## Highlights from IMW 2019



Aldo M. Roccaro, MD, PhD Come e quando valutare l'MRD nel sangue periferico

*Coordinatore Scientifico* Michele CAVO Comitato Scientifico Mario BOCCADORO Michele CAVO Maria Teresa PETRUCCI



## Conflict of Interest Disclosure: Aldo M Roccaro

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Highlights from IMW 2019

19-20 novembre 2019 Bologna

### **Rational for testing MRD in MM using peripheral blood samples**

Avoid serial assessments requiring repeated BM aspirate sampling
 Negative MRD may be obtained as a result of dilution of BM with blood and/or the patchy distribution of transformed plasma cells

Are malignant plasma cells detectable within a peripheral blood specimen?

Flow cytometry NGS Mass spectrometry

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Thomas E. Witzig, Teresa K. Kimlinger, Gregory J, Ahmann, Jerry A. Katzmann, and Philip R. Greipp

Division of Internal Medicine and Hematology (T.E.W., P.R.G.) and Department of Laboratory Medicine and Pathology (T.K.K., G.J.A., J.A.K.), Mayo Clinic and Mayo Foundation, Rochester, Minnesota

Cytometry (Communications in Clinical Cytometry) 26:113–120 (1996)

AIM: to identify circulating plasma cells from whole blood specimens, using

✓ two-color FC (CD38; CD45)

✓ three-color FC (CD38; CD45;  $\kappa$ ;  $\lambda$ )

Witzig et al, Cytometry, 1996

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Fig. 4. Flow cytometry dot-plots of the mononuclear cells from a patient with documented monoclonal  $\lambda$  plasma cells by immunofluorescence microscopy. a: CD45PerCP vs. CD38PE. Gate 1 contains CD38<sup>bright</sup>CD45- cells; Gate 2, CD38<sup>bright</sup>CD45<sup>dim</sup> cells; and Gate 3, CD38<sup>bright</sup>CD45+ cells. b, c, and d: The kappa/ lambda analysis on the cells in gates R1, R2, and R3, respectively. Monoclonal lambda cells are found predominantly in the CD38<sup>bright</sup>CD45- and CD38<sup>bright</sup>CD45<sup>dim</sup> cell populations.

Flow cytometry of mononuclear cells from a patient with IF microscopy- documented monoclonal  $\lambda$  plasma cells CD38<sup>bright</sup>/CD45<sup>neg</sup>/ $\lambda$ CD38<sup>bright</sup>/CD45<sup>dim</sup>/ $\lambda$ 

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CD38<sup>bright</sup>/CD45<sup>dim</sup>/ $\lambda$ Out of the IF microscopy positive cases two-color: detection 94% Three-color: detection 77% Whole Blood Flow Cytometry Ab anti-CD38 and -CD45

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Practical and reliable method to detect and quantify

circulating malignant myeloma plasma cells

Witzig et al, Cytometry, 1996





circulating neoplastic PCs vs matched BM ✓ ✓ mostly quiescent: arrested in the subGO-C lower S-phase

lower G2/M



downregulation (P < .05) of:

- ✓ integrins
   (CD11a/CD11c/CD29/CD49d/CD49e)
- ✓ adhesion (CD33/CD56/CD117/CD138)
- ✓ activation molecules (CD28/CD38/CD81)







circulating neoplastic PCs vs matched BM✓ different cytogenetic profile



CTCs: circadian distribution

- ✓ similar pattern to CD34 cells
- ✓ opposite to SDF-1 plasma levels and CXCR4 surface expression on clonal PCs
- ✓ CTCs may egress to PB to colonize/metastasize other sites in the BM during the patients' resting period

## CTCs represent a unique subset of the whole BM clonal PC



## compartment

 CTCs clustered in a uniquely restricted area of that occupied by BM clonal PCs: 12/15

iPEP of BM clonal PCs is represented by 1 and 2 SD lines paired CTCs are represented by black dots.





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### Detailed characterization of multiple myeloma circulating tumor cells shows unique phenotypic, cytogenetic, functional, and circadian distribution profile

## Correlation between the immunophenotype of tumor PCs in paired PB and BM samples from newly diagnosed MM



PB-CTPCs: peripheral blood-circulating tumor plasma cells BM-TPCs: bone marrow-tumor plasma cells PB-CTPCs vs BM-TPCs: similar immunophenotypic profile

PB-CTPCs significantly lower (p < 0.05) of CD38, CD138, CD81, CD56, CD27, and Vs38c maturation-associated markers, CD117

more immature and less proliferative immunophenotype for paired PB vs. BM



Presence of CTPC in PB is associated with systemic disease (i.e., MGUS, SMM and MM) vs localized disease (i.e., macrofocal MM, solitary plasmacytoma)



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All treated MM patients who showed CTPC after therapy always showed MRD + of paired BM samples (data not shown)

persistence/presence of CTPC in MM patients who had undergone therapy, might be used as a surrogate marker of BM MRD-positivity

**Preliminary results** 

Further validation needed

#### Are malignant plasma cells detectable within a peripheral blood specimen?

Flow cytometry NGS Mass spectrometry

✓ Circulating tumor DNA: promising non-invasive tool, for monitoring response to therapy

 ✓ Clonotypic V(D)J rearrangement: monitoring MM ctDNA after treatment initiation Non-responders/progressors: detectable ctDNA at times of high tumor burden compared with less than half of responders

> Kumar S, et al. Lancet Oncol, 2010; Buedts L, et al. Haematologica, 2016 Wan JCM, et al. Nar Rev Cancer, 2017; Oberle A, et al. Haematologica 2017; Perrot A, et al, Blood, 2018

MRD by NGS Clonotypic V(D)J rearrangement: peripheral blood vs matches BM samples

Mazzotti C, et al, Blood Advances, 2018

	Plasma MRD positive	Plasma MRD negative	Total
Bone marrow MRD positive	8	18	26
Bone marrow MRD negative	1	10	11
Total	9 (PPV <sub>plasma</sub> = 89%)	28 (NPV <sub>plasma</sub> = 36%)	37

 Table 1. Comparison of MRD status obtained in plasma and in bone

 marrow

NPV<sub>plasma</sub>, negative predictive value of MRD assessed from plasma sample; PPV<sub>plasma</sub>, positive predictive value of MRD assessed from plasma sample.

✓ At the time of MRD (n. 37): 49% (18/37) consistency between paired plasma and BM

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✓ MRD assessment of ctDNA: only 36% negative predictive value; 89% positive predictive value

 ✓ No quantitative correlation between plasma and BM was found, including when MRD was positive in both samples

Mazzotti C, et al, Blood Advances, 2018

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Only 1 discrepant case in which MRD was plasma-positive and BM-negative

A) Extramedullary (EM) relapse  $\longrightarrow$  PET/CT negative for EM relapse (at the time of MRD)

B) False-negative result in BM — Not PB-diluted

Patchy nature of the disesase within the BM Possibly, additional BM sample analysis may have revealted MRD positivity withn the BM

Mazzotti C, et al, Blood Advances, 2018

Only 39% of patients with less than a VGPR displayed detectable ctDNA

ctDNA was undetectable in 69% of patients with MRD detected within the BM

ctDNA may not serve as a sufficient analyte for MRD monitoring

Oberle C, et al. Haematologica, 2017

#### Are malignant plasma cells detectable within a peripheral blood specimen?

Flow cytometry NGS Mass spectrometry

mass spectrometry

targets the (M- protein) similar to conventional electrophoresis

looks for the unique mass of the unique amino acid sequencing on each monoclonal Ig

much higher sensitivity

miRAMM: monoclonal immunoglobulin rapid accurate mass measurement

(sCR, post ASCT)

**At Diagnosis Day 100 Post-ASCT Day 300 Post-ASCT** 22817.000 miRAMM Relapse 22816.000 Mass Mass Mass Intensity (x10<sup>3</sup>) Intensity (x10<sup>3</sup>) Intensity (x10<sup>5</sup>) 22,817 22,816 Da undetected miRAMM relapsed 23051.000 Intensity Intensity Intensity 0 1,200 400,000 23031 22877.0000

Mills JR, et al. Blood Cancer J, 2017

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Mills JR, et al. Blood Cancer J, 2017

Eveillar M, et al. ASCO 2019, #e19525

Matrix-Assisted Laser Desorption/Ionization - Time-Of-Flight mass spectrometer

**MALDI-TOF** in PB vs flow cytometry BM-based

MRD results were concordant for 44/71 (62%) patients (8+/+, 36 -/- respectively) 27 were discordant (10 +/-, 17-/+)

Eveillard M, et al. ASCO, Abstract 2019, e19525

### When to evaluate MRD?

With courtesy and permission of Dr. B. Paiva IMW 2019, Boston, MA, USA

#### MRD evaluation is prognostic at any time point. Consider evaluating to:



 $\checkmark$ 



**Bone marrow-based MRD** 



#### **Take-home Points**

- Existing recommendations for MRD testing (i.e., to be performed for VGPR in addition to CR) are all related to the BM-based evaluation.
- One-time, blind BM aspiration biopsy is not able to provide information of the cancer on its entirety and can introduce bias and false negatives. A peripheral blood approach could potentially overcome these problems.
- ctDNA may not serve as a sufficient analyte for MRD monitoring.
- ✓ CTCs: possible source for monitoring MRD by NGF.
- Mass-spectrometry-based assay are being taken into consideration.