Treatment of higher-risk myelodysplastic syndromes

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Chairmen: F. Lo Coco, M.A. Sanz
Honorary President: F. Mandelli
Conflicts of Interest disclosure*

- **Honoraria:** Celgene, Novartis
- **Membership on advisory committees:** AbbVie, Amgen, Celgene, Janssen – Cilag
- **Research grants:** Celgene

* As of September 2017 (2 previous years).
Treatment of higher-risk MDS

Contents of the talk

- Definition of higher-risk MDS
- Current approaches
- Challenges
- Upcoming treatment modalities
• Somatic mutations present in more than 90% of the patients.
• None of them is pathognomonic of MDS
• **Should mutations guide risk assessment & treatment selection?**

Should molecular genetics guide the decision for treatment in MDS?

- **LIKELY NO** because:
  - **Lack of standardization** of molecular techniques
    - Consensus assessment & interpretation of results is mandatory before entering clinical practice.
  - **Data** still **scarce** (clear only for *TP53* & *SF3B1*)
  - **Clinical benefit** for patients derived from its use is still **unproven**.
  - **Very limited treatment** alternatives
    - Allogeneic HCT remains the only curative approach.
    - Clinical benefit of azacitidine disputed.
Spanish guidelines for the use of targeted deep sequencing in myelodysplastic syndromes and chronic myelomonocytic leukemia

Laura Palomo, Mariam Ibáñez, María Abáigar, Iria Vázquez, Sara Álvarez, Marta Cabezón, Bárbara Tazón-Vega, Pamela Acha, Rocío Benito, José Cervera, Juan C Cigudosa, Francisco Fuster-Tormo, Jesús María Hernández Sánchez, María José Larrayoz, David Valcárcel, Lurdes Zamora, Rosa Ayala, Maria Teresa Cedena, María Díez-Campelo, Inmaculada Rapado, Guillermo Sanz, María José Calasanz, Francesc Solé, Esperanza Such, on behalf of the Spanish Group of MDS (GESMD)
Overall survival after allogeneic HCT according to **TP53** mutations and complex karyotype

- **TP53** mutations in 13% of the patients.
- 82% of **TP53** mutated cases had a complex karyotype.
- **TP53** mutations without complex karyotype (5% of all patients) had better OS than with complex karyotype.

Treatment choice by considering molecular data would not change too much

- Only 13% of patients with low/Int-1 IPSS have TP53 mutations.

Risk-adapted treatment of MDS
IPSS-R should be used for defining higher-risk MDS

- Improved predictive power, & validated
- Higher-risk MDS: > 3.5 points

Treatment algorithm for higher-risk MDS patients (GESMD)

- **HLA typing**
  - **Donor search**
    - **Cytogenetics**
      - **High-risk**
        - **Donor**
          - **BM blasts**
            - ≤ 10%
              - **Allo-HCT or AZA followed by allo-HCT or CT followed by allo-HCT**
            - > 10%
              - **AZA followed by allo-HCT or CT followed by allo-HCT**
      - **Low-risk**
        - **Donor**
          - **BM blasts**
            - ≤ 10%
              - **Allo-HCT**
            - > 10%
              - **Allo-HCT or AZA followed by allo-HCT or CT followed by allo-HCT**
    - **No**
      - **AZA**
      - **Failure**
        - **Clinical trial**
        - **CT or AZA**
- **CT or Allo-HCT**
- **AZA**
- **Candidate to Intensive treatment**
  - **Yes**
  - **No**

*BM blasts ≤ 10% or > 10% depending on risk level.*
Treatment algorithm for higher-risk MDS patients (GESMD)

1. **Candidate to Intensive treatment**
2. **HLA typing**
   - **Donor search**
     - **Cytogenetics**
       - **Donor**
         - **BM blasts**
           - **≤ 10%**
             - **Allo-HSCT or AZA followed by allo-HCT or CT followed by allo-HCT**
           - **> 10%**
             - **AZA followed by allo-HSCT or CT followed by allo-HCT**
         - **No**
       - **High-risk**
         - **AZA**
           - **Failure**
             - **CT or Clinical trial**
         - **≤ 10%**
           - **Allo-HCT**
         - **> 10%**
           - **Allo-HCT or AZA followed by allo-HCT or CT followed by allo-HCT**
       - **Low-risk**
         - **BM blasts**
           - **≤ 10%**
             - **Allo-HCT**
           - **> 10%**
             - **CT or AZA**
         - **No**
Role of allogeneic HCT in higher-risk MDS still limited

- Only proven curative modality for MDS.
- Must be considered as first-line treatment in higher-risk MDS who are candidates for intensive therapy.
- Results have improved despite greater use of transplants from alternative donors (URD, UCB & haplo) and older patient age (increase of RIC).
- **Access to transplant has increased but still limited to a minority of patients (~10%).**
- Key questions unclear.
The role of AML-type chemotherapy in higher-risk MDS is very limited

**Long term results**

- **Candidates**
  - Only those with high probability of long-term DFS (~30%):
    - Age < 60 yr
    - No comorbidity
    - Favorable cytogenetics

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Azacitidine has showed to prolong overall survival in higher-risk MDS but clinical benefit not substantial

Log-Rank  p=0.0001
HR = 0.58 [95% CI: 0.43, 0.77]

Difference: 9.4 months

Azacitidine has showed to prolong overall survival in higher-risk MDS but clinical benefit not substantial
Effectiveness of azacitidine in unselected higher-risk MDS: Results from the Spanish Registry

Adjusted OS (multivariable analysis) comparing azacitidine (n = 251) and conventional therapy (n = 570)

- No benefit for azacitidine-treated patients (median OS: AZA, 13.5 mo; CT, 12 mo; HR, 1.08; 95% CI, 0.86-1.35; P=0.49).

Reasons for poorer outcomes of higher-risk MDS patients in real life populations unclear

- Inclusion of patients with older age, poor performance status and more comorbidities
- Short experience and relevant issues still unsolved
  - Antibiotic and antifungal prophylaxis?
  - G-CSF prophylaxis for neutropenia?
  - Dose reduction and delay between cycles for relevant hematological toxicity?
- Inappropriate management
  - Less stringent follow-up than required
  - Early termination (low number of cycles for assessing response)
  - Non-stopping on time
- Others?
Survival of higher-risk MDS patients in real life populations remains unchanged

LETTER TO THE EDITOR
Survival trends in primary myelodysplastic syndromes: a comparative analysis of 1000 patients by year of diagnosis and treatment

Patient groups by year of diagnosis, N=1000
- Group 1 (prior to 2000, n=281), median survival 31 months
- Group 2 (2001-2004, n=250), median survival 33 months
- Group 3 (2005-2009, n=264), median survival 30 months
- Group 4 (2010-2014, n=205), median survival 27 months

$P = 0.79$

Increased rate of excess mortality* for higher-risk MDS in recent years

* Compared to the Spanish matched control population

Outcomes after azacitidine are dismal

- Data available on 435 pts
  - from AZA001, J9950, J0443, French compassionate program
- Overall median survival after azacitidine failure: 5.6 months

<table>
<thead>
<tr>
<th>Subsequent therapy</th>
<th>Number of patients (%)</th>
<th>Median survival</th>
</tr>
</thead>
<tbody>
<tr>
<td>Allogeneic transplant</td>
<td>37 (9%)</td>
<td>19.5 months</td>
</tr>
<tr>
<td>Investigational therapy</td>
<td>44 (10%)</td>
<td>13.2 months</td>
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<tr>
<td>(e.g. IMiD, HDACi, other)</td>
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<tr>
<td>Intensive cytotoxic therapy</td>
<td>35 (8%)</td>
<td>8.9 months</td>
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<td>(e.g., 3&amp;7)</td>
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<tr>
<td>Low-dose chemotherapy</td>
<td>32 (7%)</td>
<td>7.3 months</td>
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<td>(e.g. LDAC, 6-MP)</td>
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<tr>
<td>Palliative / supportive care</td>
<td>122 (28%)</td>
<td>4.1 months</td>
</tr>
<tr>
<td>Subsequent therapy unknown</td>
<td>165 (38%)</td>
<td>3.6 months</td>
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</tbody>
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Current challenges for higher-risk MDS: The unmet needs

- New first line approaches
  - New schedules of old drugs & HMAs
    - 10 days decitabine / azacitidine: TP53 mutations?
    - Guadecitabine
    - Oral azacitidine
  - New drugs
  - Combinations
    - Azacitidine plus other drug?
    - Combination of two other drugs?
- Alternatives for first-line failures (desperately needed)
The results of new drugs for higher-risk MDS are still scarce and preliminary (any effect on OS?)

- Involving relevant cellular pathways
  - *BCL-2* inhibitors (venetoclax)
  - Neddlylation inhibitors (pevonidostat)
  - Polo-kinase inhibitors (rigosertib, volasertib)

- Targeted drugs: small role (for the moment)
  - *FLT-3* (midostaurin) & *IDH1-2* inhibitors (enasidenib)
  - Spliceosome inhibitors?

- Monoclonal antibodies
  - Anti CD33 (vadastuximab talirine) & CD123 (talacotuzumab)

- Immune checkpoint inhibitors
  - Durbalumab, nivolumab, atezolizumab, & others
The results of combinations of azacitidine and another drug in higher-risk MDS have failed to improve survival

- **Including** among others
  - AZA + lenalidomide
  - AZA + vorinostat
  - AZA + volasertib
  - AZA + eltrombopag
  - AZA + romiplostim

- **Is azacitidine related-toxicity** to be blamed for this fact?
  - Would combination of 2 other drugs make sense?

Rigosertib may have some role for some patients after azacitidine failure but still unproven.
Treatment of higher-risk MDS

Summary

- Despite recent advances treatment remains unsatisfactory for most patients.
- Outcomes after new drugs & combinations very preliminary.
- Treatment must always be considered as investigational.

Include patients in clinical trials and prospective registries whenever possible!!!