

Highlights from IMW 2019

19-20 novembre 2019
Bologna
Royal Hotel Carlton

SARA BRINGHEN, MD, PhD

Ematologia Universitaria

SSD Clinical Trials in oncoematologia e mieloma multiplo

Città della Salute e della Scienza di Torino

Come orientare la scelta della terapia

Coordinatore Scientifico
Michele CAVO

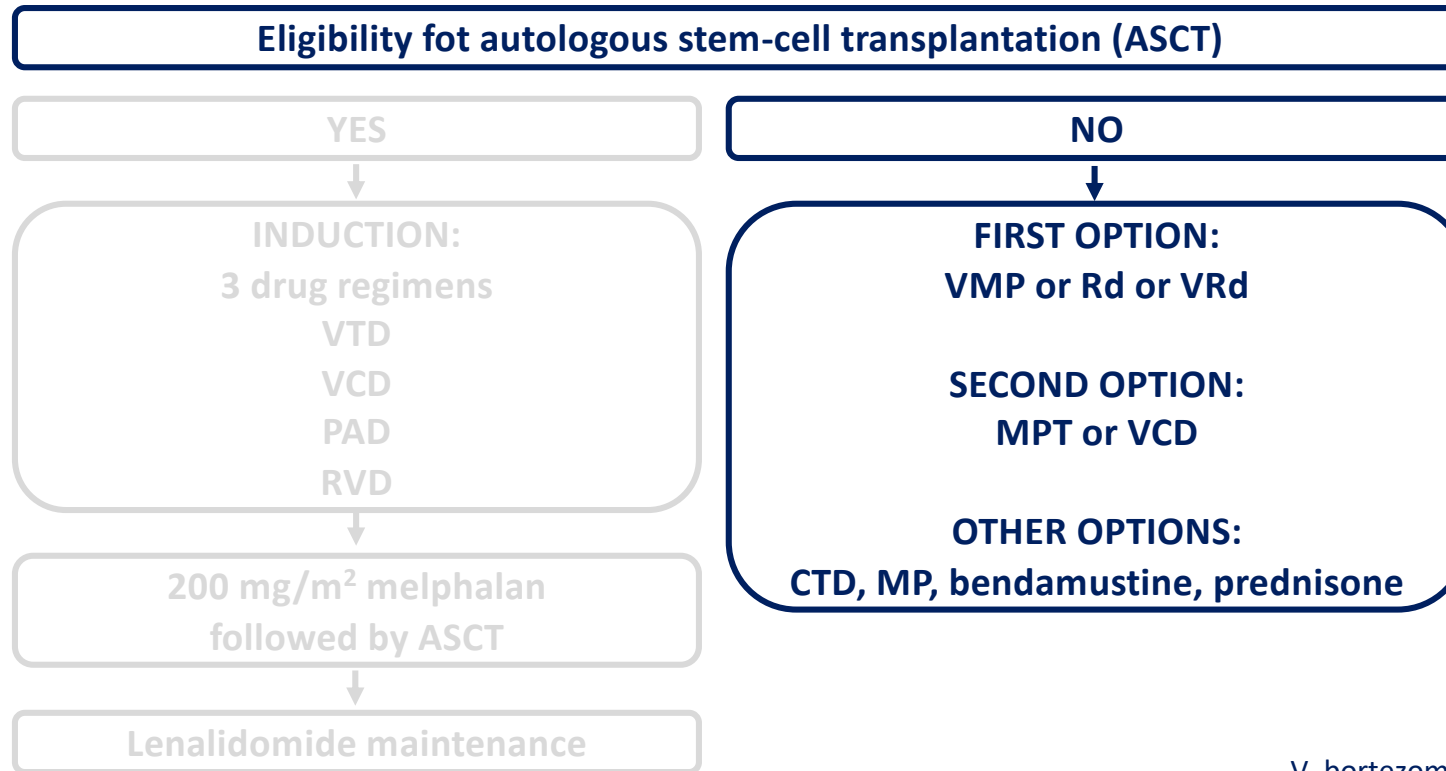
Comitato Scientifico
Mario BOCCADORO
Michele CAVO
Maria Teresa PETRUCCI

DISCLOSURE

Sara Bringham

Company name	Research support	Employee	Consultant	Stockholder	Speakers bureau	Advisory board	Other (Honoraria)
Janssen and Cilag						X	X
Amgen							X
Celgene						X	X
Bristol Meyer Squibb							X

ESMO Guidelines 2017

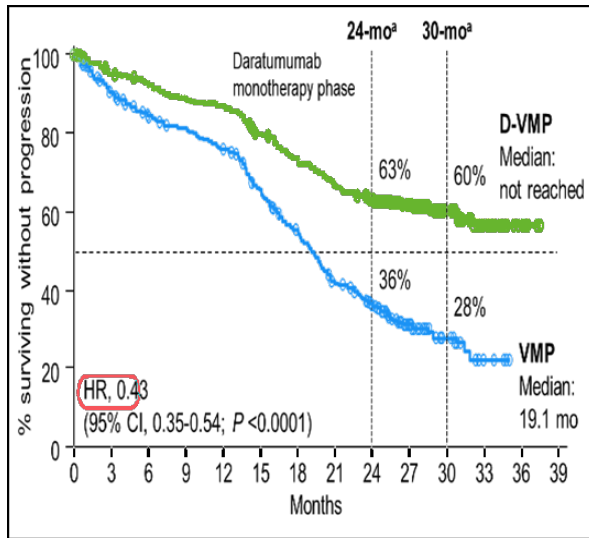


V, bortezomib; T, thalidomide; D, d, dexamethasone; PAD, bortezomib, doxorubicin and dexamethasone; R, lenalidomide; M, melphalan; P, prednisone; C, cyclophosphamide.

New drug-based combinations

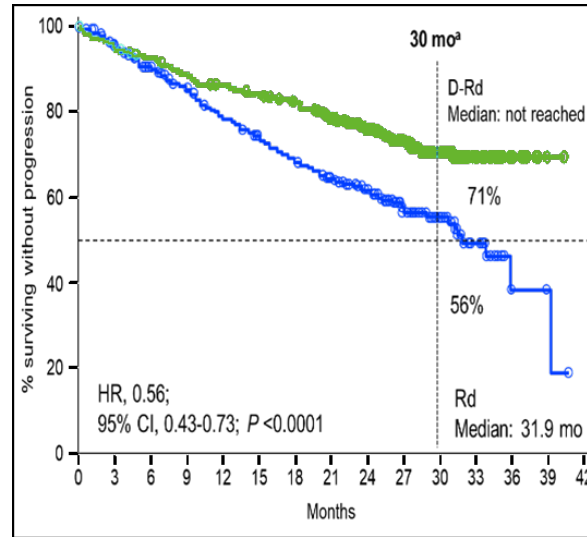


Dara-VMP¹



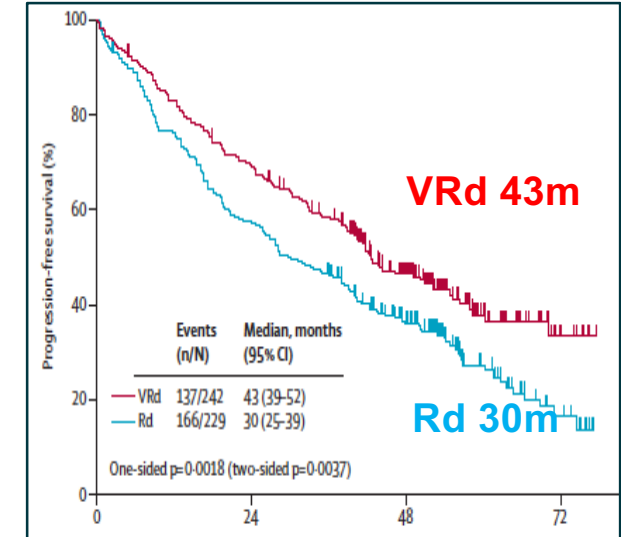
MRD neg 27% vs 7%
30-mo PFS: 60% vs 28%

Dara-Rd²



MRD neg 24% vs 7%
30-mo PFS: 71% vs 56%

VRd³



Median PFS
34 vs 24 months (≥65 yrs)

- **New standards of care: Dara-VMP, Dara-Rd, VRd**
- **New potential future treatments: Elotuzumab-Rd, Ixazomib-Rd, Carfilzomib-Rd, Dara-KRd, Isatuximab-VRd**

Dara, daratumumab; V, bortezomib; M, melphalan; P, prednisone; R, lenalidomide; K, carfilzomib; MRD neg, minimal residual disease; MRD neg, MRD negative; PFS, progression-free survival; yrs, years.

1. Dimopoulos et al., ASH 2018; abstract 156; 2. Facon et al., ASH 2018; abstract LB-2, oral presentation; 3. Durie B, et al. Lancet 2017;389:519-527

How to choose therapy in the elderly?



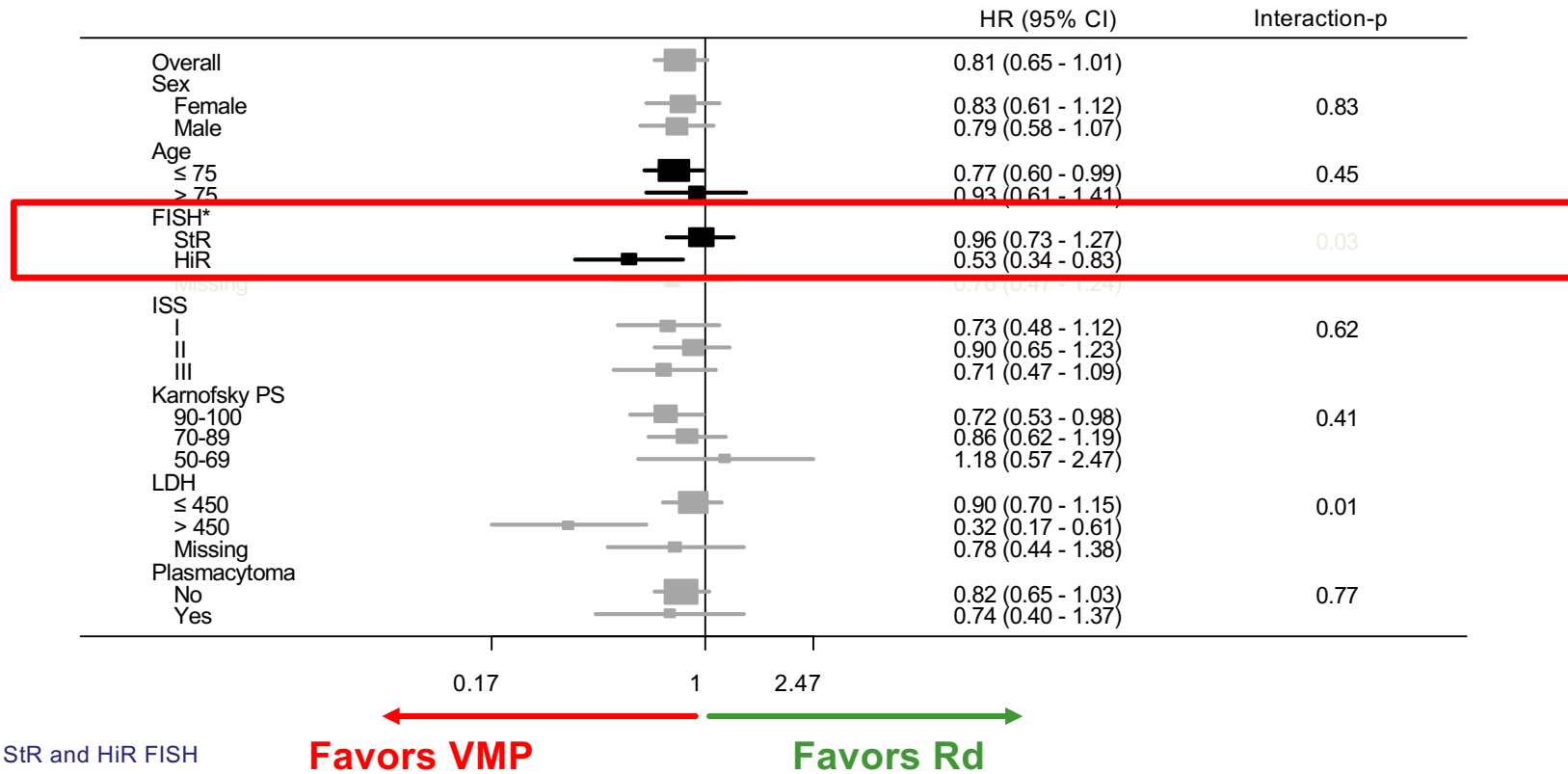
- Cytogenetic risk
 - Standard vs high risk
- Renal function
- Subsequent lines??
- Level of fitness, IMWG gold standard
 - Fit, unfit or frail

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VMP vs Rd: PFS Subgroup Analysis



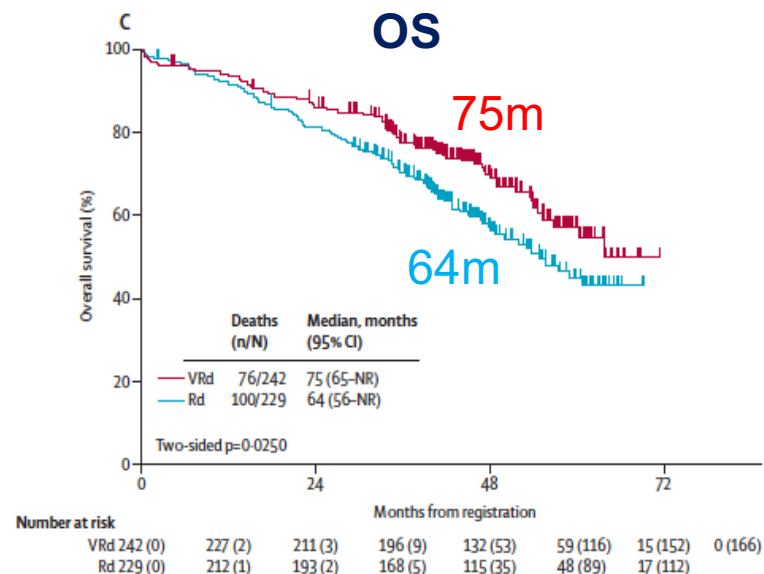
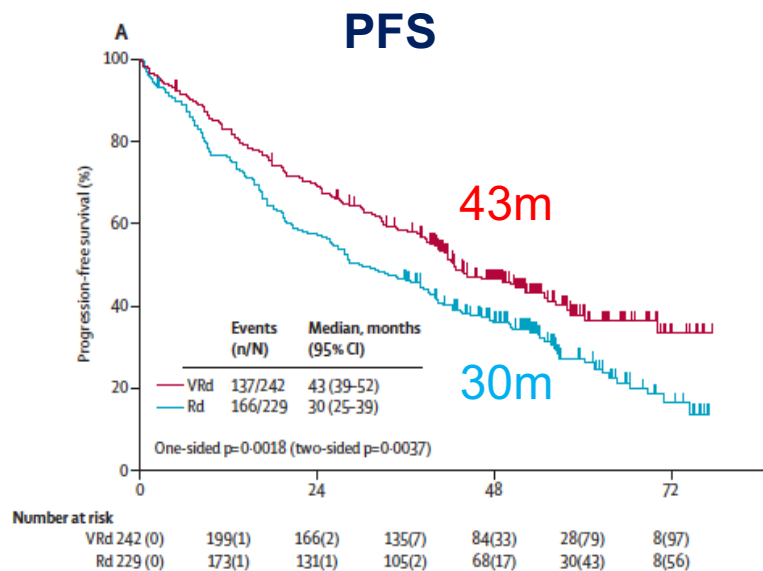
*Interaction-p between StR and HiR FISH

PFS, progression-free survival; VMP, bortezomib-melphalan-prednisone; Rd, lenalidomide-dexamethasone

VRd-Rd vs CONTINUOUS Rd: SWOG TRIAL



- Evaluable high risk cytogenetic patients n=44 (cut-off values 5%).
- Median PFS was 16 vs 38 months with Rd vs VRd in 44 HR patients, and 15 vs 34 months in 17 patients with t(4;14) by FISH, respectively.
- These differences were not significant (p=0.19 and 0.96, respectively).



Bortezomib twice a week IV x 8 cycles

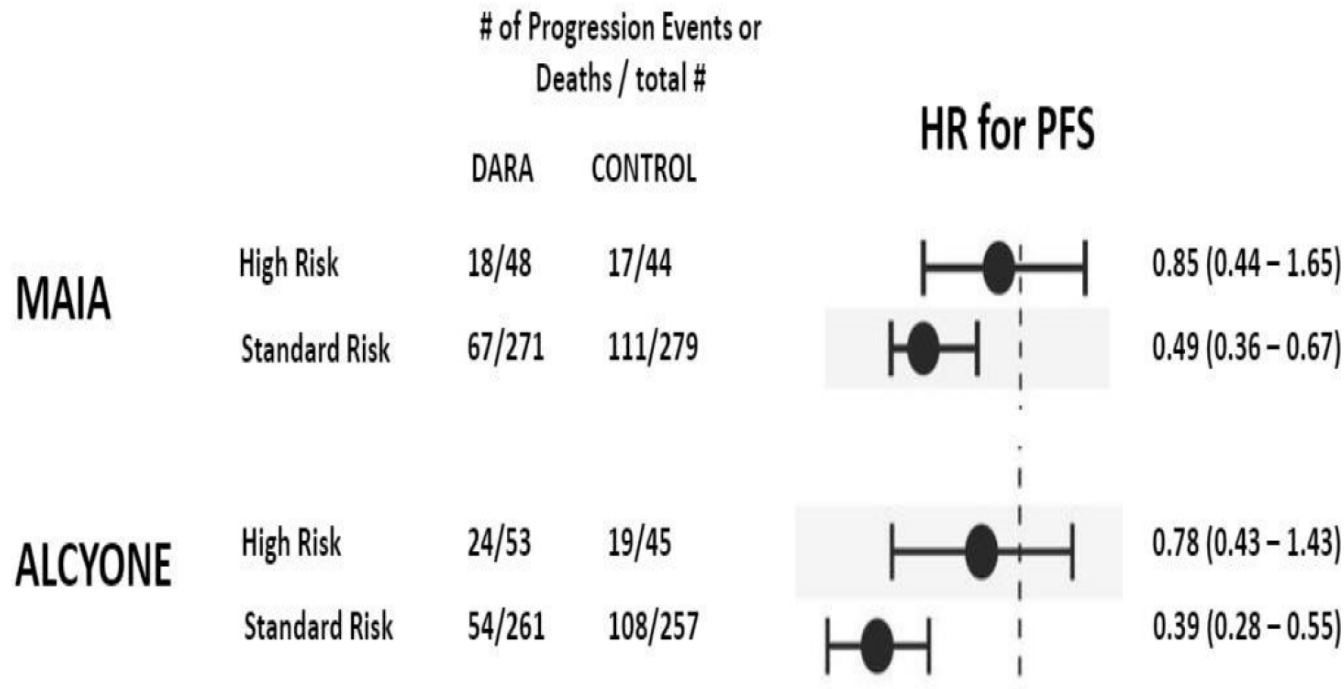
Treatment of multiple myeloma with high-risk cytogenetics: a consensus of the International Myeloma Working Group

Consensus statement on transplant-ineligible patients

- Data in non TE patients are scarce.
- VMP may partly restore PFS in HR cytogenetics
- There are no data suggesting that lenalidomide may improve outcome with HR cytogenetics
- **The IMWG group advises treating NDMM patients with HR cytogenetics with the combination of a proteasome inhibitor with lenalidomide and dexamethasone.**

Sonneveld P, et al.. Blood 2016; 127:2955-2962

MONOCLONAL ANTIBODIES



- Antibody treatment improves outcome among patients of high-risk (and standard-risk) cytogenetic status
- The poor prognosis of HR status is only partly abrogated

Facon T et al. NEJM 2019, 380: 2104-15; Mateos MV et al., NEJM 2018, 378:518-28

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European Perspective on Multiple Myeloma Treatment Strategies: Update Following Recent Congresses

HEINZ LUDWIG,^a HERVÉ AVET-LOISEAU,^b JOAN BLADÉ,^c MARIO BOCCADORO,^d JAMIE CAVENAGH,^e
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ULF-HENRIK MELLQVIST,^p PHILIPPE MOREAU,^q JESÚS SAN-MIGUEL,^r PIA SONDERGELD,^s
PIETER SONNEVELD,^t MIKLOS UDVARDY,^u ANTONIO PALUMBO^d

Renal Impairment

Bortezomib-based treatments are effective in patients with renal impairment, and the combination of bortezomib and high-dose dexamethasone may be considered as the treatment of choice, as recently recommended by the IMWG [84]. Reversal of renal insufficiency is observed in a substantial proportion of patients with bortezomib-based treatment. There is limited experience on the use of thalidomide in this setting. Nevertheless, careful administration appears feasible [84]. Lenalidomide-based treatment has been shown to be effective [85]; however, dose modification based on renal function is mandatory because of the renal clearance of the agent [84, 85].

Ludwig H *et al* The Oncologist 2012;17:592–606

MONOCLONAL ANTIBODIES



	creatinine clearance	Progressions or deaths/total			HR for PFS
		DARA	CONTROL		
MAIA	> 60 mL/min	48/206	84/227		0.52 (0.36–0.74)
	≤ 60 mL/min	49/162	59/142		0.60 (0.41–0.87)
ALCYONE	> 60 mL/min	32/150	63/145		0.36 (0.24–0.56)
	≤ 60 mL/min	56/200	80/211		0.63 (0.45–0.88)

Inclusion criteria for creatinine clearance:
 ≥ 30 mL/min in the MAIA study
 ≥ 40 mL/min in the ALCYONE study

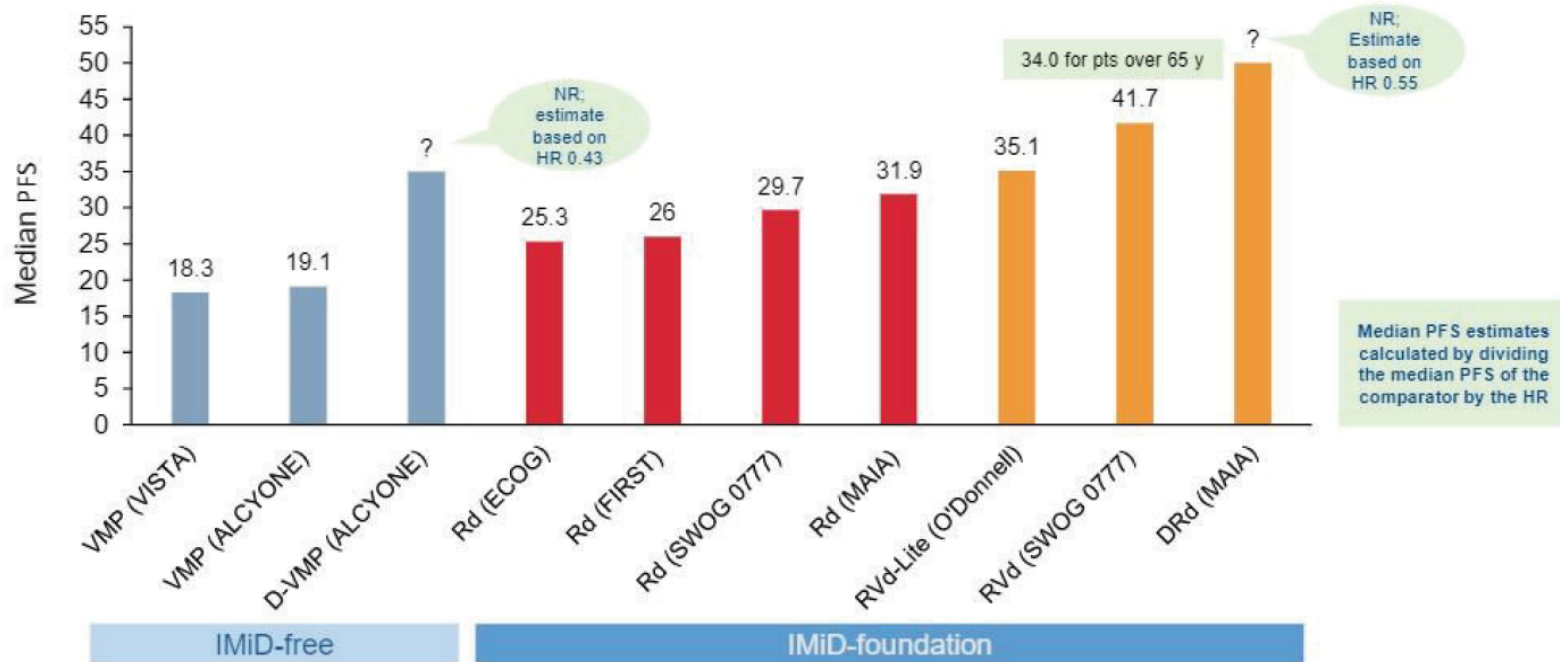
Facon T et al. NEJM 2019, 380: 2104-15; Mateos MV et al., NEJM 2018, 378:518-28

How to choose therapy in the elderly?



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- **Subsequent lines??**
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Overview of mPFS in recent phase 3 trials in NTE NDMM



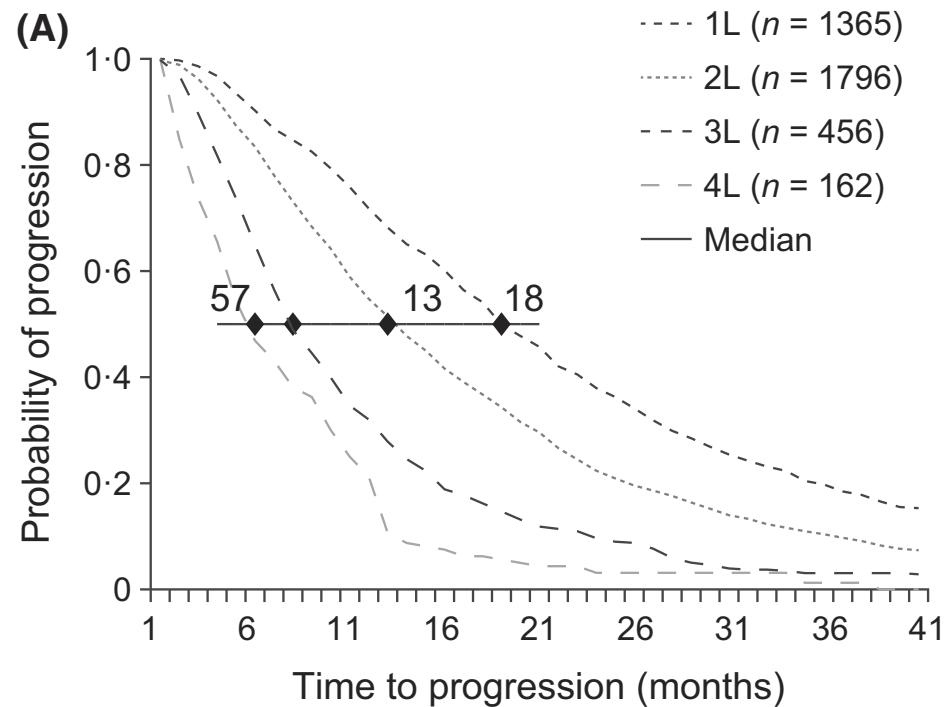
Direct comparison between trials is not intended and should not be inferred.

1. Velcade [SmPC]. Beersse, Belgium. Janssen-Cilag International; 2014.
2. Dimopoulos M, et al. Blood. 2018;132:156. Presented at ASH 2018.
3. Rajkumar SV, et al. Lancet Oncol. 2010;11:29-37.
4. Facon T, et al. Blood. 2018;131:301-10.
5. REVLIMID [SmPC]. Utrecht, Netherlands. Celgene Europe BV; 2019.
6. Facon T, et al. Blood. 2018;132:LBA-2. Presented at ASH 2018.
7. O'Donnell EK, et al. Br J Haematol. 2018;182:222-30.

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TIME TO PROGRESSION BY LINE OF THERAPY

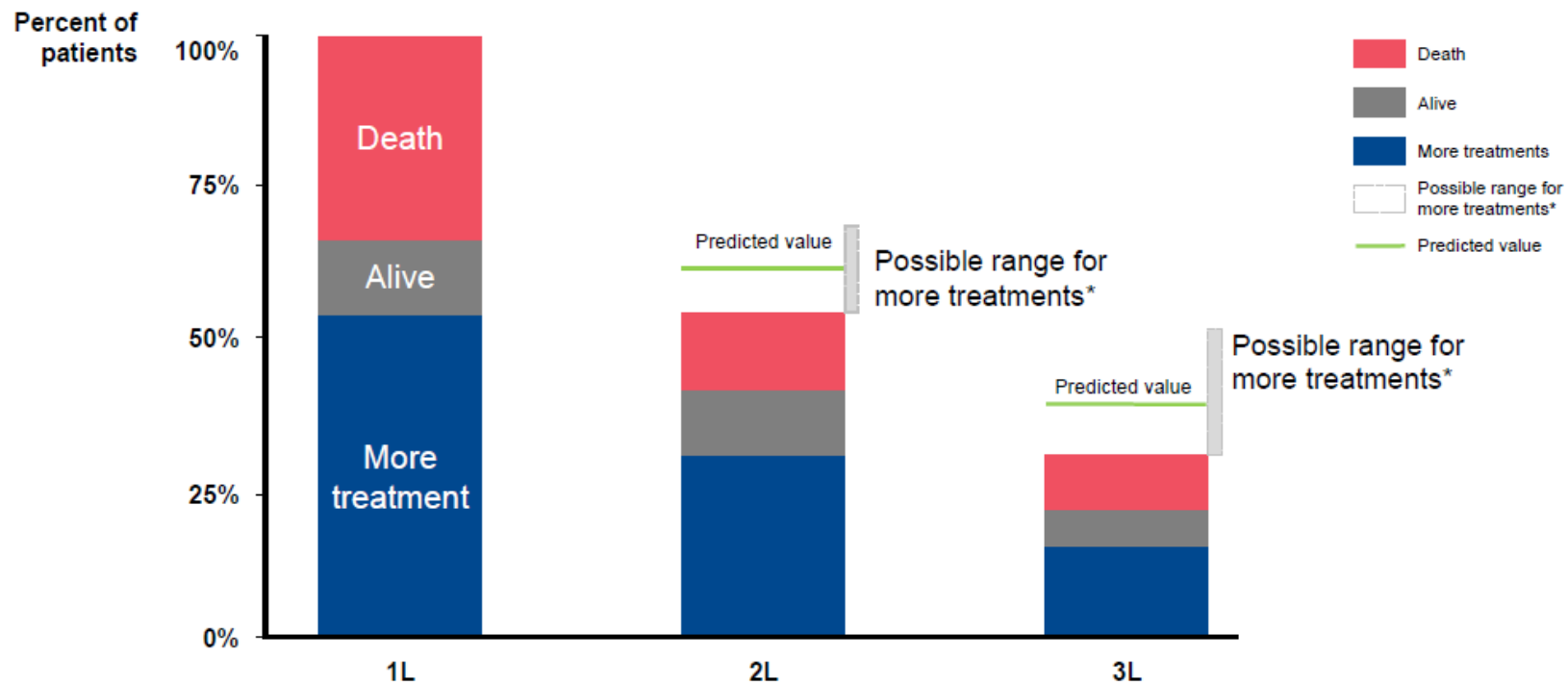


- **The first remission is the longest one**
- **Duration of remission decreases after each line of therapy**

FIRST-LINE TREATMENT IS CRUCIAL – NON-HDT POPULATION



A large number of elderly patients receive only one line of treatment

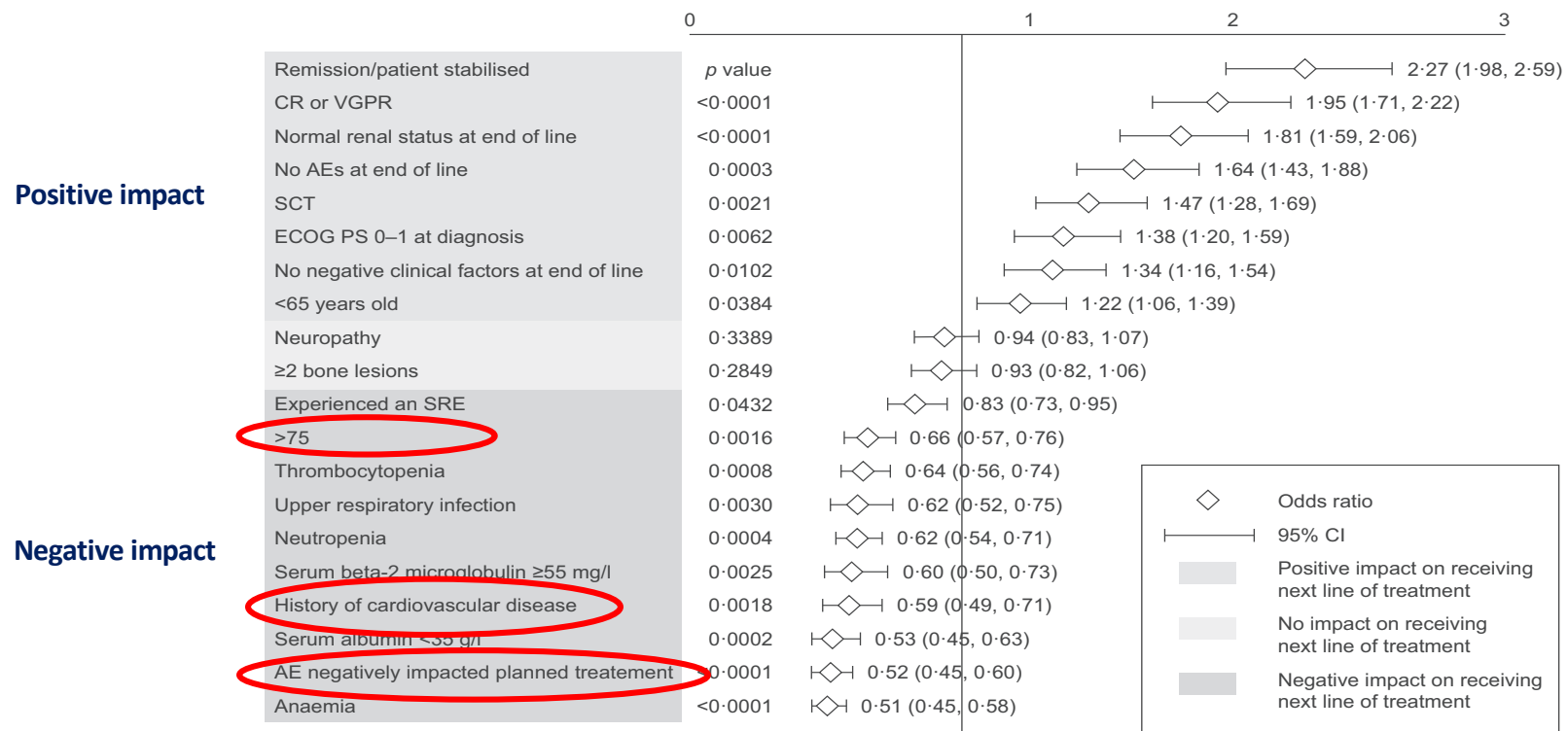


*Possible range for more treatments assumes that all censored patients would live to receive more treatment or die and receive no more treatment. Assumed constant mortality rate in each treatment line.
1L, first line.
Liwing J, et al. *Br J Haematol* 2014;164:884-93.

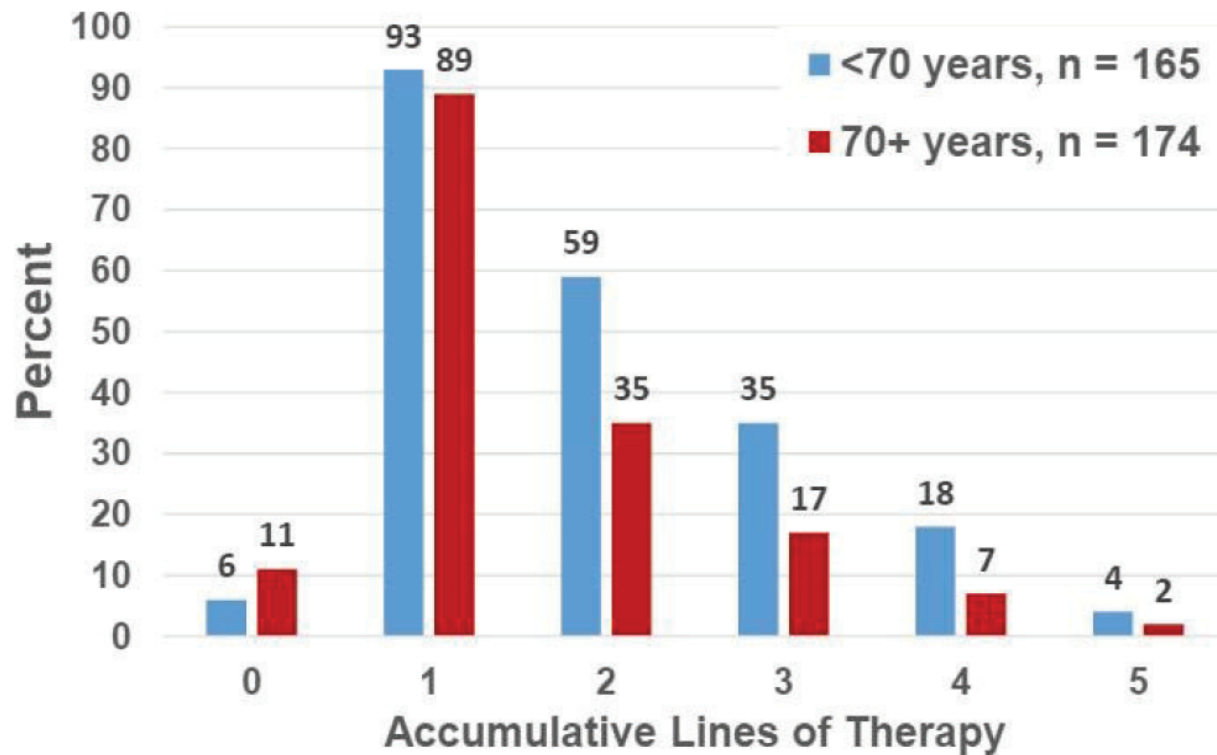
FIRST-LINE TREATMENT IS CRUCIAL – NON-HDT POPULATION



Relative probability of receiving a further line of therapy



Accumulative lines of therapy received by age



Courtesy of A Spencer

How to choose therapy in the elderly?



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ELDERLY MM PATIENTS ARE AN HETEROGENEOUS GROUP



Moderately fit:
*Not regularly active but
Routinely walking*



Vulnerable:
*Can perform limited activities but
they don't need any help*



Very fit:
active, who exercise regularly



Severely frail:
Dependent on other people



Mildly frail:
Help for household tasks



Moderately frail:
Partial help for their personal care

Palumbo A. Blood 2011; 118:4519-29

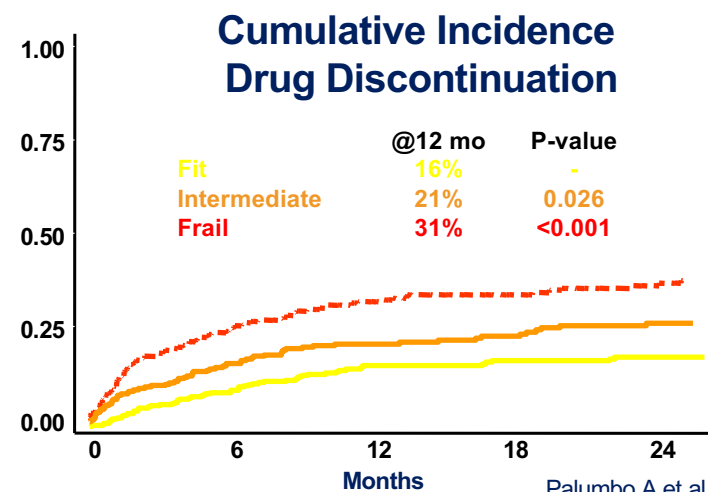
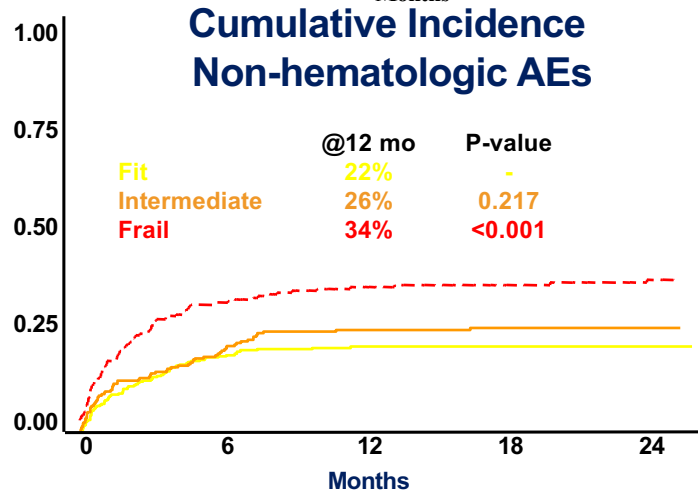
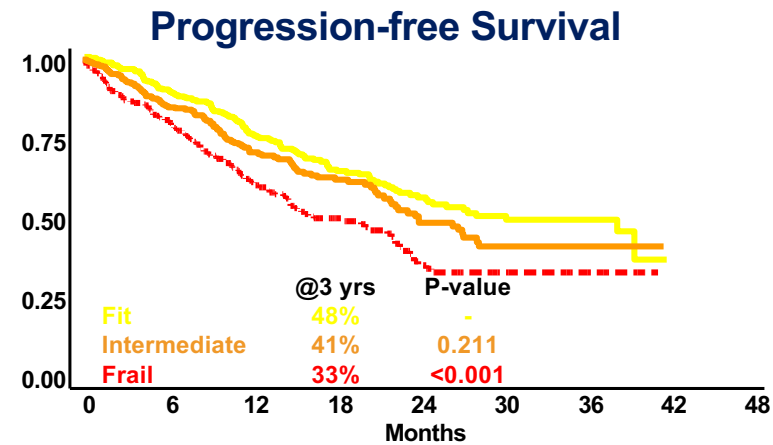
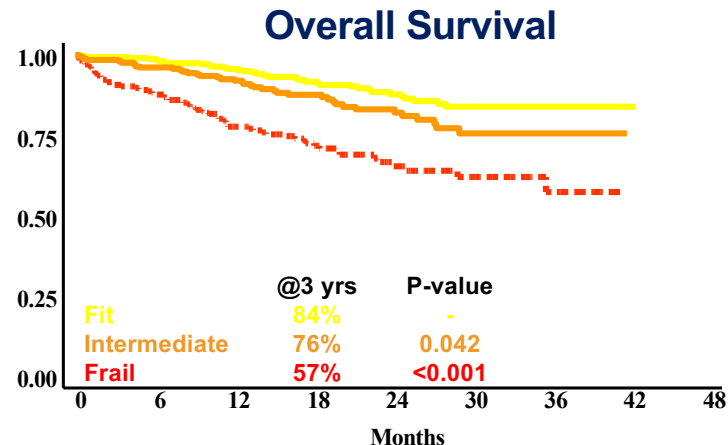
IMWG FRAILTY SCORE



Variable		HR (CI 95%)	P	SCORE
AGE	Age <75 years	1	-	0
	Age 75-80 years	1.13 (0.76-1.69)	0.549	1
	Age >80 years	2.40 (1.56-3.71)	<0.001	2
CHARLSON INDEX	Charlson \leq 1	1	-	0
	Charlson \geq 2	1.37 (0.92-2.05)	0.125	1
ADL SCORE	ADL >4	1	-	0
	ADL \leq 4	1.67 (1.08-2.56)	0.02	1
IADL SCORE	IADL >5	1	-	0
	IADL \leq 5	1.43 (0.96-2.14)	0.078	1

ADDITIVE TOTAL SCORE	PATIENT STATUS
0	FIT
1	INTERMEDIATE
\geq 2	FRAIL

IMWG FRAILTY SCORE: LONG-TERM OUTCOME

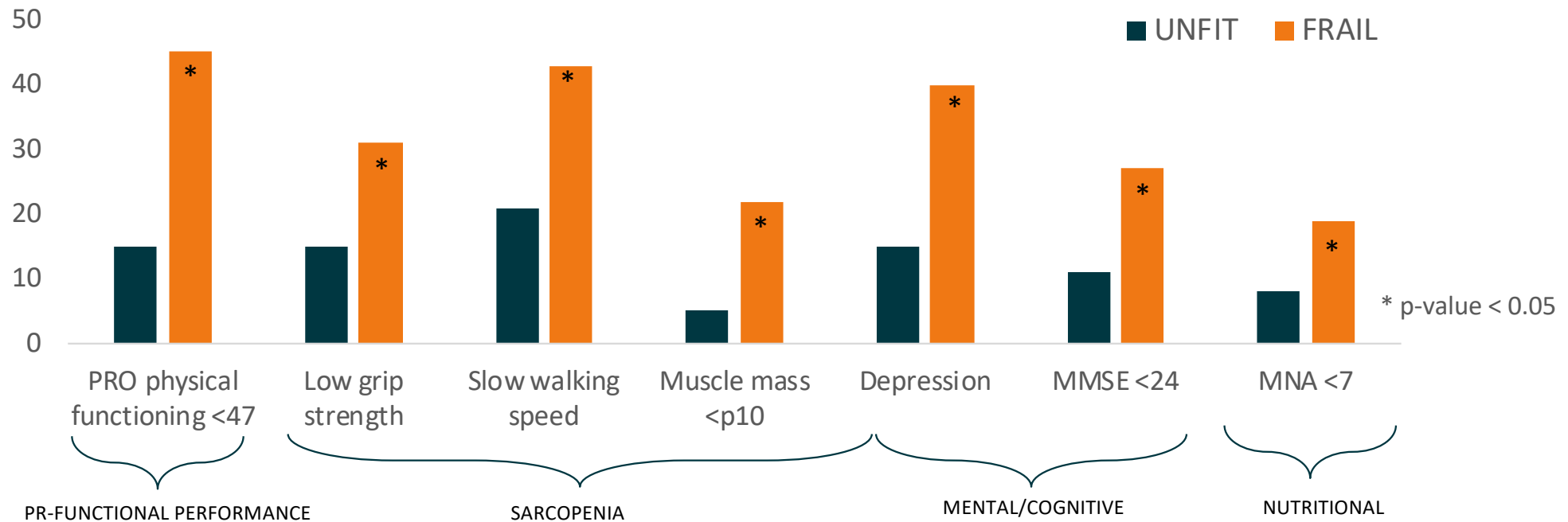


Palumbo A et al, Blood 25(13):2068-74, 2015

IMWG frailty index reflects biological frailty



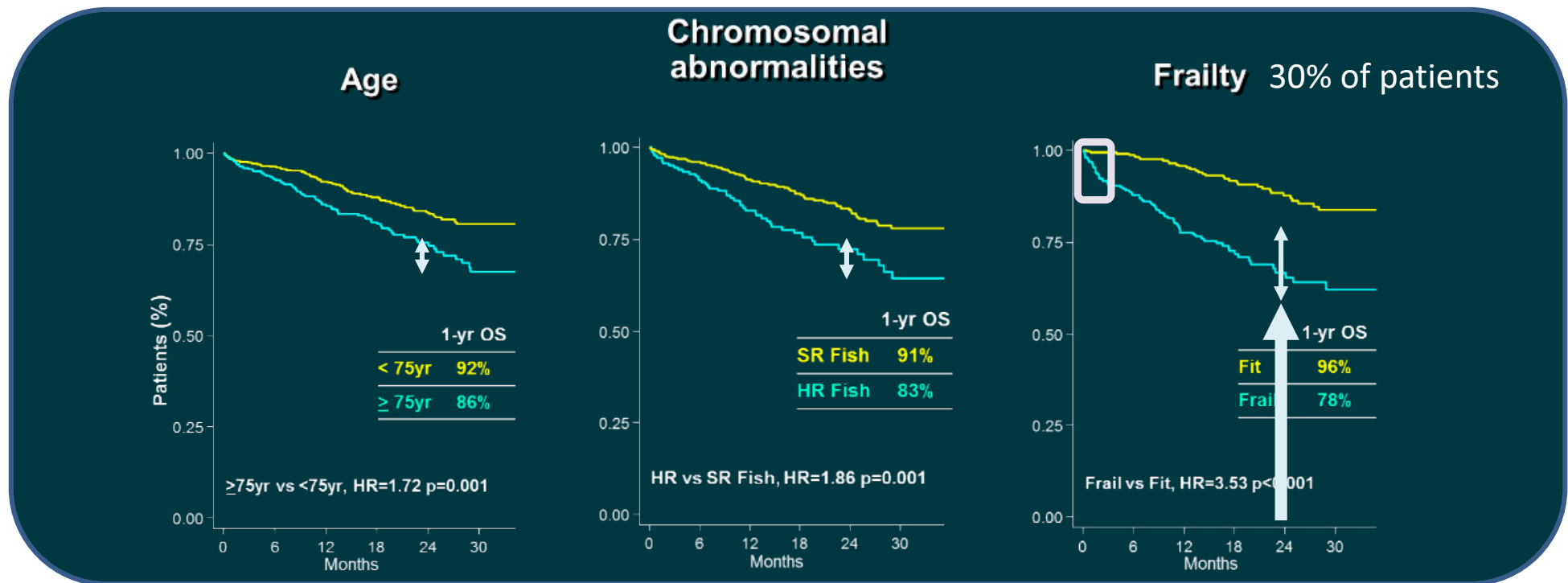
The incidence of functional, cognitive, mental and nutritional impairments is higher in frail compared to unfit



IMWG Frailty score – the gold standard in MM



But insufficient discriminative power to define who does not benefit
not possible to define those patients who die early



Conclusions



Use of ImiDs, PIs, CD38 in NDMM TNE Patients ...across various regimens and fitness levels

Frail

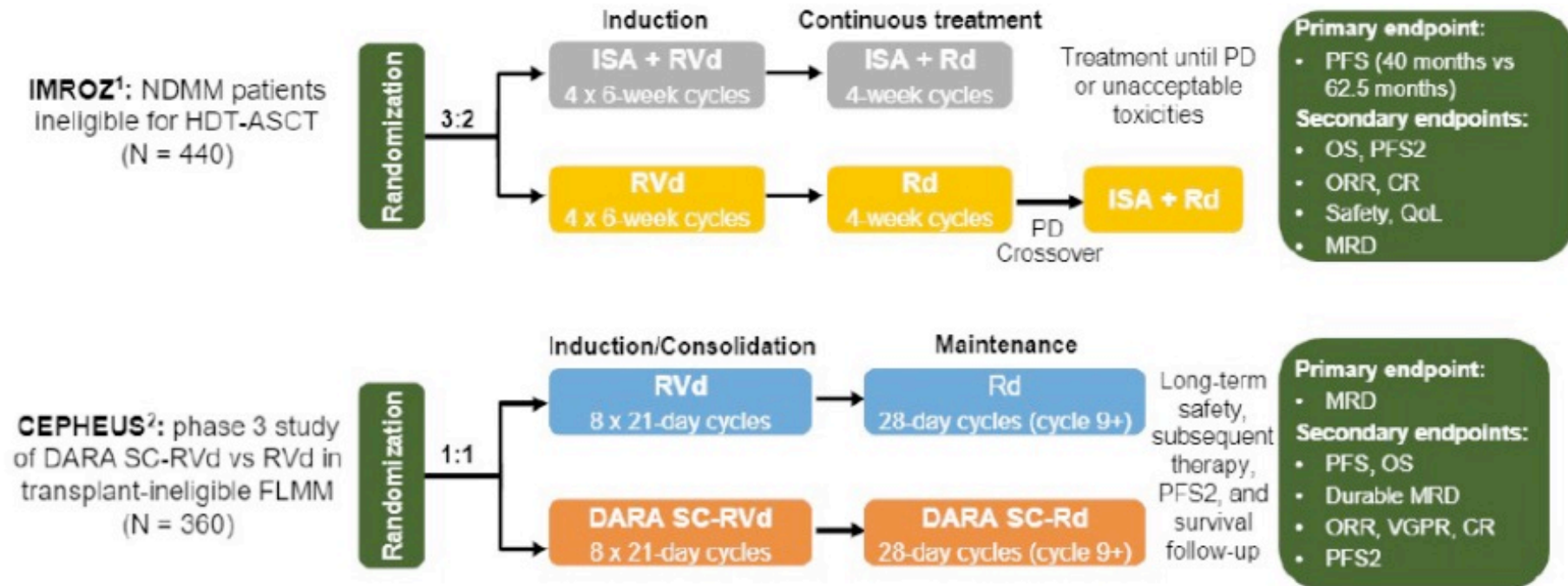
no ASCT.....more ASCT

Fit

R-DARA → DRd → (VRD/VRD lite) → D-VRD lite → D-VRD/KRD
(No/few Dex)

Continuous Len...before continuous Len and CD38
SC Dara for all patients, other CD38 ?
Iberdomide to replace Lenalidomide ?

IMROZ and CEPHEUS trials: study designs



No cross-trial comparison is intended with this data.
HDT-ASCT, high-dose therapy and autologous stem cell transplantation;
ISA, isatuximab; QoL, quality of life.

1. Available from: <https://clinicaltrials.gov/ct2/show/NCT03319667>. Accessed June 2019.
2. Available from: <https://clinicaltrials.gov/ct2/show/NCT03652064>. Accessed June 2019.

Treatment of unfit/frail elderly patients



- Despite limitations, the IMWG frailty index is currently the gold standard to detect frail MM patients
- Less duration of induction, less dosed and less dense therapy, but try to maintain in order to reach a long duration of response
- ‘Non-frail’ drugs such as mAbs

Concept of 'non-toxic for frail' drugs



HOVON 143 study

Concept of 'non-toxic for frail' drugs

Induction

9 cycles, q 4 weeks

Ixazomib citrate 4 mg
days 1, 8, 15

Dexamethasone 20 mg
days 1, 8, 15, 22, cycle 1
Dexamethasone 10 mg
days 1, 8, 15, 22, cycles 2-9

Daratumumab 16 mg/kg
days 1, 8, 15, 22, cycles 1-2
days 1, 15, cycles 3-6
day 1, cycles 7-9

Maintenance

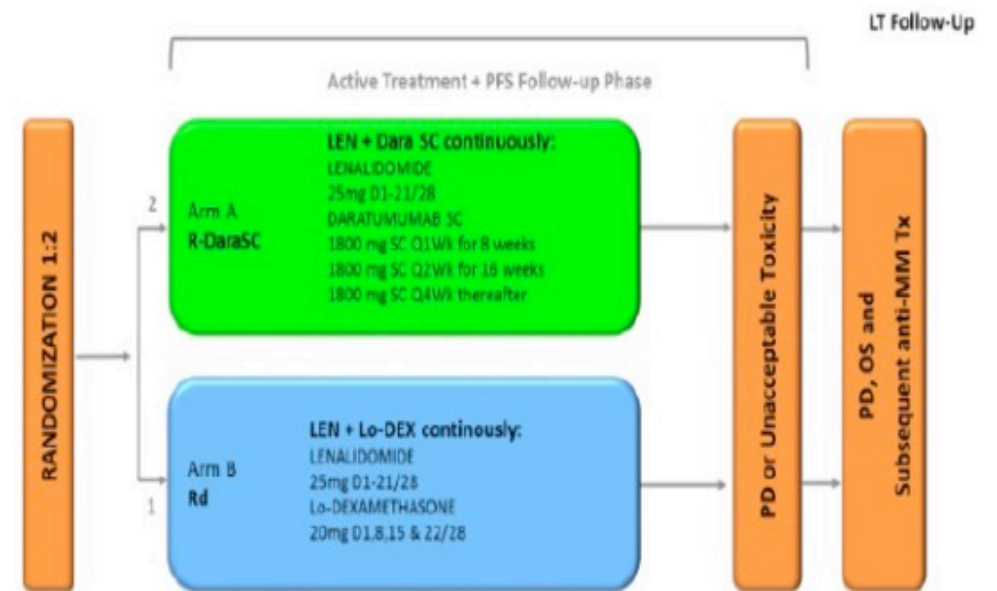
Maximum 2 years until PD
q8 weeks

Ixazomib citrate 4 mg
days 1, 8, 15, 29, 36, 43

Daratumumab 16 mg/kg
day 1

IFM 2017-03 study

A dexamethasone-sparing study



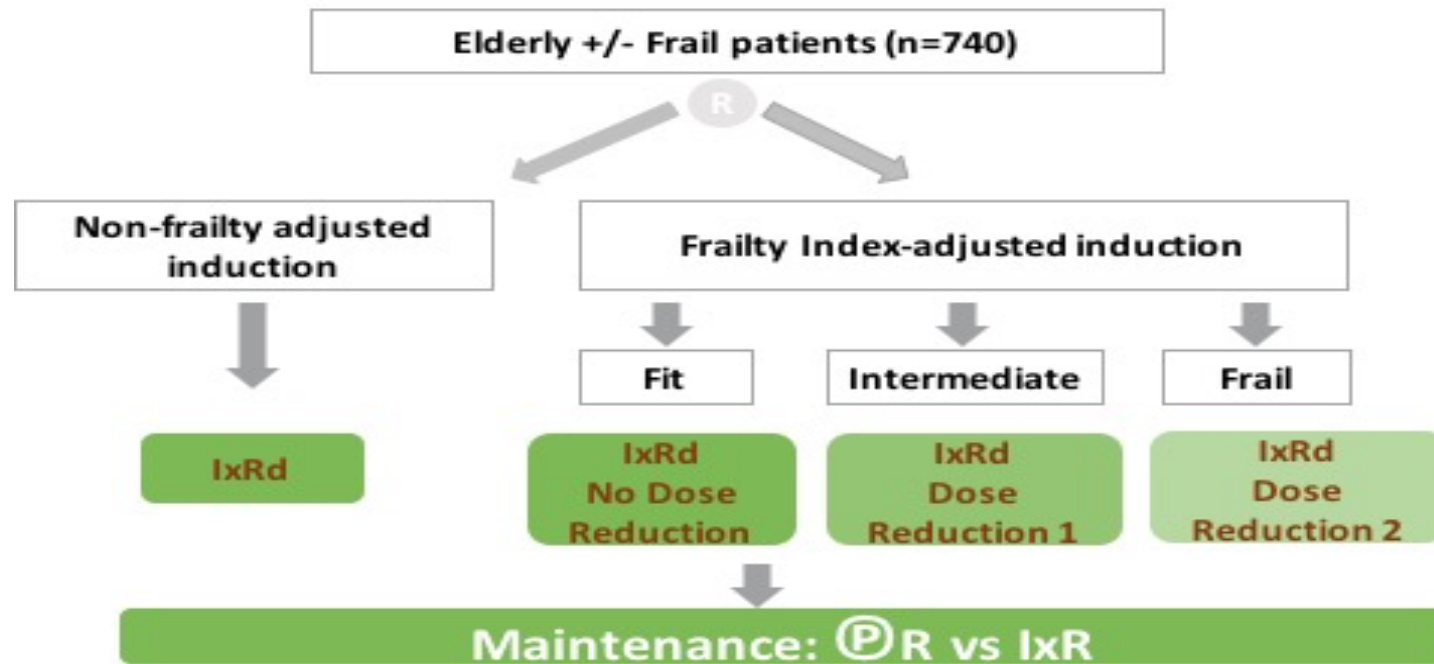
Randomization will be stratified by International Staging System (I vs II vs III) and age (<80 vs ≥80)
In Arm A Low Dose Dex (20mg/week) during Cycle 1 and 2 then Methylprednisolone (with SC Dara)

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Ix, ixazomib; R, lenalidomide; d, dexamethasone.

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Fitness trial - NCT03720041

UK-MRA FitNEss trial: Concept of frailty-adjusted dosing



Highlights from IMW 2019

Ix, ixazomib; R, lenalidomide; d, dexamethasone.

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Fitness trial - NCT03720041

We are grateful to all patients, nurses and physicians of the participating centers

1. ALESSANDRIA	Ladetto, Baraldi	33. GENOVA	Angelucci, Dominietto	65. REGGIO EM.	Merli, Gamberi
2. ANCONA	Leoni, Offidani	34. LATINA	Cimino	66. RIMINI	Tosi
3. ASCOLI PICENO	Galieni	35. LECCE	Di Renzo	67. RIONERO	Musto
4. ASTI	Saracco, Marchetti	36. LECCO	Ardizzoia, Ferrando	68. RIETI	Ceribelli
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6. AVIANO	Micheli, Rupolo	38. MELDOLA	Ronconi	70. ROMA	De Fabritiis, Caravita
7. BARI	Silvestris, Ria	39. MESSINA	Mannina	71. ROMA	Andriani
8. BARI	Specchia	40. MESSINA	Musolino, Allegra	72. ROMA	Bagnato, Bongarzone
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11. BIELLA	Bertinieri, Conconi	43. MILANO	Ciceri	75. ROMA	Pierelli, De Rosa
12. BOLOGNA	Cavo, Zamagni	44. MILANO	Cortelezzi, Baldini	76. ROMA	Venditti
13. BOLZANO	Billio, Pescosta	45. MODENA	Luppi, Marasca, Nami	77. ROMA	Avvisati, Annibali
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21. CATANIA	Di Raimondo	53. ORBASSANO	Guerrasio, Guglielmelli	85. TORINO	Boccardo, Bringham, Gay, Larocca
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25. CIVITANOVA	Centurioni	57. PARMA	Aversa, Giuliani	89. TRICASE	Pavone
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28. CUNEO	Massaia, Grasso	60. PERUGIA	Falini, Ballanti	92. VENEZIA	Bassan
29. FIRENZE	Bosi, Nozzoli	61. PESARO	Visani	93. VERCELLI	Ardizzone
30. FOGGIA	Capalbo	62. PESCARA	Di Bartolomeo, Spadano	94. VERONA	Ambrosetti, Meneghini
31. GALLARATE	Ciambelli	63. RAVENNA	Lanza, Cellini	95. VICENZA	Rodeghiero, Elice
32. GENOVA	Gobbi, Canepa	64. REGGIO CAL.	Martino, Vincelli		



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Acknowledgments



**Divisione di Ematologia 1
Azienda Ospedaliero Universitaria
Città della Salute e della Scienza**

**Prof. Mario Boccardo
Dr. Francesca Gay
Dr. Alessandra Larocca
Dr. Roberto Mina
Dr. Stefania Oliva**

**Dr. Francesca Bonello
Dr. Luca Bertamini
Dr. Mattia D'Agostino
Dr. Marco Salvini
Dr. Giusy Cetani**

**Dr. Paola Omedé &
Laboratory Staff**

**Prof. Benedetto Bruno &
Transplant Unit**

Nurses

Data Managing Staff

Statisticians



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