

# Disclosures for Francesca Gay, MD, PhD

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Honoraria	Amgen, BMS, Celgene, Janssen, Takeda
Scientific Advisory Board	Amgen, BMS, Celgene, Janssen, Roche, Takeda

**Presentation includes discussion of the off-label use of a drug or drugs**

# **La terapia di mantenimento: La medesima per tutti i pazienti, e con uno o più farmaci?**

**Francesca Gay, MD, PhD  
Divisione di Ematologia 1  
AOU Città della Salute e della Scienza  
University of Torino, Italy, EU**

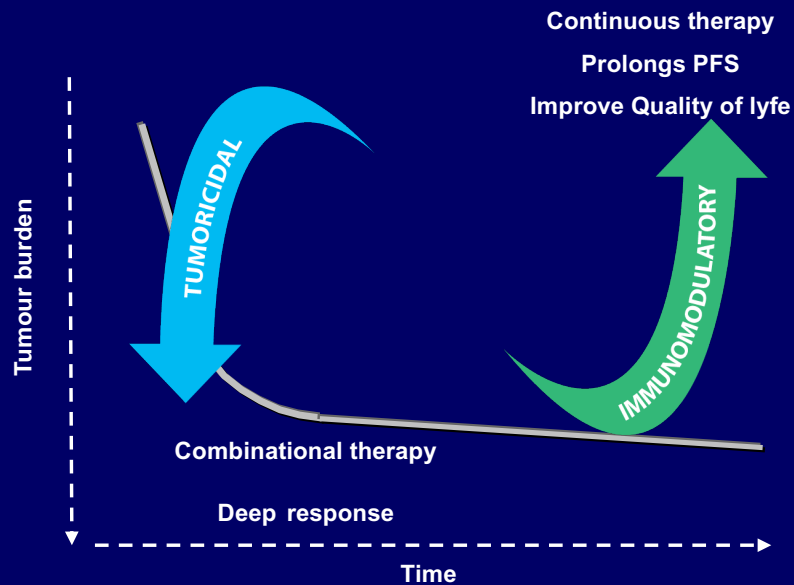
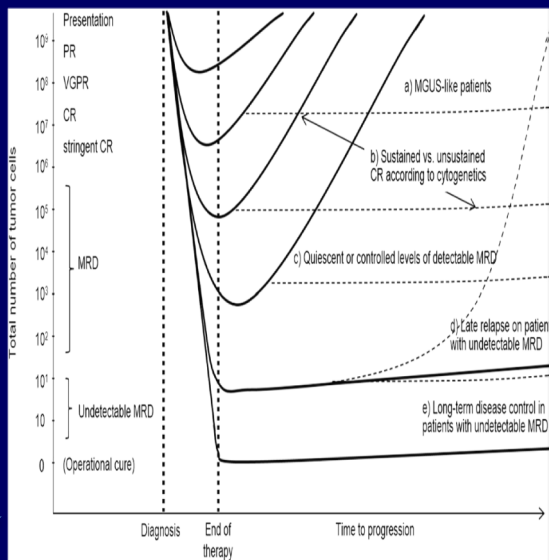
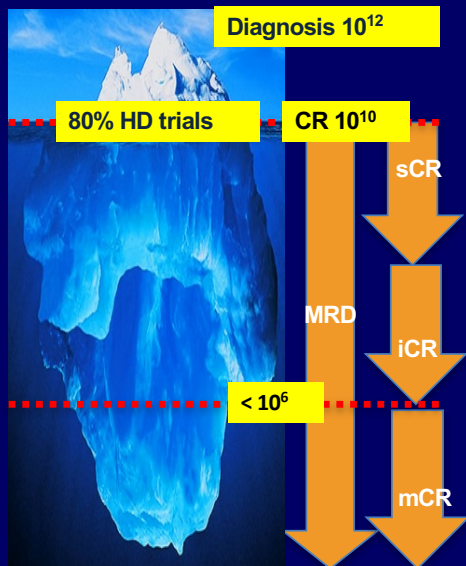
# Newly diagnosed myeloma

## Treatment objectives

## Treatment strategy

### Depth of Response

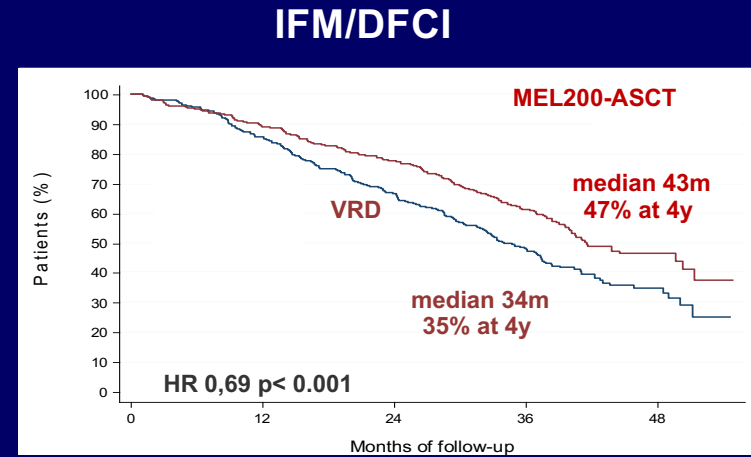
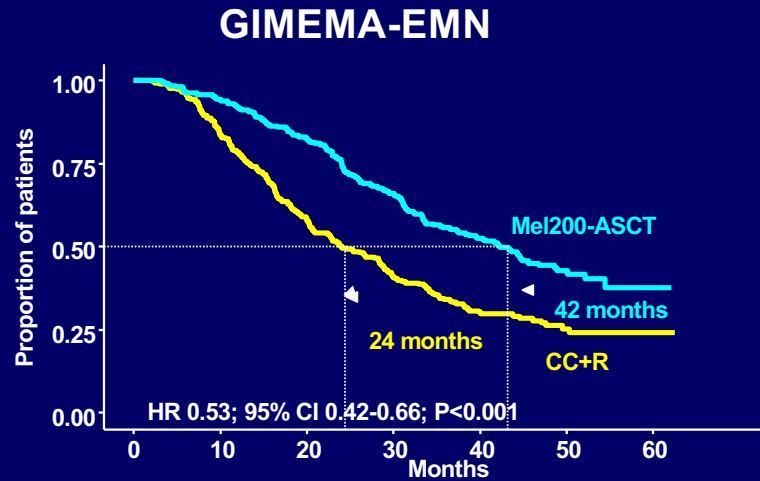
### Duration of Response



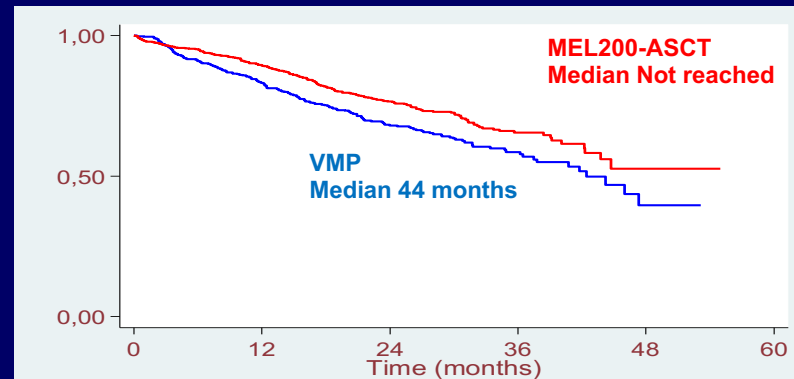
**Why should we use  
maintenance post transplant?**

# Improvement in PFS with ASCT vs no ASCT

*...but no plateau phase → Residual disease is still present!*



## EMN-02

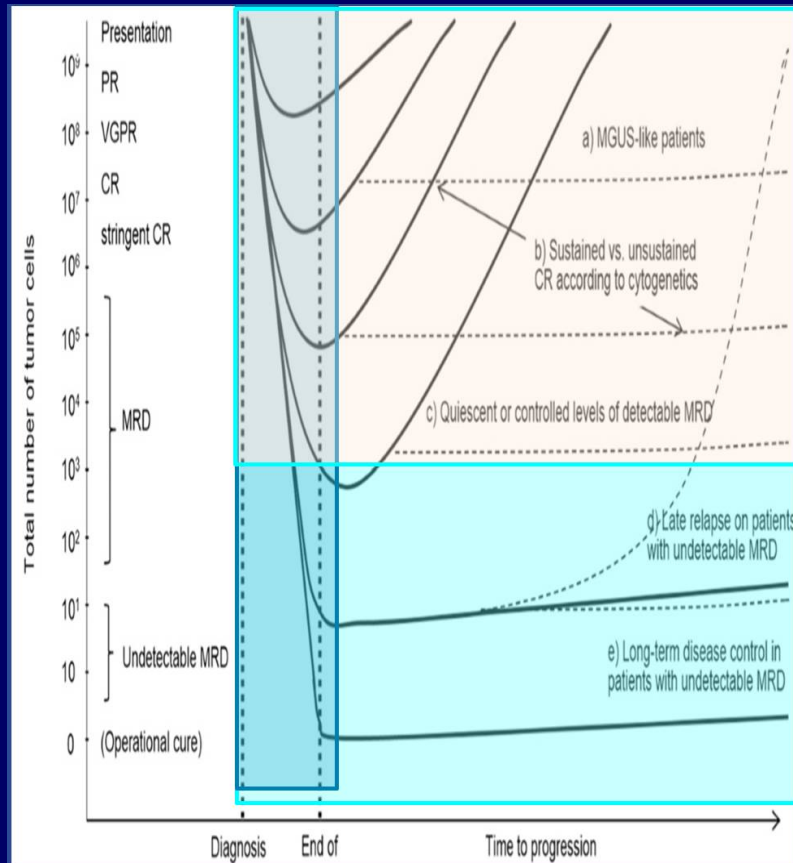


Mel200-ASCT, melphalan 200 mg/m<sup>2</sup> followed by autologous stem cell transplantation; CC+R, conventional chemotherapy + lenalidomide; PFS, progression-free survival; VMP, bortezomib-melphalan-prednisone; VRD, bortezomib lenalidomide prednisone.

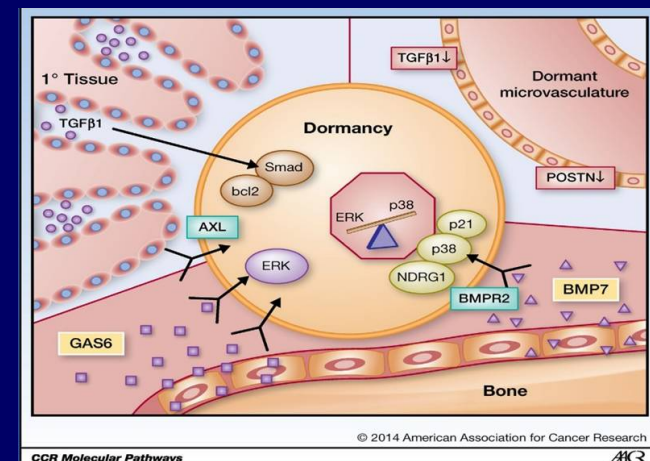
Gay F et al, EHA 2016; Attal M et al, ASH 2015; Cavo M et al; ASCO 2016

# Treatment objective: maintain disease under control

Prolonged PFS as a surrogate endpoint for OS



Tumor dormancy, the ultimate objective for “cure”

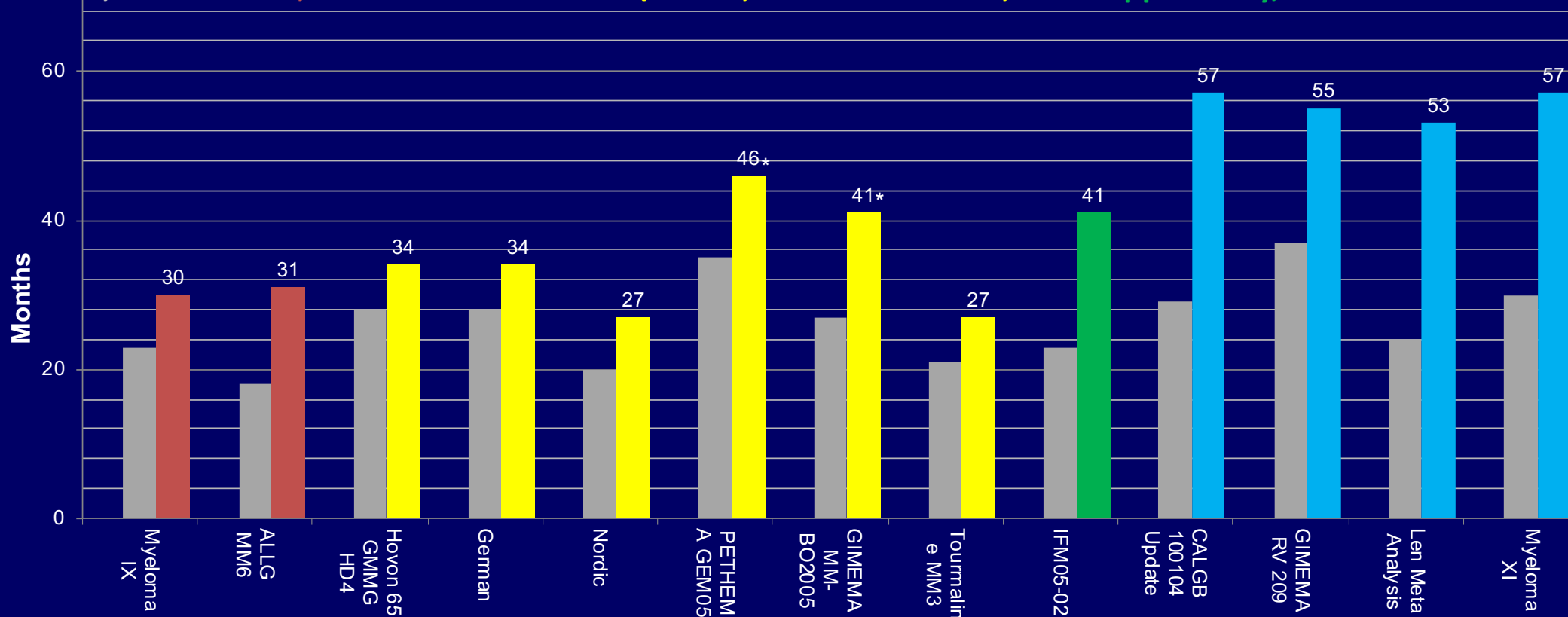


Paiva B, et al. Blood 2015;125(20):3059-68.

# Current Evidence

# Phase 3 Consolidation/Maintenance Regimens and PFS in TE-NDMM Patients

Control, Thalidomide, Proteasome Inhibitor+/-other, defined schedule, Len Stopped Early, Lenalidomide until PD



Myeloma IX, No Rx vs T until PD: Morgan et al Blood 2012; ALLGMM6, P vs TP until PD: Spencer et al JCO 2009; Hovon 65 GMMG HD4, T vs V 2 yrs: Sonneveld et al JCO 2012; German, No Rx vs V: Einsele et al Leukemia 2017; Nordic, No Rx vs V: Mellqvist et al Blood 2013; PETHEMA GEM05, T vs VT 3yrs \*assuming 5 mo for induction & SCT: Rosinol et al Leukemia 2017; GIMEMA MM-BO2005: ASCT x2 TD vs VTD D until PD \*assuming 5 mo for induction & SCT: Cavo et al Blood 2012; Tourmaline, Pbo vs Ixa 2 yrs: Dimopoulos et al Lancet 2019; IFM 05-02, Pbo vs Len until PD (stopped early): Attal et al NEJM 2012; CALGB 100104 Update, Pbo vs Len: Holstein et al Lancet Haem 2017; GIMEMA Rv 209, No Rx vs Len: Palumbo et al NEJM 2014; Len Meta Analysis: Pbo vs Len: McCarthy et al JCO 2017; Myeloma XI No Rx vs Len: Jackson G et al Lancet Oncology 2019.

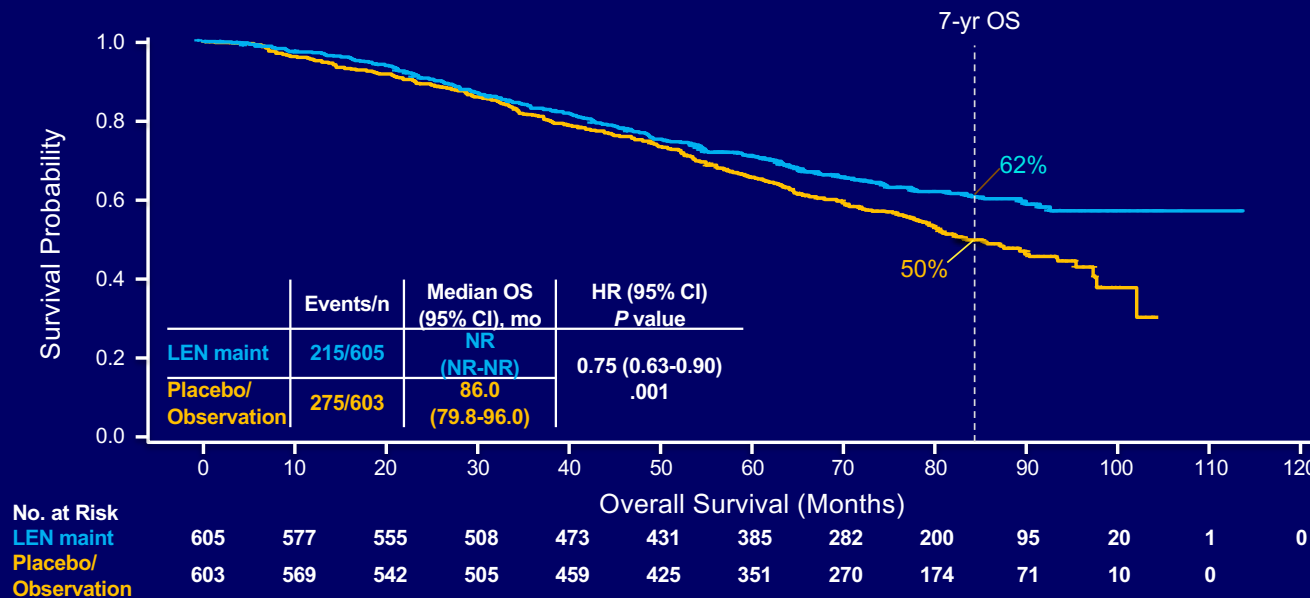
Courtesy of Mc Carthy P, presented at IMWG 2019.



# Metaanalysis of 3 lenalidomide maintenance trials

## Overall Survival: Median Follow-Up of 80 Months

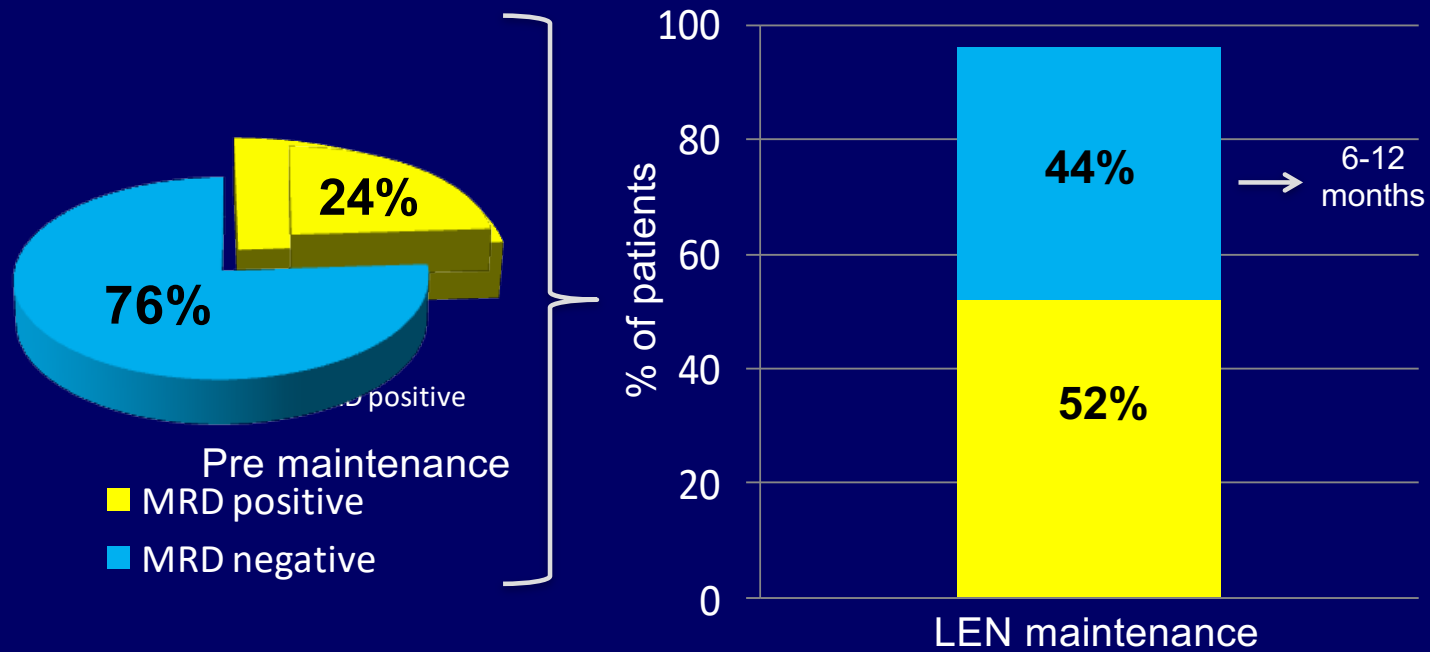
There is a 25% reduction in risk of death, representing an estimated 2.4-year increase in median survival<sup>a</sup>



<sup>a</sup> Log-rank test and Cox model stratified by study to assess impact of lenalidomide maintenance on overall survival. Median for lenalidomide treatment arm was extrapolated to be 115 months based on median of the control arm and HR (median, 86 months; HR = 0.75). HR, hazard ratio; maint, maintenance; NR, not reached; OS, overall survival.

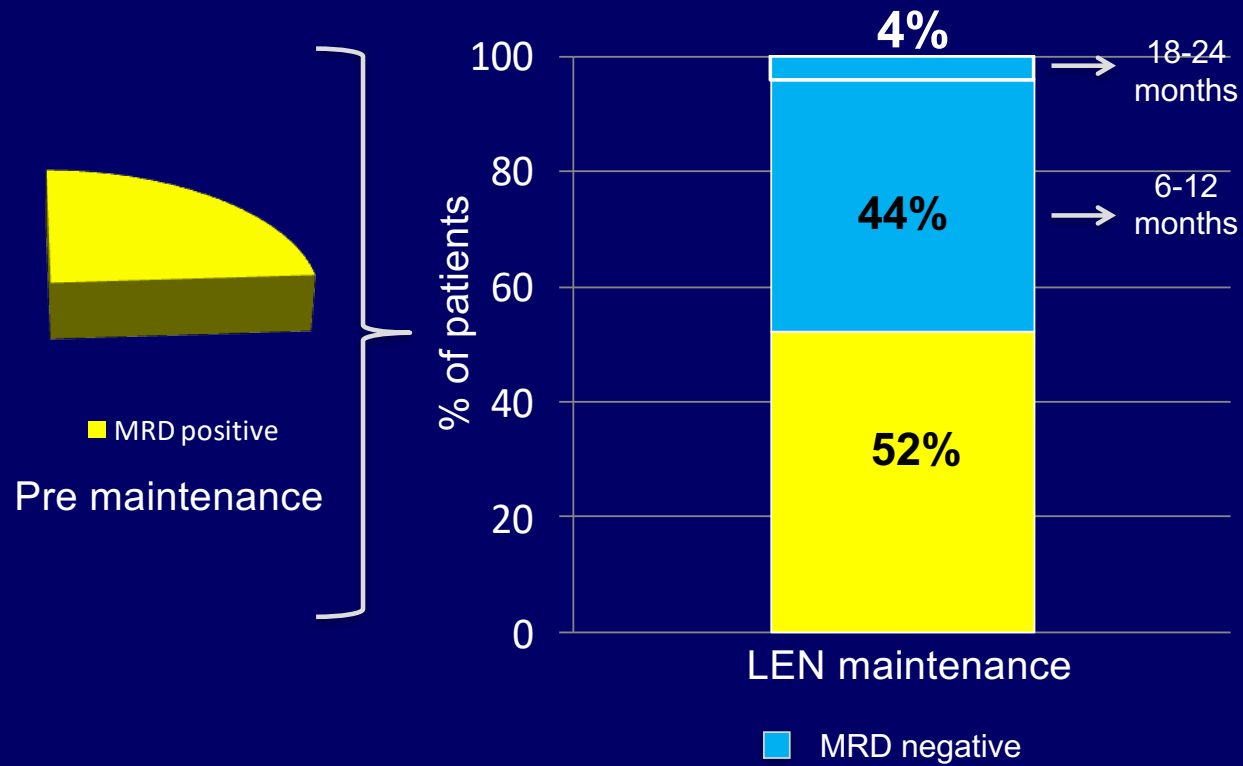
# EMN02: MRD Analysis

Sub-analysis on MRD positive patients at pre-maintenance who had a second MRD evaluation >1 year of Lenalidomide



# EMN02: MRD Analysis

Sub-analysis on MRD positive patients at pre-maintenance who had a second MRD evaluation >1 year of Lenalidomide



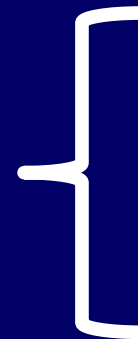
# Open Issues

## Open issues

- **Optimal duration**
- **Optimal drug**
- **Do we need combinations?**

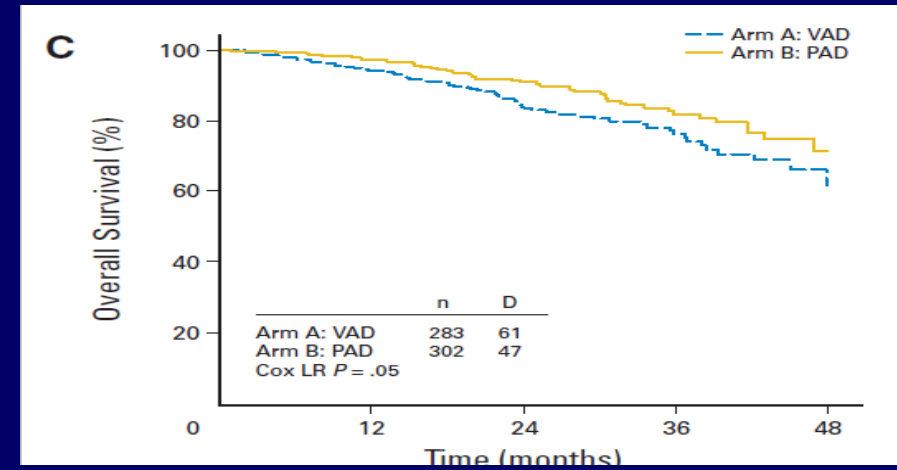
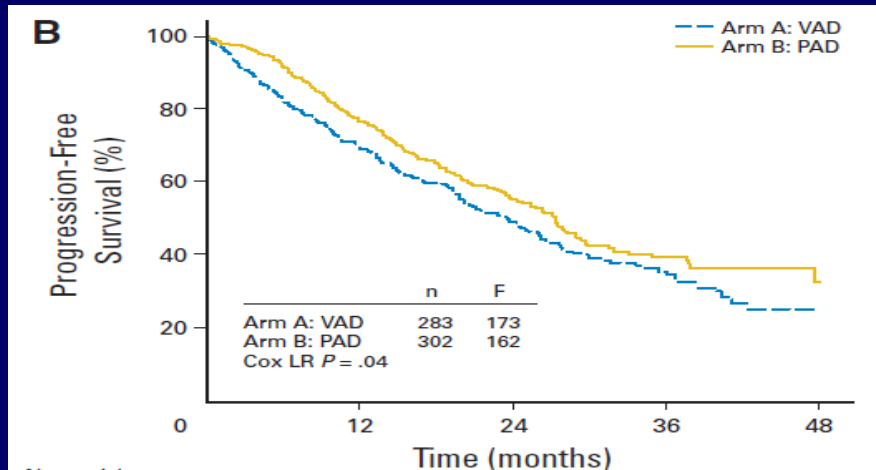
## Open issues

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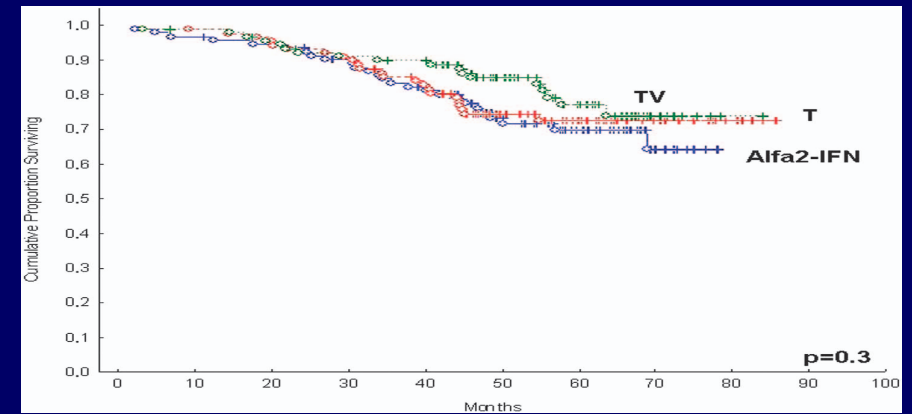
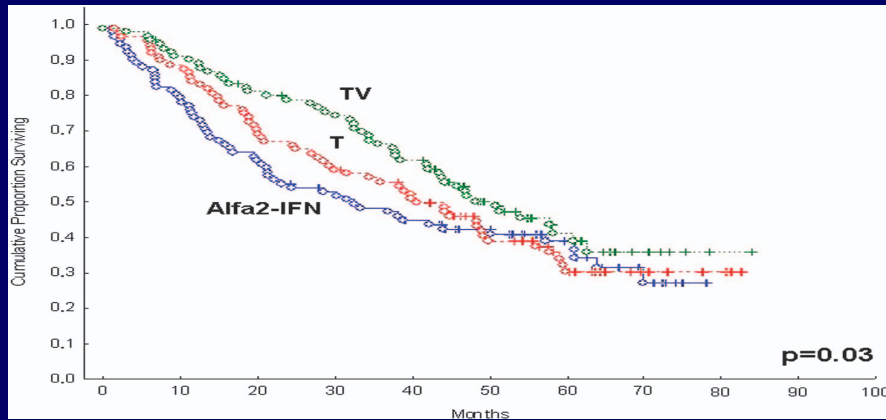
- 
- Tolerability
  - Patient risk
  - Previous induction therapy

# Bortezomib-based maintenance after ASCT

## Bortezomib vs Thalidomide



## Bortezomib-Thalidomide vs Thalidomide vs Interferon

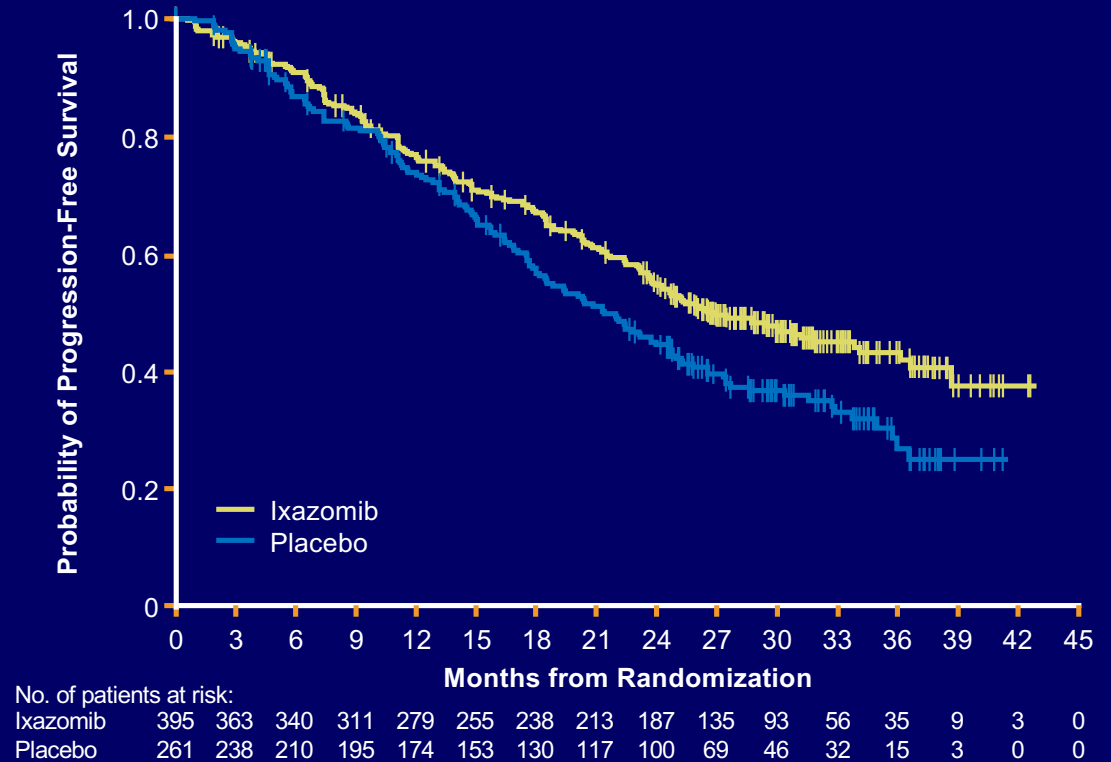


Sonneveld P et al. JCO 2012

Rosignol et al. Leukemia 2017

# Ixazomib vs. placebo maintenance post ASCT: PFS

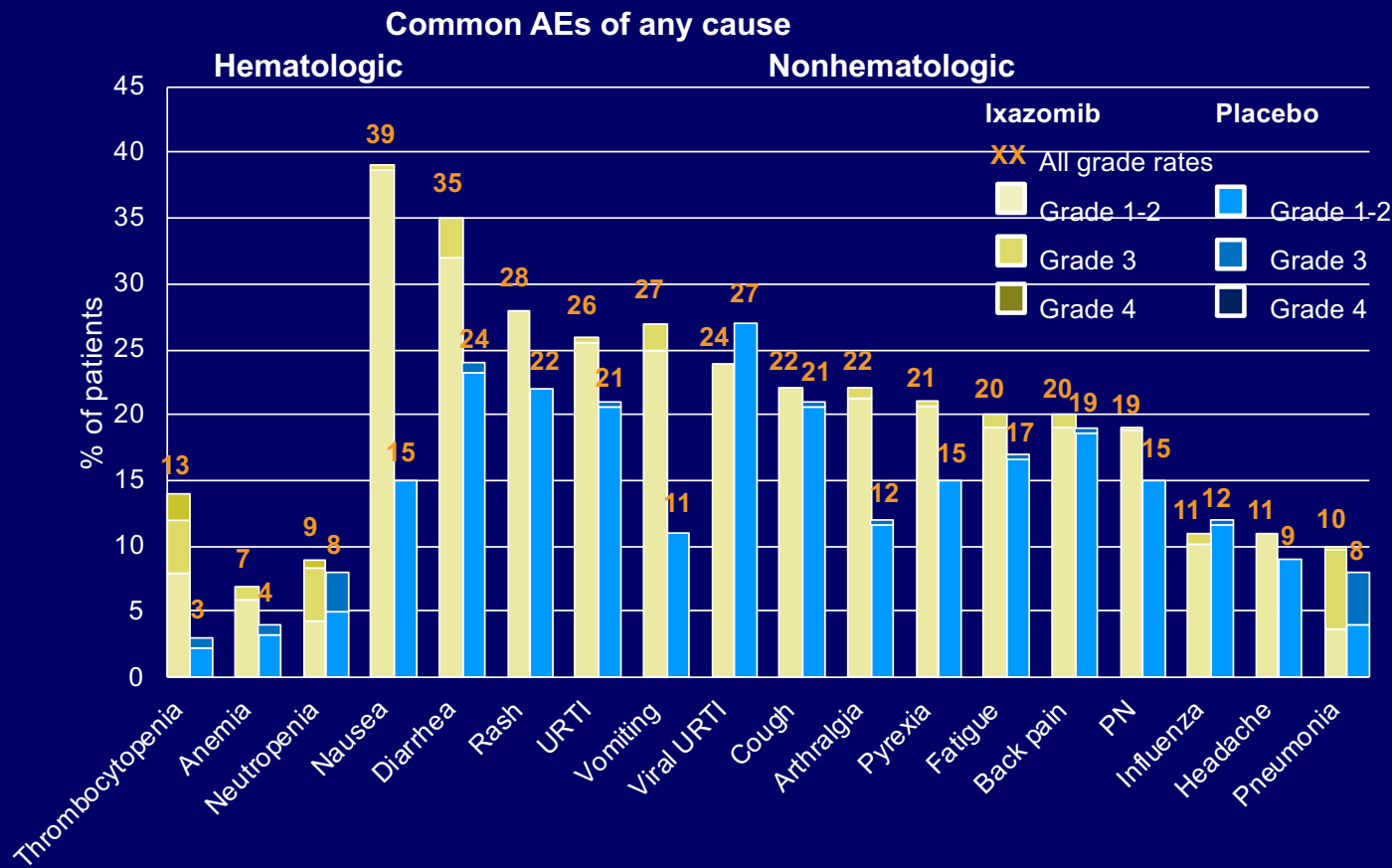
- There was a significant 39% improvement in overall PFS from time of randomization for patients receiving ixazomib vs. placebo maintenance:
  - HR: 0.72; 95% CI: 0.582–0.890
  - $p=0.002$
  - Median 26.5 months vs. 21.3 months
- With only 14% of deaths reported, at a median follow-up of 31 months, median OS has not been reached in either treatment arm and follow up continues



CI, confidence interval; HR, hazard ratio; OS, overall survival.



# Ixazomib vs placebo maintenance: Adverse events



- There was no increase in hepatic, cardiac, or renal AEs
- At the current follow-up, there was no difference in the rate of new primary malignancy (3% versus 3%)
- The number of on-study deaths was very low in both groups (1 versus 0 patients)

PN, peripheral neuropathy; URTI, upper respiratory tract infection.

# Maintenance Toxicities

Grade 3-4 AEs	Lenalidomide	Placebo	Ixazomib
Neutropenia	23%-51%	0%*-18%	5%
Thrombocytopenia	4%-14%	0%*-7%	5%
Febrile neutropenia	4%-5%	<1%-2%	-
Infections	6%-13%	2%*-5%	15%
Skin	4%-7%	0%*-4%	2%
Diarrhea	2%-5%	<1%-2%	3%
Vascular	1%-4%	3%	-

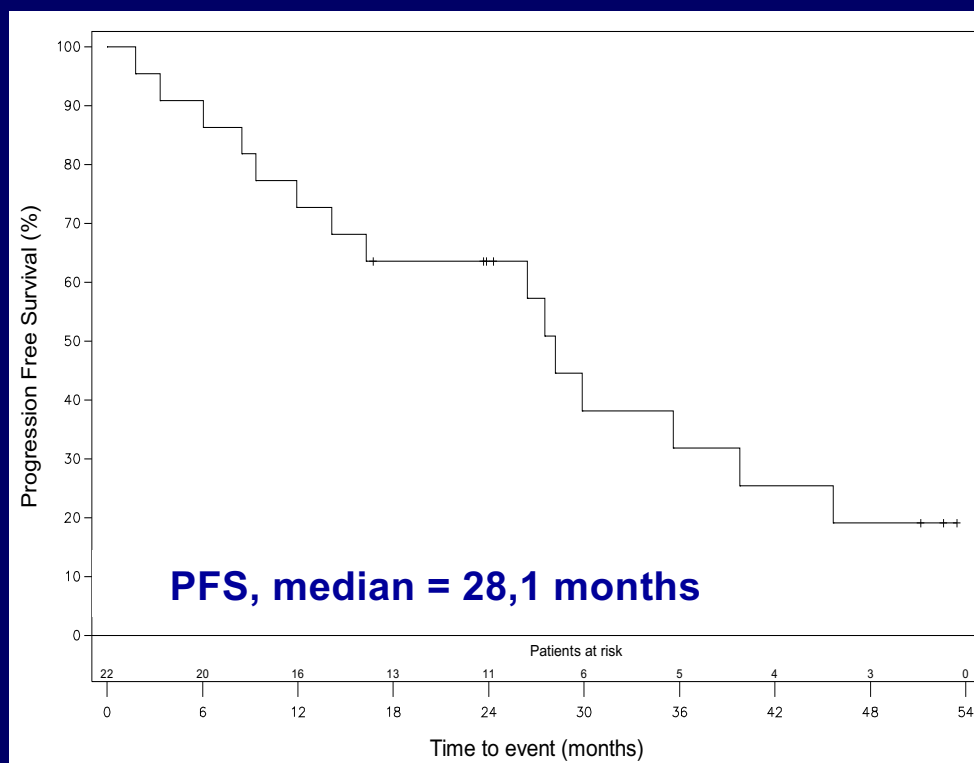
*\*from GIMEMA trial, where no placebo was given*

Attal M, et al. NEJM 2012;366:1782, McCarthy PL, et al. NEJM. 2012;366:1770,  
 Palumbo A, et al. NEJM 2014;371:10 , Graham J et al. ASH 2016.  
 Dimopoulos Lancet 2019

# Carfilzomib Maintenance

Ph I IFM 2012-03 study ELDERLY PATIENTS, NON TRANSPLANT ELIGIBLE

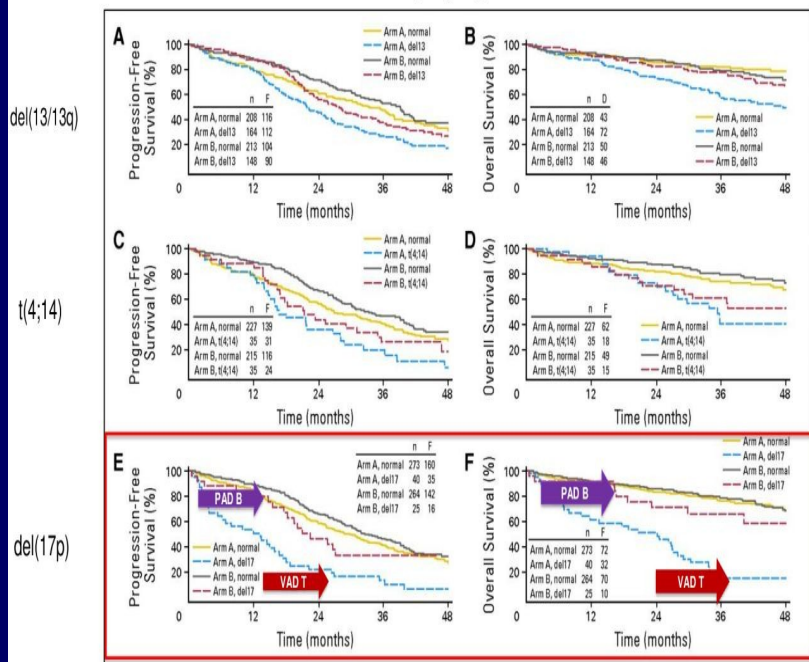
## PFS from maintenance



AEs, n (%)	Any grade	Grade 3-4
<b>Blood and lymphatic system disorders</b>		
Anemia	0 (0)	0 (0)
Lymphopenia	0 (0)	0 (0)
Neutropenia	0 (0)	0 (0)
Thrombocytopenia	0 (0)	0 (0)
<b>Gastrointestinal disorders</b>		
Diarrhea	0 (0)	0 (0)
Nausea	8 (36.4)	0 (0)
Vomiting	8 (36.4)	0 (0)
<b>General disorders and administration site conditions</b>		
Asthenia	3 (13.6)	0 (0)
Edema limbs	0 (0)	0 (0)
Fever	0 (0)	0 (0)
<b>Infections and infestations</b>		
Bronchitis	4 (18.2)	0 (0)
Urinary infection	0 (0)	0 (0)
Weight loss	0 (0)	0 (0)
Musculoskeletal disorders: Bone pain	0 (0)	0 (0)
Renal and urinary disorders : Acute renal failure	0 (0)	0 (0)
<b>Respiratory, thoracic and mediastinal disorders</b>		
Cough	0 (0)	0 (0)
Dyspnea	0 (0)	0 (0)
Vascular disorders : Hypertension	4 (18.2)	0 (0)
Neurological toxicities : Sensitive neuropathy	0 (0)	0 (0)

# High vs standard-risk patients: is lenalidomide the best treatment for all patients?

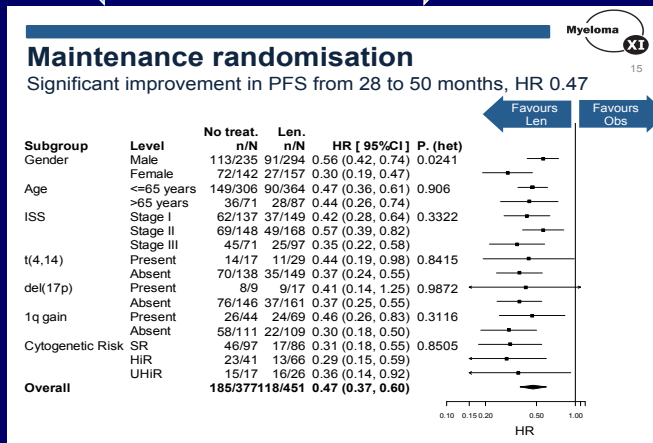
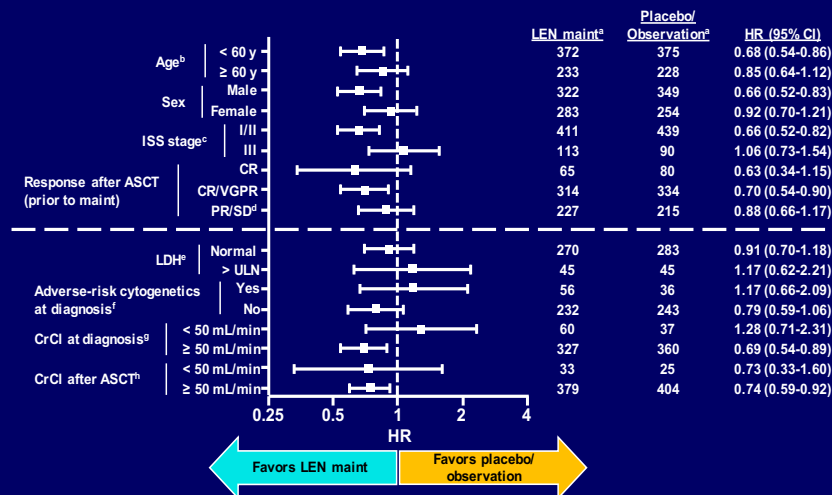
PFS and OS for Thalidomide (Arm A) vs Bortezomib (Arm B) Induction and Maintenance by Cytogenetic Risk



Slide courtesy Sonneveld P et al. JCO 2012;30:2946-2955

JOURNAL OF CLINICAL ONCOLOGY

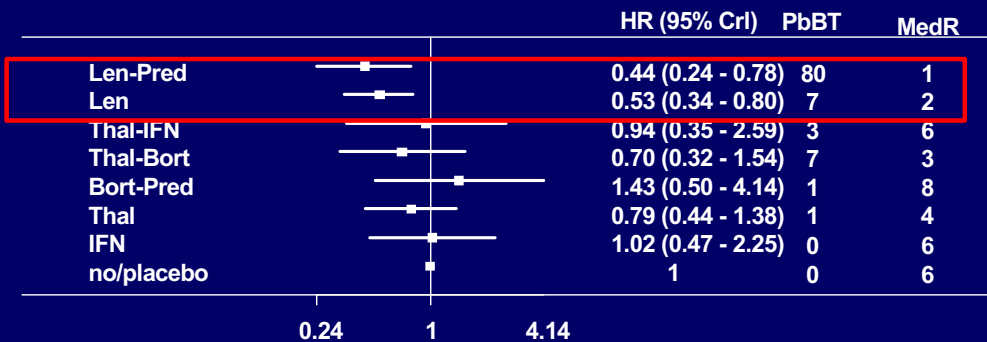
©2012 by American Society of Clinical Oncology



Attal M, et al. NEJM 2012;366:1782, McCarthy PL, et al. NEJM. 2012;366:1770; Palumbo A, et al. NEJM 2014;371:10, Graham J et al. ASH 2016.

# Network metaanalysis of maintenance strategies: Subgroup according to prognostic features

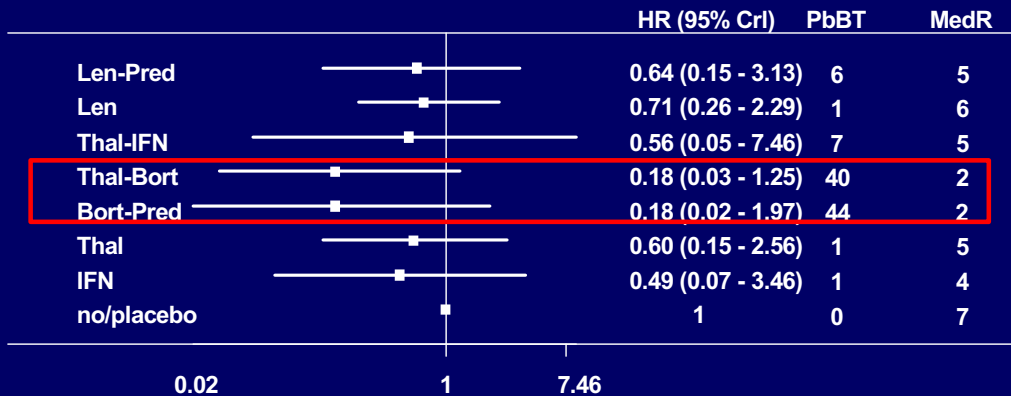
## ISS stage I/II



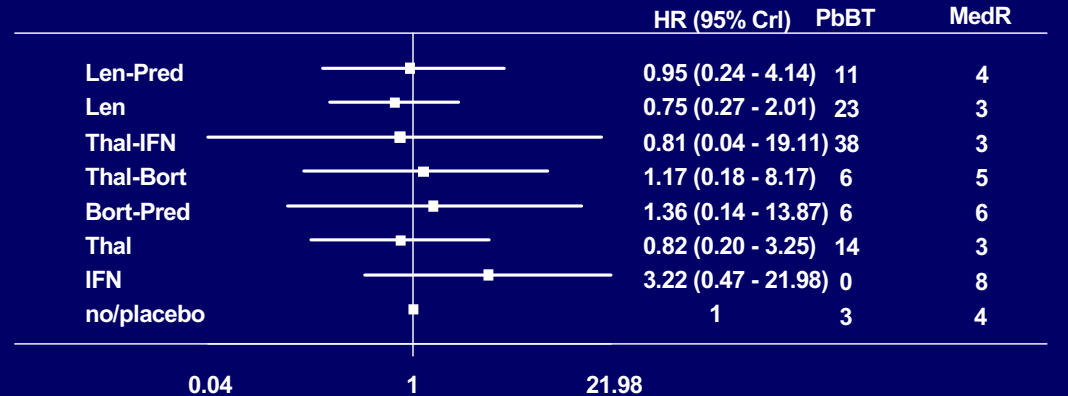
## Standard-risk chromosomal abnormalities



## ISS stage III



## High-risk chromosomal abnormalities

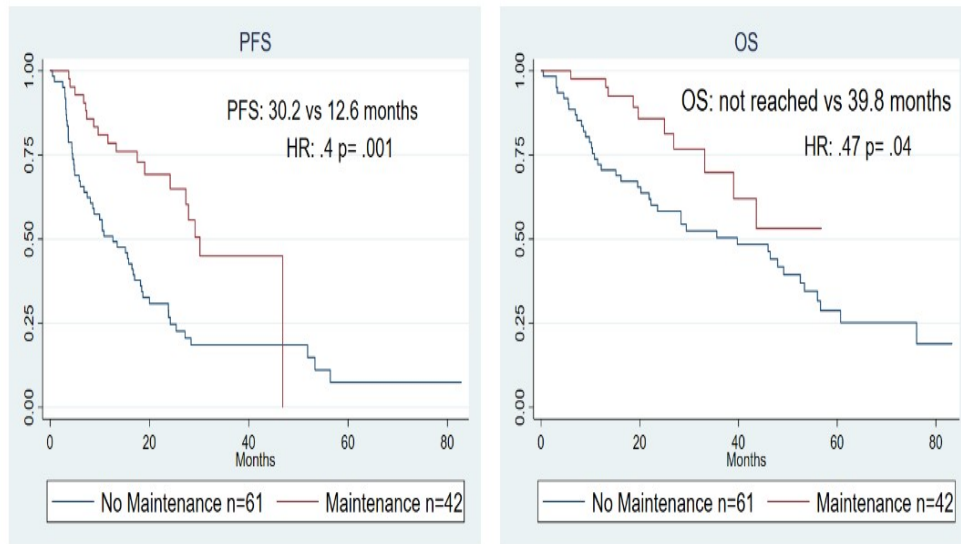


# Bortezomib vs Lenalidomide maintenance: retrospective data

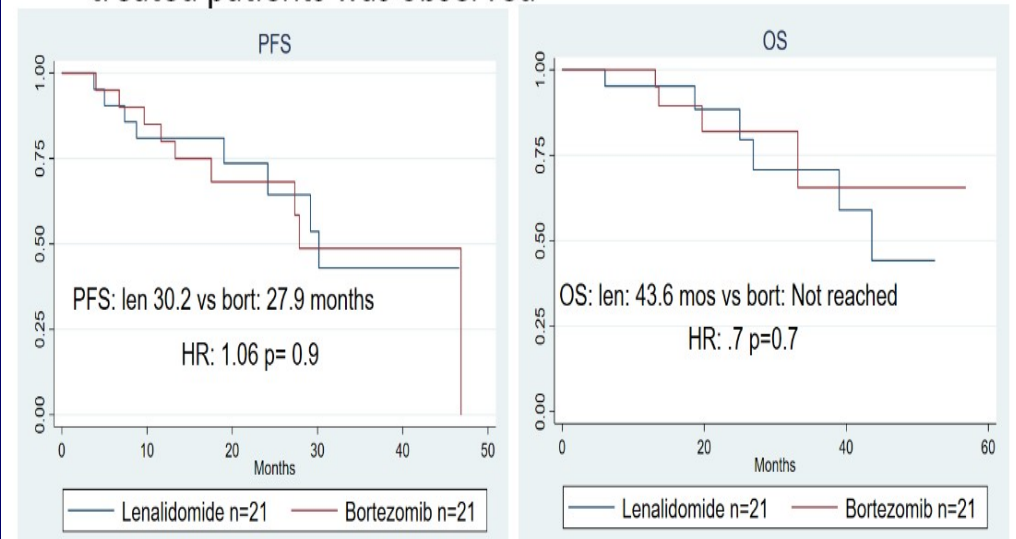
N=103 del17p (51pts ) or t(4;14) or t(14;16)

Maintenance, N=42

Maintenance post autologous SCT improves PFS and OS in high risk patients



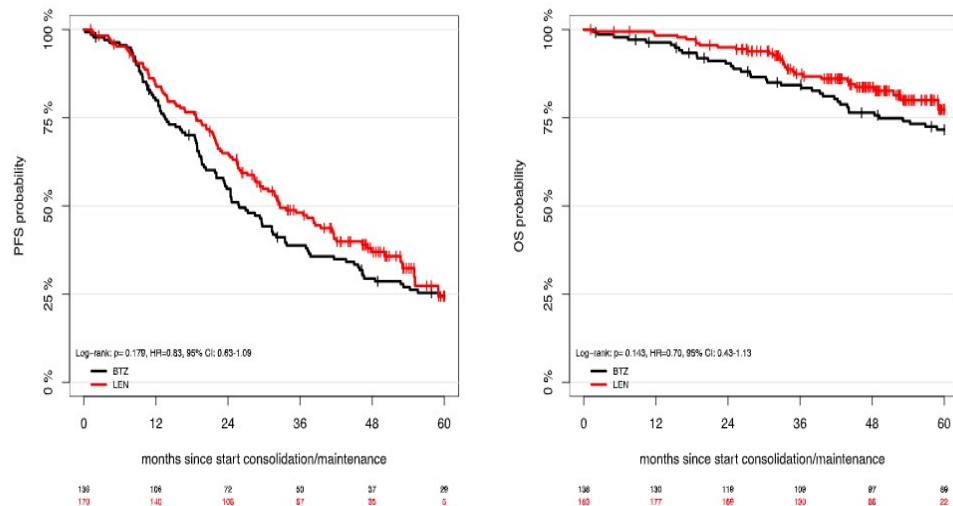
In HRC patients no difference between the PFS and OS outcome of lenalidomide as compared to bortezomib treated patients was observed



# Bortezomib vs Lenalidomide maintenance: retrospective data

GMMG-HD4 & MM5 trials  
Bortezomib based induction  
N=321

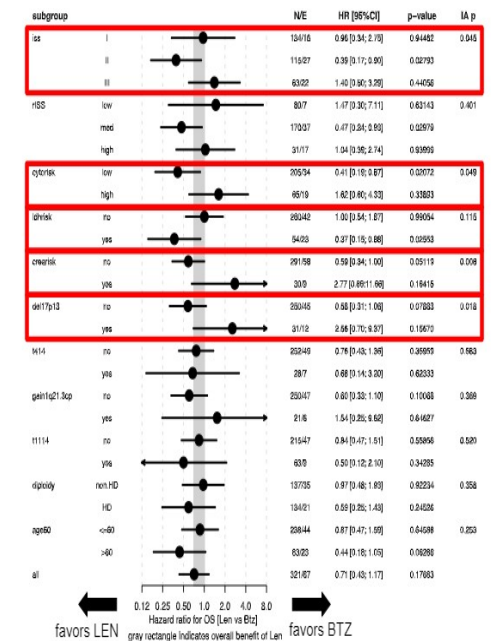
## Progression-free and overall survival



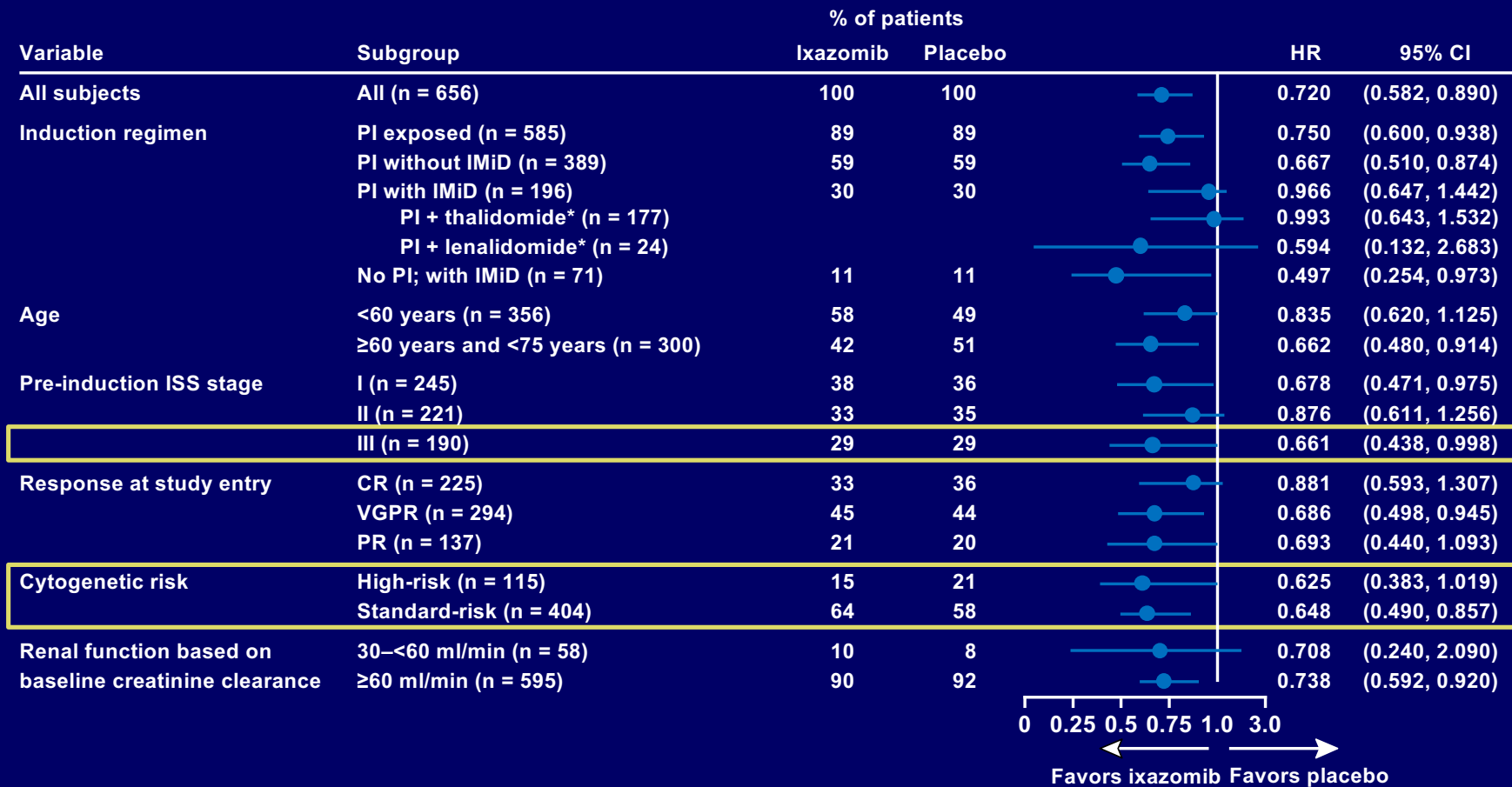
- neither PFS ( $p=0.18$ ) nor OS differed significantly ( $p=0.14$ ) in the overall cohort
- median PFS was LEN: 32.7 vs. BTZ: 25.9 months, median OS not reached

## Response-adjusted analyses on OS

- multivariate model adjusted for response status prior to start of consolidation / maintenance (CR/nCR vs. <nCR)
- significant OS benefit for LEN in ISS stage II, no HR cytogenetics, increased LDH and no RI
- trend towards OS benefit for BTZ in del17p and RI
- no differences in OS from first disease progression between LEN and BTZ cohort ( $p=0.25$ , not shown)



# Ixazomib vs placebo maintenance: subgroups analysis of PFS



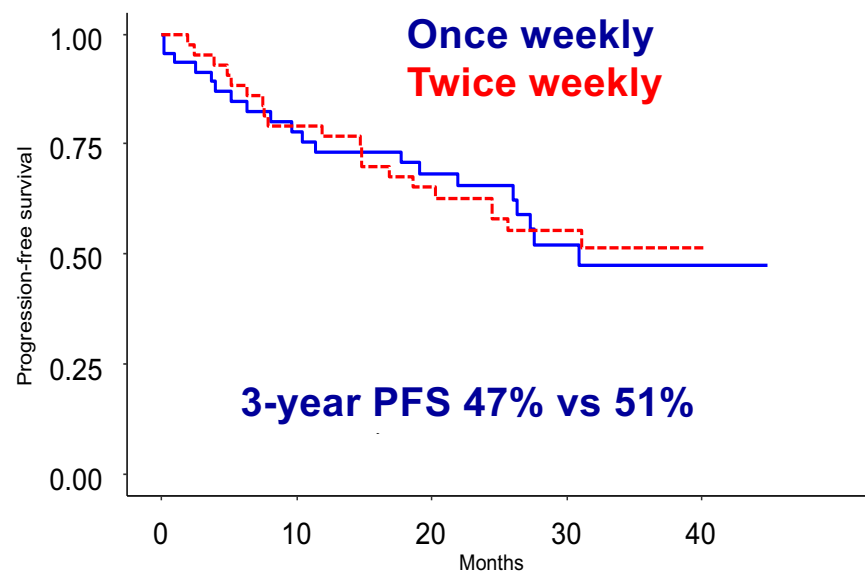
\*IMiD use reported by investigator



# Carfilzomib Maintenance

Pooled analysis ELDERLY PATIENTS, NON TRANSPLANT ELIGIBLE

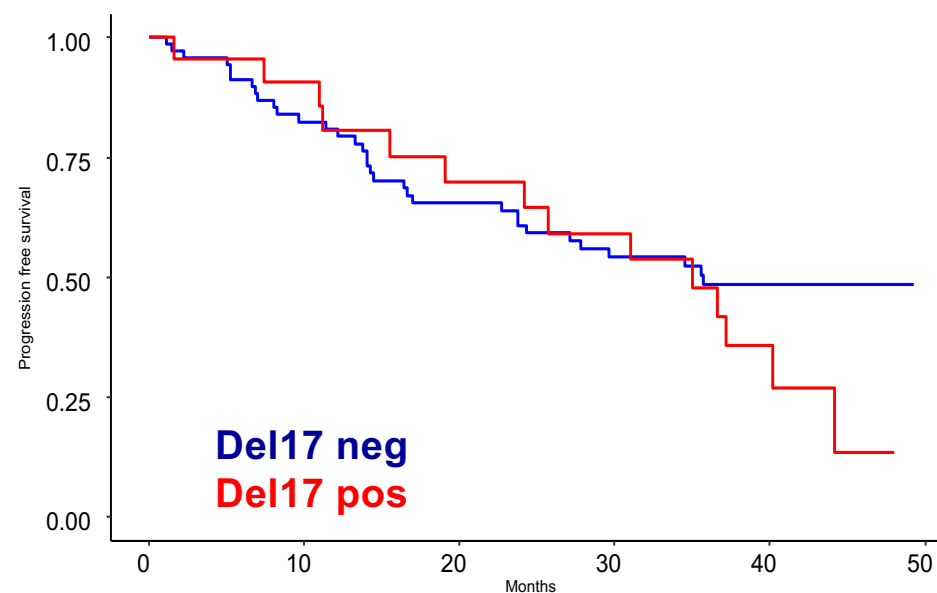
## PFS from maintenance



	0	10	20	30	40
Once Weekly	47	34	27	13	4
Twice Weekly	43	34	28	15	1

Numbers at risk

## Subgroup analysis



	0	10	20	30	40	50
d17q13=0	72	55	42	32	15	1
d17q13=1	22	18	13	11	4	0

Numbers at risk

# High-risk patients

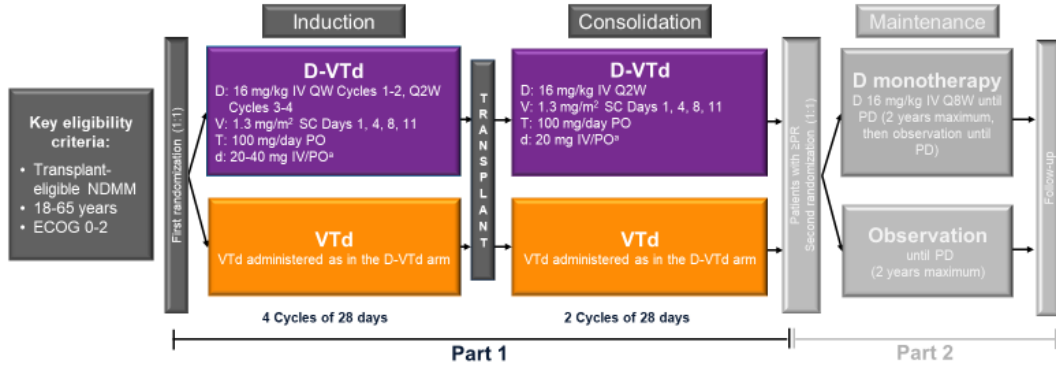
## Recommendations for Treatment: TE

- IMiD/PI induction - No preference on PI, len preferred over thal
- Depth and speed of response is important
- Short duration therapy (4-6 cycles) before consolidation
- Avoid low dose alkylators except in the setting of PCL
- **Role of transplant**
  - Single vs tandem: may be related to access to drugs.  
Tandem not routinely recommended where VRD is an option
- **Post transplant consolidation**
- **Maintenance**
  - Not rev/thal alone
  - PI
  - PI/IMiD
  - Emerging role for MOABs

# CASSIOPEIA Study Design



Phase 3 study of D-VTd versus VTd in transplant-eligible NDMM (N = 1,085), 111 sites from 9/2015 to 8/2017



D-VTd, daratumumab/bortezomib/thalidomide/dexamethasone; VTd, bortezomib/thalidomide/dexamethasone; ECOG, Eastern Cooperative Oncology Group; IV, intravenous; QW, weekly; Q2W, every 2 weeks; SC, subcutaneous; PO, oral; PR, partial response; Q8W, every 8 weeks; PD, progressive disease  
 \*Dexamethasone 40 mg on Days 1, 2, 8, 9, 15, 16, 22, 23 of Cycles 1-2 and Days 1 & 2 of Cycles 3-4; 20 mg on Days 8, 9, 15, 16 of Cycles 3-4; 20 mg on Days 1, 2, 8, 9, 15, 16 of Cycles 5-6.

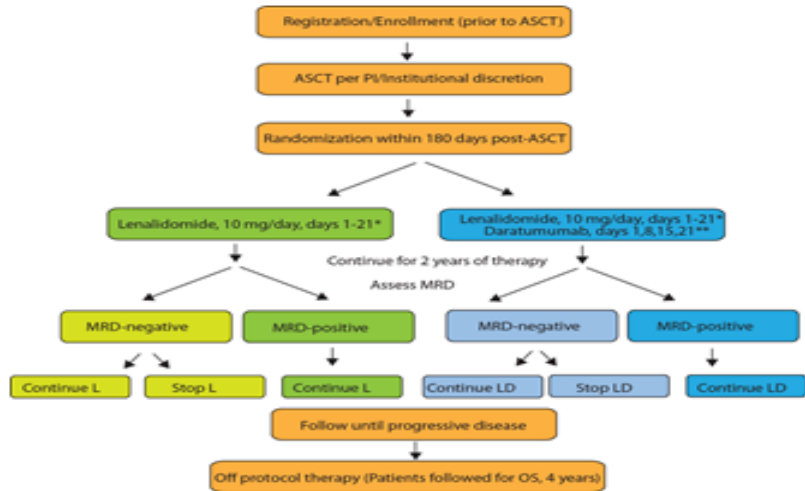
PRESENTED AT: 2019 ASCO ANNUAL MEETING

#ASCO19

PRESENTED BY: Philippe Moreau, MD

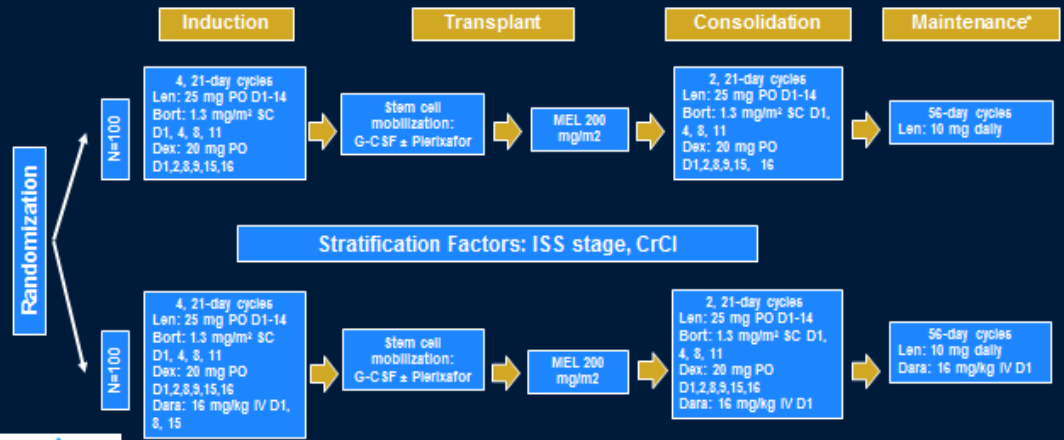
Moreau P et al Lancet 2019<sup>4</sup>

## Treatment/Schema



\*After 3 months, may be raised to 15 mg/day if ANC and platelet counts acceptable; non-heme tox to Gr 0-1  
 \*\*Dosing will be changed to monthly dosing after month 2

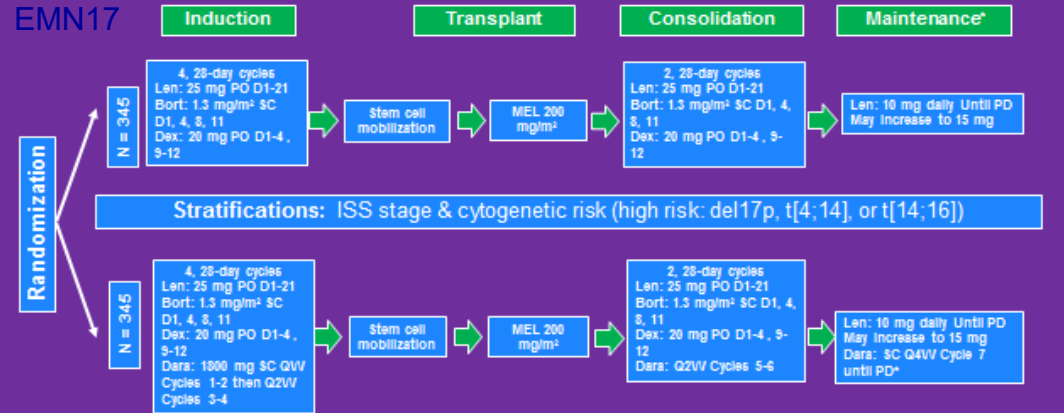
AFT-29 / MMY2004. A randomized, phase II study of lenalidomide, bortezomib and dexamethasone +/- daratumumab with Safety Run-in: P.I. Peter Voorhees



\*Maintenance on protocol therapy lasts 2 years but patients are encouraged to remain on lenalidomide monotherapy until disease progression thereafter

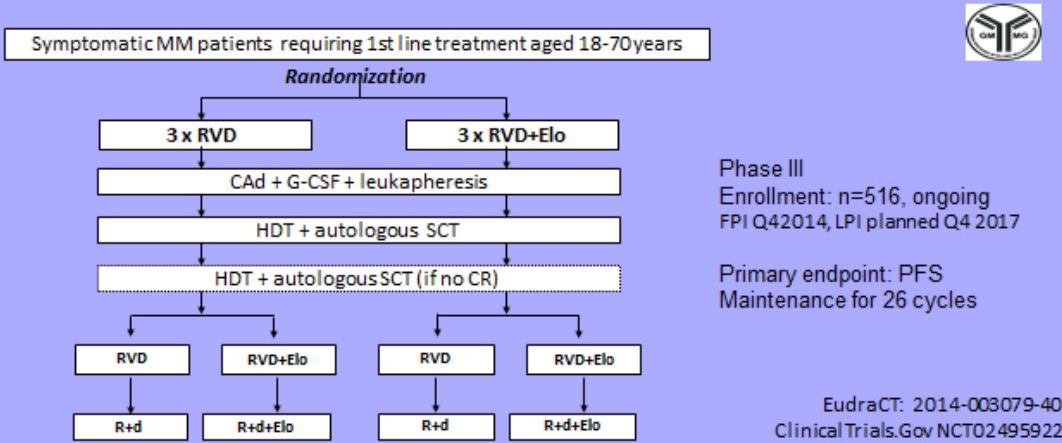
Bortezomib, lenalidomide, and dexamethasone (VRd) ± daratumumab (DARA) in pts with transplant-eligible (TE) newly diagnosed multiple myeloma (NDMM): A multicenter, randomized, phase III study (PERSEUS).

EMN17



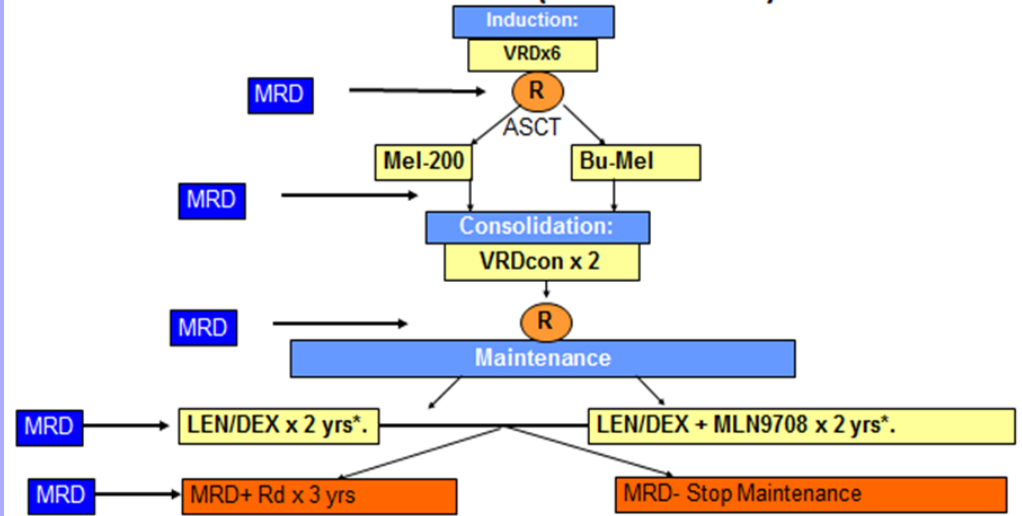
N=890. Primary Outcome: PFS, ~ up to 9 yrs on protocol therapy. \*All pts receive Len until PD. MRD-negative (10\*) NGS, pts in DARA arm will stop DARA after MRD negativity for 12 mo & ≥24 mo of maintenance. Pts continue len maintenance until PD or unacceptable toxicity. For DARA arm pts, Upon loss of CR or MRD-negative status, restart DARA treatment. <https://clinicaltrials.gov/ct2/show/NCT03710603>

## GMMG HD6: NDMM transplant-eligible



A, Adriamycin; C, Cyclophosphamide; D, Dexamethasone; Elo, Elotuzumab; HDT, High Dose Therapy (melphalan); R, lenalidomide; SCT, Stem Cell Transplant; V, Bortezomib.

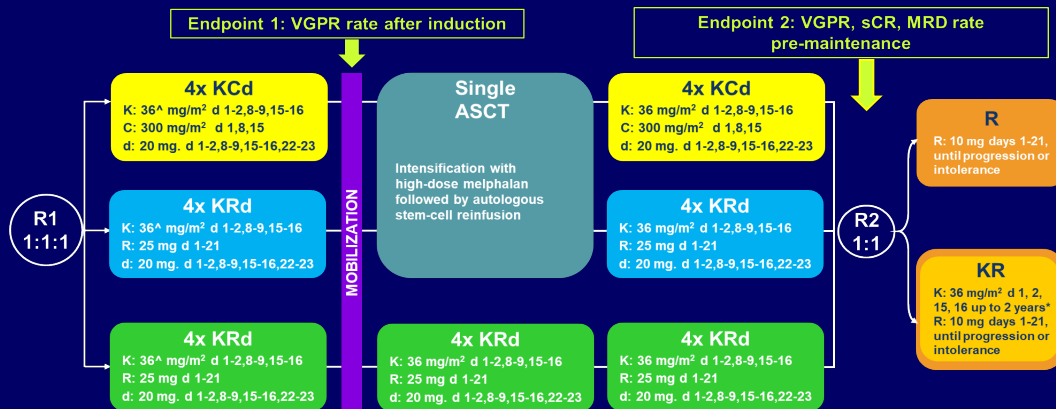
## Maintenance (GEM14 MAIN)



\* Patients with positive MRD will continue with LEN/DEX for 3 more years

## FORTE Trial design

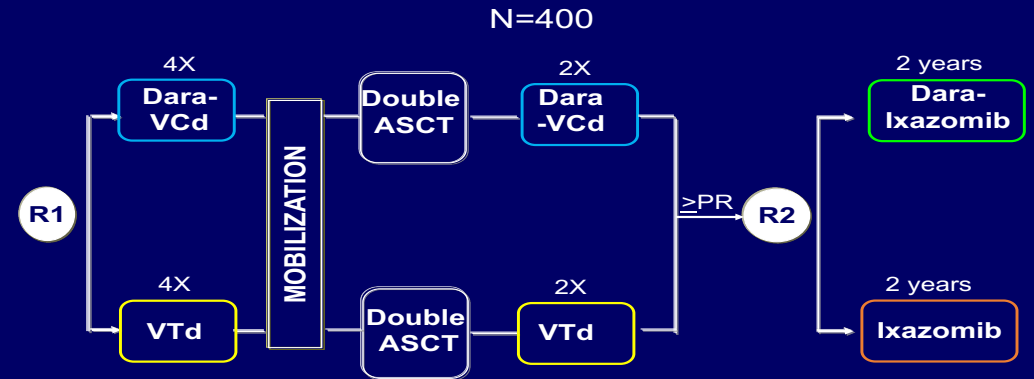
NDMM patients, transplant-eligible and younger than 65 years



<sup>A</sup>20 mg/m<sup>2</sup> on days 1-2, cycle 1 only. \*Carfilzomib 70 mg/m<sup>2</sup> days 1, 15 every 28 days up to 2 years for patients that have started the maintenance treatment from 6 months before the approval of Amendment 5.0 onwards.

R1, randomization 1; R2, Randomization 2; IQR, interquartile range; K, carfilzomib; C, cyclophosphamide; R, lenalidomide; d, dexamethasone; d, days; ASCT, autologous stem cell transplant; R, lenalidomide; KR, carfilzomib, lenalidomide. NDMM, newly diagnosed multiple myeloma; VGPR, very good partial response.

## EMN18 Treatment schema



R: randomization; Dara-VCd: Daratumumab, Bortezomib, Cyclophosphamide, Dexamethasone; VTd: Bortezomib, Thalidomide, Dexamethasone; ASCT: autologous stem cell Transplant; Dex: Dexamethasone

## Summary

- Lenalidomide maintenance after ASCT is the current approved standard
- Optimal duration/MRD driven strategy to be addressed
- Unclear benefit in high-risk (definition/sensitivity to lenalidomide)
- Novel combination approach may be better in high-risk patients →  
PI/Pis + IMiDs ? MoAbs?
- Prospective trials with random stratified for risk are needed

## We are grateful to all patients, nurses and physicians of the participating centers

1. ALESSANDRIA	Ladetto, Baraldi	33. GENOVA	Angelucci, Dominiotto	65. REGGIO EM.	Merli, Gamberi
2. ANCONA	Leoni, Offidani	34. LATINA	Cimino	66. RIMINI	Tosi
3. ASCOLI PICENO	Galieni	35. LECCE	Di Renzo	67. RIONERO	Musto
4. ASTI	Saracco, Marchetti	36. LECCO	Ardizzola, Ferrando	68. RIETI	Ceribelli
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8. BARI	Specchia	40. MESSINA	Musolino, Allegra	72. ROMA	Bagnato, Bongarzoni
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16. BRINDISI	Melpignano	48. NAPOLI	Pane, Catalano	80. ROZZANO	Santoro, Nozza
17. CAGLIARI	Derudas	49. NAPOLI	Ferrara, Rocco	81. S. G. ROTONDO	Cascavilla, Falcone
18. CAGLIARI	La Nasa, Ledda	50. NOCERA INF.	Califano	82. SASSARI	Dore, Podda
19. CAMPOBASSO	Storti	51. NOVARA	Gaidano, De Paoli	83. SIENA	Bocchia, Gozzetti
20. CANDIOLLO	Aglietta, Rota Scalabrini	52. NUORO	Latte, Gabbas	84. TERNI	Liberati
21. CATANIA	Di Raimondo	53. ORBASSANO	Guerrasio, Guglielmelli	85. TORINO	Boccardo, Bringham, Gay, Larocca
22. CATANZARO	Molica, Piro	54. PADOVA	Semenzato, Zambello	86. TORINO	Vitolo, Pregno, Benevolo
23. CESENA	Ronconi, Augello	55. PALERMO	Fabbiano, Cangialosi	87. TORINO	Saglio
24. CIRIÉ/CHIVASSO/IVREA	Freilone, Falco, Aitoro	56. PALERMO	Siragusa	88. TREVISO	Gherlinzoni
25. CIVITANOVA	Centurioni	57. PARMA	Aversa, Giuliani	89. TRICASE	Pavone
26. COSENZA	Morabito, Gentile	58. PAVIA	Cazzola, Corso	90. TRIESTE	Festini, De Sabbata
27. CREMONA	Lanza	59. PAVIA	Pavesi, Fregoni	91. UDINE	Fanin, Patriarca
28. CUNEO	Massaia, Grasso	60. PERUGIA	Falini, Ballanti	92. VENEZIA	Bassan
29. FIRENZE	Bosi, Nozzoli	61. PESARO	Visani	93. VERCELLI	Ardizzone
30. FOGGIA	Capalbo	62. PESCARA	Di Bartolomeo, Spadano	94. VERONA	Ambrosetti, Meneghini
31. GALLARATE	Ciambelli	63. RAVENNA	Lanza, Cellini	95. VICENZA	Rodeghiero, Elice
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