Outcome of acute promyelocytic leukemia patients Experience of Children Welfare Teaching Hospital (2010-2015) Baghdad/Iraq

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Rationale

- Before Sep. 2003, No specific APL protocol was employed
- Induction consisted of ARA-C + Anthracycline (ATRA was not available)
- Prognosis was poor with a high induction fatality of > 70% due to hemorragic events
- A study of 31 patients; induction mortality was 79%, CR 16%, and only 1 patient remained in CCR at 5y.



A Nostalgic email on June 29, 2017

- Hi sir, i was searching about any contact that i can reach you and i would say thank you so much for your efforts that u did to me and i am very glad that i found your email that i can contact you ..
- I will be very grateful if you give the email of dr.salma alhadad
- Thanks and very very hot regards from my family and I to you
- ((I was the 7 years old kid I came to your hospital in 2001 that I was diagnosed with high grade leukemia))
- ((The pharmacist:-ahmed ismail)



.med Albasha <a_albasha52@yahoo.com> o: mazinaljadiry@yahoo.com

i was searching about any contact that i can reach you ery glad that i found your email that i can contact you ... I be very grateful if you give the email of dr.salma alhada anks and very very hot regards from my family and I to yo am the 7 years old kid i came to your hospital in 2001 that The pharmacist:-ahmed ismail)

The only survivor

- Seven-year old boy
- Baghdad 2001-Sanction
- ATRA not available
- Started on chemotherapy for AML





In 2001



ATRA =Star trek

An American science fiction TV series 1966



2017: "I'm working in Bangalore as a pharmacist"

Email on Sept. 25, 2017

 Email was sent to Ahmed to find a way to buy ATRA and ATO for the children affected with his previous disease.



APL 2010-2015

- A retrospective descriptive study
- All patients are less than 14-year-old
- Jan.1, 2010 till Dec. 3, 2015
- From 181 De novo AML patients, APL diagnosed in 46 patients which constituted 25.4%.

Total number of cases over 6 years



Diagnostic challenges

- Morphology at CWTH:
 - One patient: only PBF (Diluted bone marrow for 3 times).
 - 45 patients: BMA
- No FCM or FISH
- Assisted Diagnostics:
 - 10 patients: S/R of morphology via telemedicine with Sapienza University.
 - 10 patients: BMA slides & FTA card shipped to shinshu university/Japan, by confirming the presence of PML-RARA transcripts obtained by nested RT-PCR, FISH was performed on BMA smears stained with May-Grünwald-Giemsa.





Team of Telemedicine Program



Angelici Alberto



<u>Luisa Moleti</u>

Their work have made a substantial impact







Stefania Uccini

Alessandro Guarino



Carlo Domenici

APL Iraqi Protocol

	Amended version		
	Oct. 2009- till now		
Induction	ATRA 25 mg/m²/d	ay x 30 days <mark>+</mark> DNR	
Risk groups	SR (WBC<10,000)	HR(WBC≥10,000)	
Consolidation 1	DNR + <mark>ATRA</mark>	DNR+ATRA	
Consolidation 2	DNR+LD-CA+ <mark>ATRA</mark>	DNR+LD-CA+ <mark>6-TG</mark> +ATRA	
Consolidation 3	DNR+ <mark>ATRA</mark>	MTZ+VP16+ATRA	
Maintenance	ATRA + MTX + 6MP		

Patients Characteristics

Total	46
Gender (M/F), ratio	21/25, <mark>0.8:1</mark>
Age; median	9.1 yr
(min–max)	(9m -14.2yr)
WBC x 10 ⁹ /l; median	5
(min-max)	(1-236)
Pltc- x 10 ⁹ /l; median	15
(min–max)	(3-115)
Risk-gp; WBC at Dx. (SR/HR)	[28(61%)/18(39%)]

Induction phase

No. (%)		
46(100)		
2 (4.3)		
3(6.5)		
41(100)		
8/41(19.5)		
33/41(80.5) 32 1		

*Death within 30 days from starting induction

Timing of ATRA after admission

- ATRA used on clinical suspicion/PBF without waiting the BM results
- Duration between admission & ATRA intake:
 - During 1st 24 hours: 25 patients
 - After 24 hours: 16

Characteristics of Very Early Deaths*

No.	Days since Dx.	Age/y	Subtype	Gender	Risk group	Mx	Cause of death
1	0	10	M3v	F	HR	Supportive only	ICH
2	2	3	M3v	М	HR	Supportive only	ICH
3	2	13	M3v	М	LR	Supportive only	ICH
4	3	5	M3	F	HR	ATRA+Chemo	ICH
5	3	10	M3	F	LR	ATRA only**	ICH
6	4	1	M3v	Μ	HR	ATRA+ Chemo	DS
7	4	2	M3v	F	LR	ATRA+Chemo	ICH
8	5	4	M3	Μ	HR	ATRA+Chemo	ICH
9	5	11	M3	Μ	LR	ATRA only**	DS

Median time since diagnosis: 3 days, 0-5 days

*Deaths within 7 days from diagnosis

**The child was started on ATRA on clinical suspicion/PBF before having BMA result

No ICU, No proper assessment for coagulation profile, No FCM to make a diagnosis

Characteristics of Early Deaths*

No.	Days since Dx.	Age/y	Subtype	Gender	Risk group	Mx	Cause of death
1	0	10	M3v	F	HR	Supportive only	ICH
2	2	3	M3v	М	HR	Supportive only	ICH
3	2	13	M3v	М	LR	Supportive only	ICH
4	3	5	M3	F	HR	ATRA+Chemo	ICH
5	3	10	M3	F	LR	ATRA only**	ICH
6	4	1	M3v	М	HR	ATRA+ Chemo	DS
7	4	2	M3v	F	LR	ATRA+Chemo	ICH
8	5	4	M3	Μ	HR	ATRA+Chemo	ICH
9	5	11	M3	Μ	LR	ATRA only**	DS
10	21	7	M3v	Μ	HR	ATRA+Chemo	Sepsis
11	29	10	M3v	F	HR	ATRA+Chemo	Sepsis

*Deaths within 30 days from diagnosis

Post Induction phases

Status	No. (%)
Post induction results	33 (100)
Abandoned before assessing BM	1(3)
CCR	25(75.7)
Relapse	7(21.2)
Died in CR	0

Relapsed patients 7

- 6 patients died:
 - 2 patients before reinduction
 - 4 patients during reinduction
- 1 still alive after receiving salvage therapy with MTZ & ARA-C

Fate of relapsed patients

N.	Months since Dx.	Age	G	subtype	Risk gp	Action	Days between R. & Last F.up	Fate
1	19	1	F	M3V	HR	Chemo.	24	Died
2	9	7	F	M3V	LR	Chemo	29	Died
3	23	13	М	M3	LR	Supportive	5	Died
4	34	10	F	M3	LR	Chemo	45	Died
5	15	8	F	M3	HR	Chemo	0	Died
6	31	9	М	M3	LR	Chemo	942	Alive
7	11	7	М	M3	LR	Supportive	9	Died

Median since diagnosis was 19 months (range 9-34 months)

Event Free Survival of 46 APL patients



Overall Survival of 46 APL patients



EFS of only 41 treated Patients



OS of only 41 treated Patients



EFS of HR vs SR of 41 Patients



EFS of 41 Patients related to Timing of ATRA administration



Limitations

- Supportive care
- ATRA not supplied by MoH for the last 2 years
- ATO not available
- Difficulties in confirming APL diagnosis and assessing the coagulation profile

Conclusions

- These results are of particular relevance as this subgroup of AML seems to have a high prevalence in Iraq
- It clearly demonstrates that modern therapeutic strategies, adapted to the local reality, can be effectively implemented through international collaborative efforts even in countries with limited resources.

Acknowledgement

- Our patients and staff
- <u>Rome University</u>: Franco Mandelli, Anna Maria Testi, Maria Lusia Moleti, Francesca Mancini.
- **<u>GIMEMA:</u>** Alfonso Piciocchi
- <u>NGOs</u>: (INTERSOS, JIMNET)



If you tell the truth, you don't have to remember any thing

Protocol design

Phases of therapy	Drugs
INDUCTION	ATRA ± DNR (all patients)
CONSOLIDATION	Risk-adapted
MAINTENANCE	ATRA + MTX + 6-MP (all patients)

Risk Groups			
Low risk:	WBCc < 10 x 10 ⁹ /L , not requiring the addition of anthracyclines during ATRA induction		
High risk:	WBCc \ge 10 x 10 ⁹ /L, or WBC < 10 x 10 ⁹ /L requiring the addition of anthracyclines during ATRA induction		

Impact of international collaboration on the prognosis of childhood acute promyelocytic leukemia in Iraq

Iraqi protocol for childhood APL

Induction:

ATRA 25 mg/m²/d orally in two divided doses (from day 1 to CR) ± daunorubicin 25 mg/m²/day i.v. infusion×2 consecutive days

Cumulative anthracycline dose 200 - 250 mg/m²

Course 3: daunorubicin 50 mg/m²/d i.v. (days 1) ± ATRA 45 mg/m²/d orally (days 1-15)

Maintenance

6-mercaptopurine 50 mg/m²/d orally methotrexate 15 mg/m²/wk i.m or orally ATRA 45 mg/m²/d orally from day 1 to 15/every 3 months

Anna Maria Testi Salma Abbas Al-Hadad Mazin Faisal Farhan Al-Jadiry Maria Luisa Moleti Franco Mandelli Robin Foà

Haematologica 2006; 91:509-512

Supportive measures during induction

- Prednisone, 0.5 mg/kg/day from day 1 until the end of ATRA
- Platelet concentrates transfusions to maintain platelets > 30 x 10⁹/l during the first 10 days.
- After 10 days, platelet concentrates will be transfused when platelets < 20 x 10⁹/l or in presence of hemorrhages
- Packed red cell concentrates to maintain Hb levels > 7-8 g/dl
- Tranexamic acid (100 mg/kg/day), if platelets < 50 x 10⁹/l., treatment has to be discontinued if platelets > 50 x 10⁹/l (not used for the second group)
- CPP & FFP were given for those with evidence of coagulopathy

Consolidation-1° version

Low risk	High-risk
1st course: DNR 20 mg/m ² /d i.v. D1-3	1st course: DNR 20 mg/m ² /d i.v. D1-3 ATRA 45 mg/m ² /d x 15 days IT.MTX
2nd course: DNR 40 mg/m ² /d i.v. day 1 ARA-C 100 mg/m ² /8 hrs s.c. D1-3	2nd course: DNR 40 mg/m ² /d i.v. day 1 ARA-C 100 mg/m ² /8 hrs s.c. D1-3 ATRA 45 mg/m ² /d x 15 days IT.MTX
3rd course: DNR 50 mg/m ² /d i.v. day 1	3rd course: DNR 50 mg/m ² /d i.v. day 1 ATRA 45 mg/m ² /d x 15 days IT.MTX

Treatment Schedule Induction-October 2009

All patients				
Low risk	High risk			
ATRA 25 mg/m ² /day x 30 ds +DNR 25 mg/m ² EOD for 4 doses	ATRA 25 mg/m ² /day x 30 ds +DNR 25 mg/m ² EOD for 4 doses starting from day 1			

Treatment Schedule Consolidation October 2009

Low risk	High-risk
1st course: DNR 20 mg/m ² /d i.v. D1-3 ATRA 45 mg/m ² /d x 15 days	1st course: DNR 20 mg/m ² /d i.v. D1-3 ATRA 45 mg/m ² /d x 15 days IT.MTX
2nd course: DNR 40 mg/m ² /d i.v. day 1 ARA-C 100 mg/m ² /8 hrs s.c. D1-3 ATRA 45 mg/m ² /d x 15 days	2nd course: DNR 40 mg/m ² /d i.v. day 1 ARA-C 100 mg/m ² /8 hrs s.c. D1-5 6-TG 70 mg/m ² /24 h orally D1-5 ATRA 45 mg/m ² /d x 15 days IT.MTX
3rd course: DNR 50 mg/m ² /d i.v. day 1 ATRA 45 mg/m ² /d x 15 days	3rd course: Mtz 10mg/m ² /d i.v. D1-3 VP-16 100 mg/m ² /d i.v. D1-3 ATRA 45 mg/m ² /d x 15 days IT.MTX

Treatment Schedule Maintenance

6-MP 50 mg/m²/d P.O.

MTX 15 mg/m²/w P.O.

ATRA 45* mg/m²/d x 15 days every 12 weeks

Total duration: 2 years

Cumulative anthracycline dose: 150-350 mg/m²

* 25 mg/m²/d from January 2008

APL Iraqi Protocol

	First version Sept. 2003-Sept. 2009		Amended version	
			Oct. 2009- June 2013	
Induction	ATRA 25 mg/m²/day x 30 days ± DNR 25 mg/m²		ATRA 25 mg/m²/day x 30 days +DNR	
	SR	HR	SR	HR
Consolidation 1	DNR	DNR+ATRA	DNR + ATRA	DNR+ATRA
Consolidation 2	DNR+LD-CA	DNR+LD-CA+ATRA	DNR+LD-CA+ <mark>ATRA</mark>	DNR+LD-CA+ <mark>6-TG</mark> +ATRA
Consolidation 3	DNR	DNR+ATRA	DNR+ATRA	MTZ+VP16+ATRA
Maintenance	ATRA + MTX + 6MP		ATRA + MTX + 6MP	
Cumulative ATRA dose	3000 mg/m ²	4125 mg/m ²	4125 mg/m ²	4125 mg/m ²
Cumulative anthracycline dose	150 mg/m ²	250 mg/m ²	200 mg/m ²	320 mg/m ²
Cumulative cytarabine dose	900 mg/m²	900 mg/m²	900 mg/m²	900 mg/m²