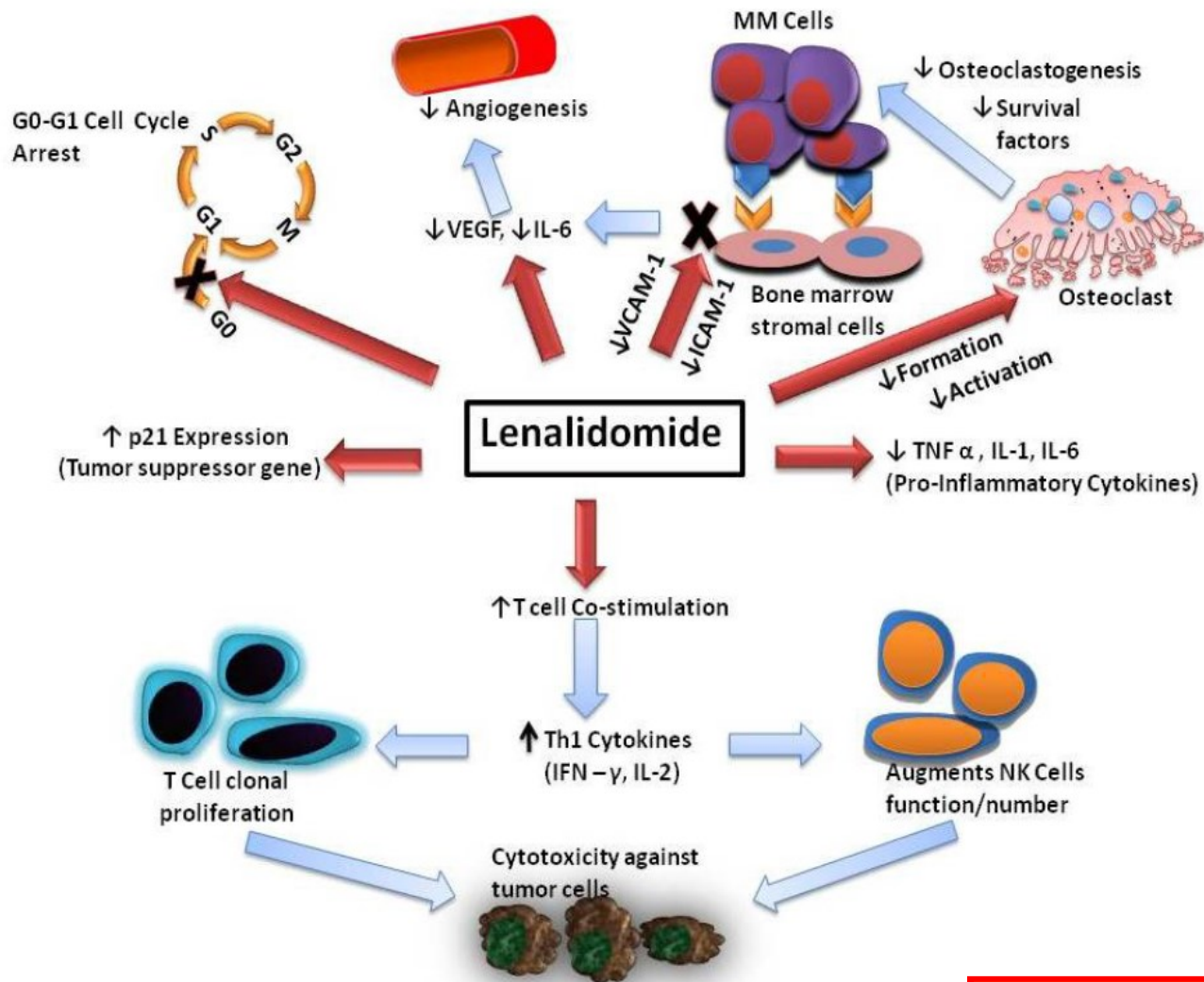
## Results:

MR	17%	2 yrs PFS: 84%
PR	28%	2 yrs OS: 100%
CR	22%	

## Toxicity:

aGVHD I°	11%
aGVHD >I°	0%
Limited cGVHD	38%
Extensive cGVHD	0%

# Lenalidomide immunomodulatory properties





# 1<sup>st</sup> lenalidomide trial after alloSCT

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The Hovon 76 study included 30 MM pts who received alloSCT in 1<sup>st</sup> line, followed by lenalidomide 10 mg 21/28 days, starting from day +90 (median).

Median treatment duration: **2 cycles**

Cause of discontinuation: **aGVHD** in 47%  
**toxicity** in 17%  
**progression** in 17%

The treatment was defined **NOT FEASIBLE**

# German trial with lenalidomide after alloSCT

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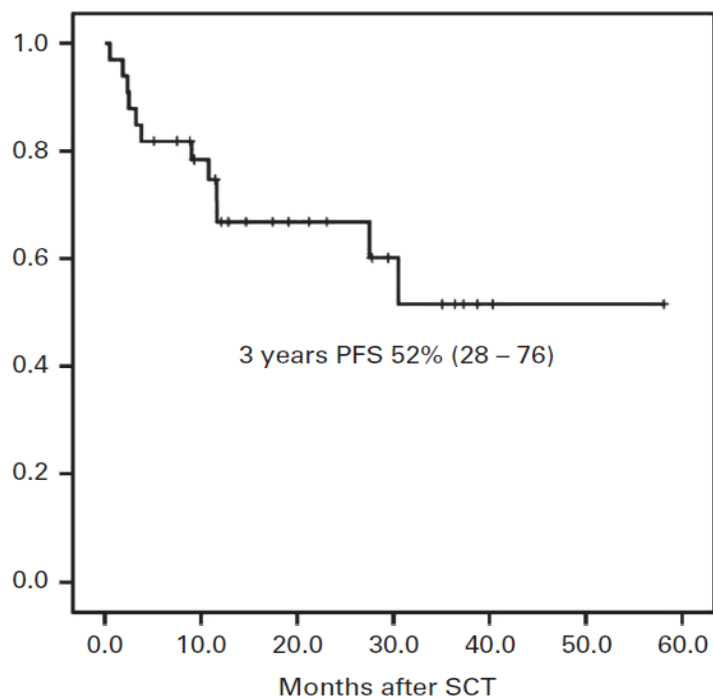
A German study included 33 MM pts relapsed after autoSCT, who received alloSCT followed by lenalidomide 5 mg 21/28 days (with escalation), starting from day +168 (median).

54% of pts discontinued treatment

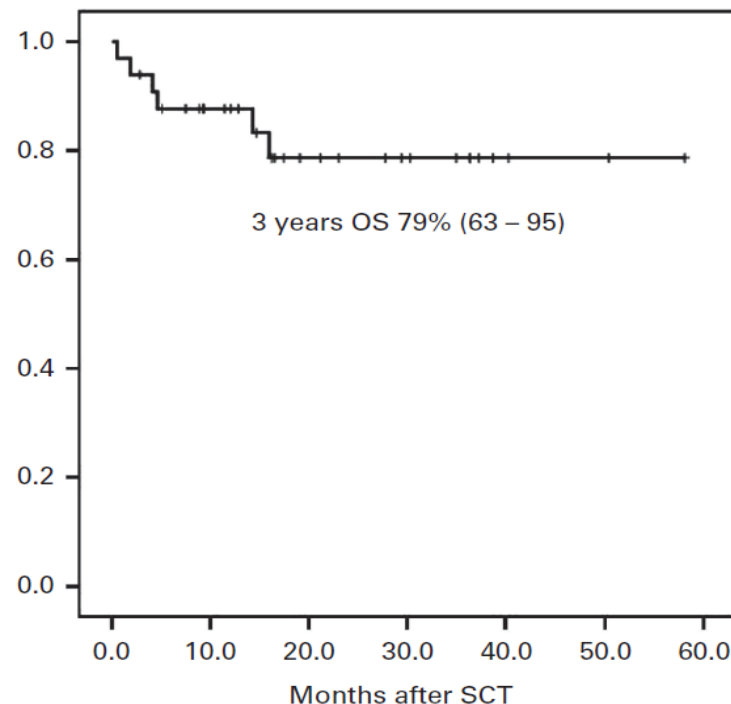
Cause of discontinuation: **aGVHD** in 10% [28%]  
**toxicity** in 13%  
**progression** in 20%

# German trial with lenalidomide after alloSCT

PFS



OS



The treatment was considered interesting in terms of PFS and OS, but toxic.

# **US trial with lenalidomide after alloSCT**

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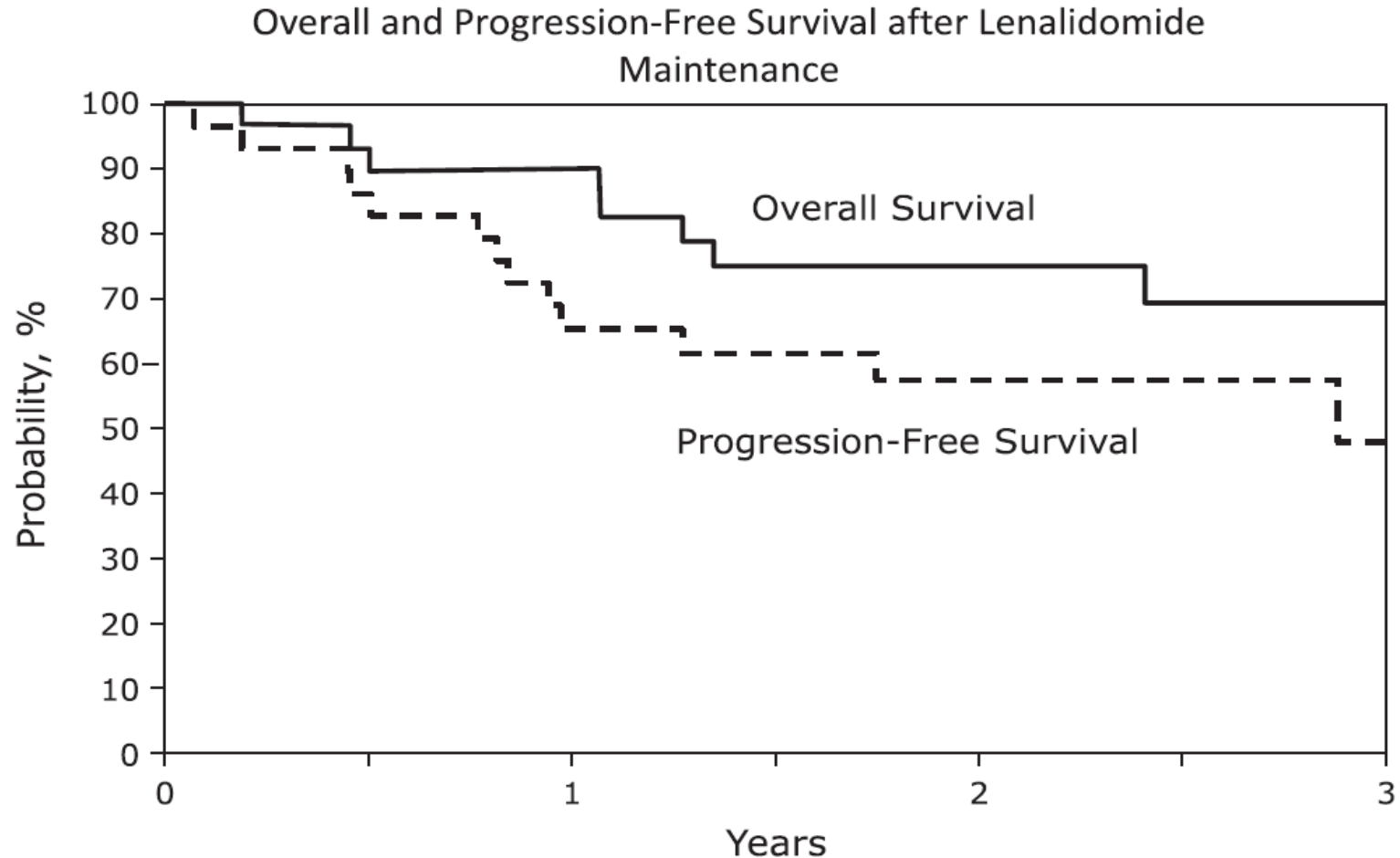
**A US study included 30 high risk MM pts who received alloSCT in 1<sup>st</sup> or 2<sup>nd</sup> line, followed by lenalidomide 10 mg 21/28 days (with escalation), starting from day +96 (median).**

**Median treatment duration: 9 cycles**

**Cause of discontinuation: aGVHD in 23%  
toxicity in 13%  
progression in 20%**

**Only 11 pts (30%) completed 12 cycles**

# US trial with lenalidomide after alloSCT



**The treatment was considered interesting in terms of PFS and OS, but toxic.**

# **A case-matched analysis of lenalidomide after allogeneic or autologous stem cell transplantation**

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## **Immunomodulatory properties of lenalidomide**

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**Lenalidomide operates through:**

- 1) Enhancement of NK cytotoxicity;**
- 2) Inhibition of regulatory T cells;**
- 3) Inhibition of autocrine cytokines;**
- 4) Downregulation of COX-2;**

**.....therefore its use after alloSCT appears potentially useful.**

# Aim of the study

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To compare lenalidomide use after autoSCT and alloSCT in a retrospective case-matched analysis.

The survey was conducted among eight Italian centers.

The primary matching criteria was:

**The number of treatment lines of therapy, including autoSCT or alloSCT, before lenalidomide administration.**

Secondary matching criteria were:

- **ISS stage**
- **FISH unfavourable vs. favourable**

Intra-center matching was encouraged, in order to harmonize treatment strategies.

# Patients characteristics

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	<b>Auto</b>	<b>Allo</b>
<b>Number of patients</b>	<b>40</b>	<b>40</b>
<b>Median age (range), yrs</b>	<b>55 (39-70)</b>	<b>47(29-61)</b>
<b>D&amp;S stage</b>		
I	<b>5 (13%)</b>	<b>9 (23%)</b>
II	<b>8 (20%)</b>	<b>5 (13%)</b>
III	<b>26 (67%)</b>	<b>25 (64%)</b>
<b>ISS stage</b>		
I	<b>19 (49%)</b>	<b>14 (37%)</b>
II	<b>10 (25%)</b>	<b>12 (32%)</b>
III	<b>1 (3%)</b>	<b>1 (3%)</b>
n.a.	<b>9 (23%)</b>	<b>11(28%)</b>



# Patients characteristics

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	<b>Auto</b>	<b>Allo</b>
<b>Median number of treatment lines before Len start</b>	<b>3 (1-6)</b>	<b>3 (1-6)</b>
<b>Previous thalidomide</b>	<b>35 (87%)</b>	<b>21 (53%)</b>
<b>Previous lenalidomide</b>	<b>2 (5%)</b>	<b>5 (12%)</b>
<b>Previous bortezomib</b>	<b>31 (77%)</b>	<b>36 (90%)</b>
<b>Time from transplant to Len (months)</b>	<b>39 (7-159)</b>	<b>29 (4-216)</b>

**Median follow-up after Len start**

**22 months (range 2-55)**

## Results - Best response to Len

	<b>Auto</b>	<b>Allo</b>
<b>CR</b>	<b>5 (12%)</b>	<b>4 (10%)</b>
<b>VGPR</b>	<b>6 (15%)</b>	<b>8 (20%)</b>
<b>PR</b>	<b>12 (30%)</b>	<b>12 (30%)</b>
<b>SD</b>	<b>11 (28%)</b>	<b>8 (20%)</b>
<b>PD</b>	<b>6 (15%)</b>	<b>8 (20%)</b>

## Time from Len start to best response

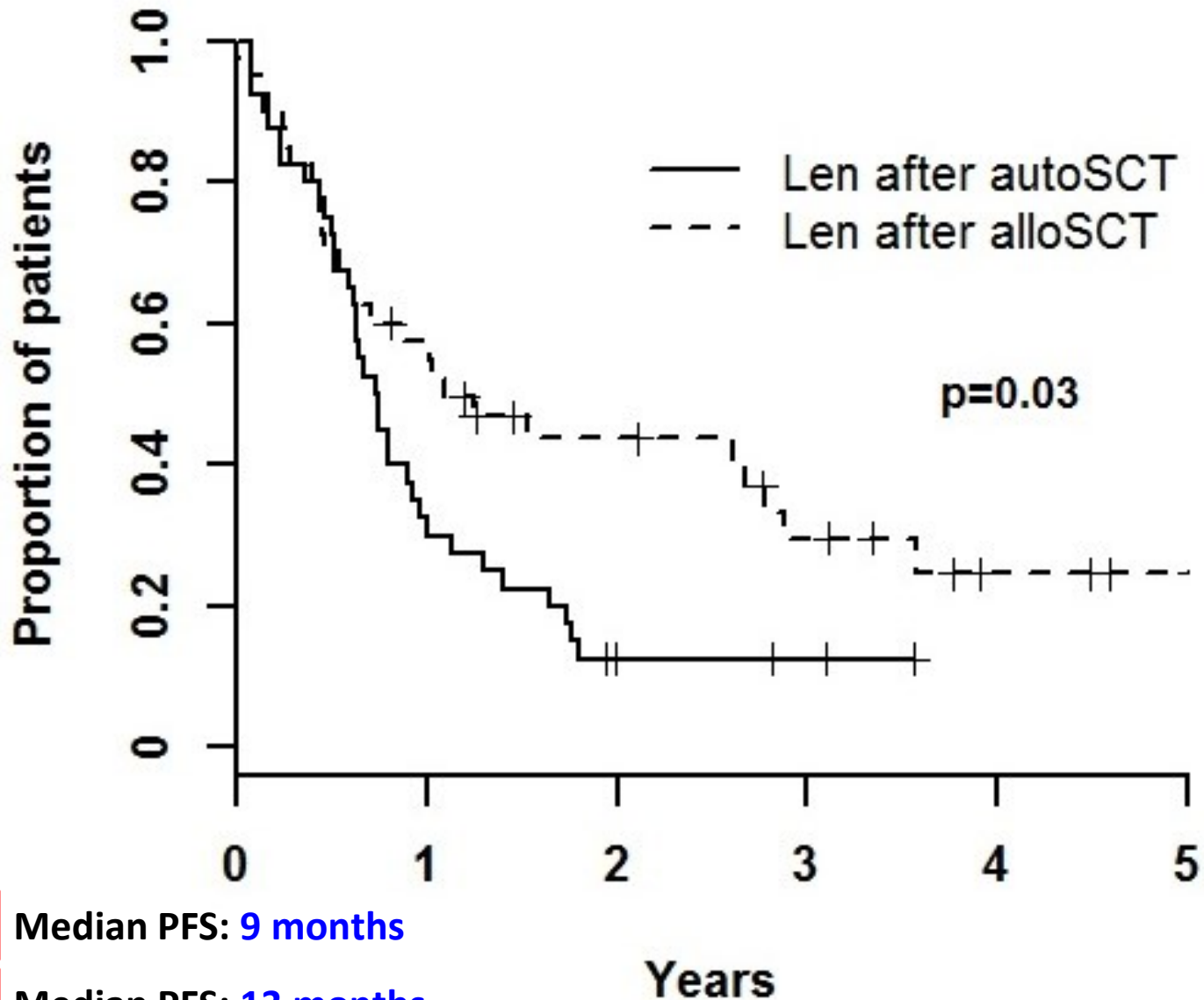
**Auto**

**4 months (range 1-21)**

**Allo**

**4 months (range 1-19)**

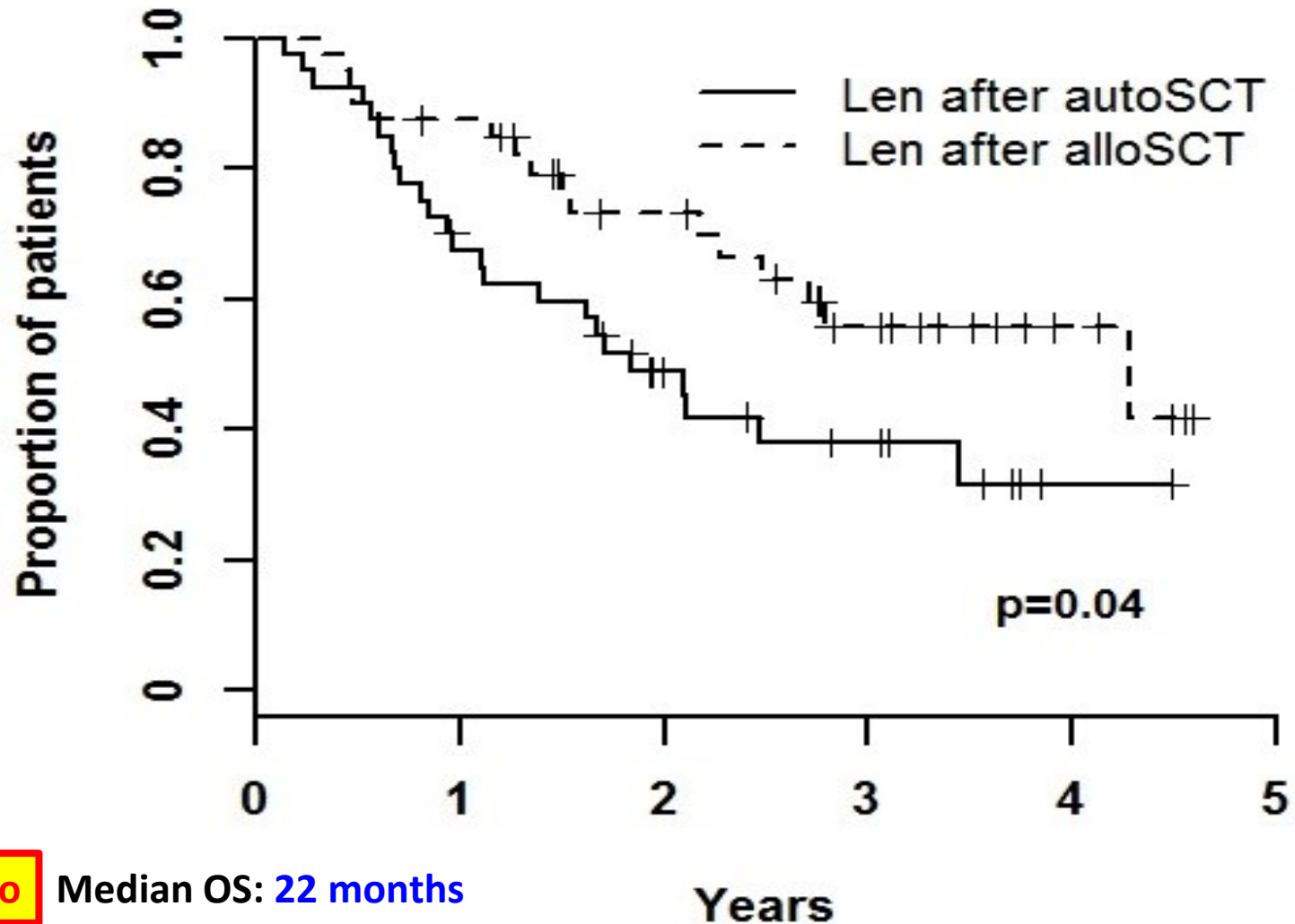
# Results - PFS



**Auto** Median PFS: 9 months

**Allo** Median PFS: 13 months

# Results - OS



**Auto** Median OS: **22 months**

**Allo** Median OS: **51 months**

# Toxicity

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**No unexpected toxicities were observed**

**AutoSCT**

**AlloSCT**

<b>Neutropenia G3-G4</b>	<b>12 (30%)</b>	<b>10 (25%)</b>
<b>Thrombocytopenia G3-G4</b>	<b>3 (8%)</b>	<b>4 (10%)</b>
<b>Gastrointestinal G3-G4</b>	<b>2 (5%)</b>	
<b>Peripheral neuropathy G3-G4</b>	<b>2 (5%)</b>	<b>4 (10%)</b>
<b>Deep venous thrombosis</b>	<b>1 (3%)</b>	<b>1 (3%)</b>

**No aGVHD.**

**Three (8%) patients had a cGVHD worsening.**

# The French experience

52 patients treated with Len after AlloSCT.

## Patients' characteristics

Median age	48 (32 - 61)
Previous thalidomide	26 (50%)
Previous lenalidomide	5 (10%)
RIC conditioning	44 (85%)
Myeloablative conditioning	8 (15%)
Matched related donor	40 (77%)
Matched unrelated donor	9 (17%)
Mismatched donor	3 (6%)
Months from transplant to Len	24 (1-97)
Active aGVHD at Len start	3 (6%)
Active cGVHD at Len start	13 (26%)

# Results - Best response to Len

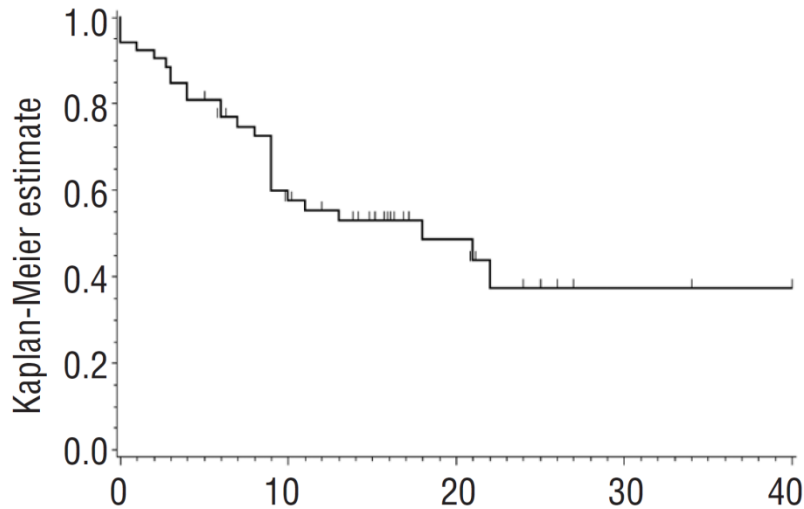
**Median follow-up after Len start  
16 months (range 4-50)**

	<b>With steroids</b>	<b>W/o steroids</b>
<b>CR</b>	<b>28%</b>	<b>33%</b>
<b>VGPR</b>	<b>25%</b>	<b>17%</b>
<b>PR</b>	<b>32%</b>	<b>25%</b>
<b>SD</b>	<b>8%</b>	<b>8%</b>
<b>PD</b>	<b>7%</b>	<b>17%</b>

**Time from Len start to best response  
3 months (range 1-11)**

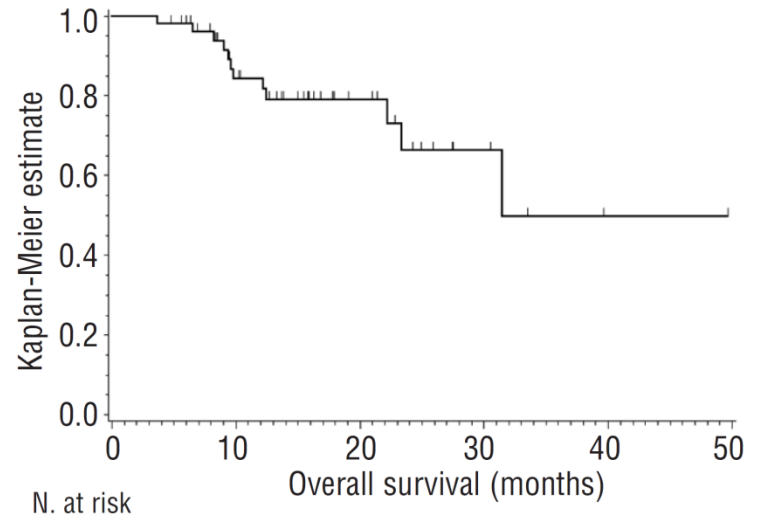
# Results – PFS & OS

**PFS**



**Median PFS: 18 months**

**OS**



**Median OS: 30 months**



# Results – Toxicity

Neutropenia G3-G4	29%
Thrombocytopenia G3-G4	13%
Infections G3-G4	24%
Thrombembolism	14%

**13 (26%)** pts developed **aGVHD**

**6 (11%)** pts developed **cGVHD**

The combination with dexamethasone reduced by 50% the risk of GVHD.

GVHD rapidly resolved after Len withdrawal

# Conclusions

- **AlloSCT is a treatment option for young MM patients.**
- **Molecular remissions and prolonged survival are described**
- **AlloSCT may be also considered as a platform for subsequent treatments, in particular using of immunomodulating drugs.**
- **IMiDs have probably an enhanced effect after AlloSCT**

# Acknowledgments

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