# Stopping therapy with targeted therapies: will it be possible in the future?

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## Disclosures – Peter Hillmen

### Advisor/consultant

- Abbvie
- Acerta
- Gilead
- Janssen
- Novartis/GSK
- Pharmacyclics
- Roche

### **Research/trial support**

- Abbvie
- Gilead
- Janssen
- Novartis/GSK
- Pharmacyclics
- Roche

No share ownership, patents or board membership

## Is continuous targeted therapy desirable?

Not ideal for all patients – tolerability, resistance and cost

If we are going to stop targeted therapy how should the duration of therapy be defined?

- Fixed duration of therapy for all patients
   Or
- Therapy tailored to response in individual patients

## Minimal residual disease eradication predictive in both previously untreated and treated patients



### Applying mathematical modelling to the treatment of CLL



#### Full double integral: probability of relapse for the whole population (cdf):

The resistant tumour is log-normally distributed, and not all tumours necessarily achieve CR (v is not always less than  $V_r$ ). Let the probability of achieving CR be  $P_c$ . Then the probability, P, of relapse before a given time t for the whole population is:

$$P = \frac{\int_{V_0}^{V_r} \left(\frac{1}{\sigma_v \sqrt{2\pi}}\right) exp\left(-\frac{(\mu_v - v)^2}{2\sigma_v^2}\right) \int_{-\infty}^{U_t} \left(\frac{1}{\sigma_g \sqrt{2\pi}}\right) exp\left(-\frac{(\mu_g - g)^2}{2\sigma_g^2}\right) dg dv}{P_c}$$
(2)

where

$$P_{c} = \int_{-\infty}^{v_{r}} \left(\frac{1}{\sigma_{\nu}\sqrt{2\pi}}\right) exp\left(-\frac{(\mu_{\nu}-\nu)^{2}}{2{\sigma_{\nu}}^{2}}\right) d\nu$$
(3)

as described.

Hypothesised effect on the duration of 1<sup>st</sup> CR in AML of reductions in the log of resistant disease (1 log increments)



### ADMIRE/ARCTIC Trial (FCR-Based Treatment): Sequential Benefit in PFS per Log Reduction in MRD

#### **Progression-free Survival**



FCR, fludarabine, cyclophosphamide, rituximab.

Rawstron AC, et al. XVI iwCLL Annual Meeting 2015.







### Assumed regrowth rates of resistant disease time, t **CLINICALLY** V **DETECTABLE DISEASE** r LOG OF RESISTANT DISEASE MEAN LOG DOUBLING TIME, d +/- 2 SD'S ON MEAN LOG **DOUBLING TIME RESIDUAL DISEASE FOR AN INDIVIDUAL PATIENT** 'CURE' THRESHOLD **v**<sub>0</sub> TIME



Total 68 patients monitored, 31 persistent MRD <0.01%, 5 insufficient MRD+ timepoints.



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#### Assuming Exponential Growth at the MRD Level → Linear Increase in PFS per Log Tumour Depletion



CR, complete remission; PR, partial remission.



### MURANO trial establishes feasibility of time-limited venetoclax-rituximab combination therapy in relapsed/refractory chronic lymphocytic leukemia

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### MURANO study: Venetoclax+rituximab in relapsed CLL



 Primary endpoint: investigator-assessed PFS; secondary endpoints include rate of undetectable MRD (uMRD)

- Clinical response and MRD in PB/BM during Ven single-agent and at follow-up visits were assessed every 3 mo for 3 yrs, then every 6 mo thereafter or until PD
- Primary analysis was pre-planned at 140 PFS events; this follow-up analysis was conducted 1 yr later

BM, bone marrow; C, cycle; D, day; PB, peripheral blood; R, randomized.

Seymour JF, et al. N Engl J Med 2018;378:1107–20.

"Protracted" treatment free interval & prolonged survival: Venetoclax (2 years) + rituximab in relapsed CLL (MURANO Trial)



• Median follow-up 36.0 mo (range 0.0–48.6); VenR 36.1 mo, BR 35.9 mo

Seymour J et al, ASH, 2018

Data cut-off date: May 8, 2018

## MRD status over time in VenR arm: high uMRD rate is sustained



- Few low-MRD+ pts progressed
- Pts who did progress had mainly converted to high-MRD+ first

Data cut-off May 8, 2018; median follow-up: 36.0 months. Missing values also include pts who have not yet reached the time point

## After cessation of Ven monotherapy at EOT most patients did not progress





### GCLLSG CLL14 Trial:

### Venetoclax+obinutuzumab vs Chlorambucil+obinutuzumab

12 month fixed duration of therapy in both arms





### Ibrutinib Plus Venetoclax in Relapsed, Refractory CLL: Results of the Bloodwise TAP CLARITY Study

Peter Hillmen, Andy Rawstron, Kristian Brock, Samuel Muñoz-Vicente, Francesca Yates, Rebecca Bishop, Donald MacDonald, Christopher Fegan, Alison McCaig, Anna Schuh, Andrew Pettitt, John G. Gribben, Piers Patten, Stephen Devereux, Adrian Bloor, Christopher P. Fox, Francesco Forconi, Talha Munir

> Abstract: 182 Saturday, December 1, 2018: 2:15 PM



Stopping rules: Duration of therapy is double time to MRD4 negative 1) MRD negative (<0.01%) at M8 stop I+V at M14

- 2) MRD negative (<0.01%) at M14 or M26 stop I+V at M26
- 3) MRD positive (≥0.01%) at M26 continue ibrutinib monotherapy

Hillmen et al. ASH 2018; Abst 182

## IWCLL Responses in rel/refr CLL Month 14 (12 months I+V)



	No.	CR	CRi	PR	ORR
All patients*	49	22 (44%)	5 (10%)	20 (40%)	47 (94%)
FCR/BR relapsed <36 months <sup>1</sup>	20	8 (40%)	2 (10%)	9 (45%)	19 (95%)
Prior idelalisib <sup>2</sup>	9	3 (33%)	1 (11%)	4 (44%)	8 (89%)

<sup>1</sup> Percentages calculated over the total number of patients who had FCR/BR and relapsed <36 months and have been assessed for response <sup>2</sup> Percentages calculated over the total number of patients who had Idelalisib before joining the study and have been assessed for response

Date of data lock: 05 November 2018

Hillmen et al. ASH 2018; Abst 182







## Assumed distribution of resistant disease at the start of treatment for the whole patient population







## The evolutionary landscape of chronic lymphocytic leukemia treated with ibrutinib targeted therapy



NATURE COMMUNICATIONS [8: 1816 | DOI: 10.1038/s41467-017-01968-5 | www.nature.com/naturecommunications Integrating evolutionary dynamics into treatment of metastatic castrate-resistant prostate cancer

Jingsong Zhang<sup>1</sup>, Jessica J. Cunningham<sup>2</sup>, Joel S. Brown<sup>2,3</sup> & Robert A. Gatenby<sup>2,4</sup>

#### Evolution of resistance to therapy $\rightarrow$ intra-tumoral Darwinian dynamics



Continuous therapy at maximal tolerated dose (MTD)

- Sensitive cells are rapidly eliminated and the resistant cells have a selective advantage leading to treatment failure

## STATIC: Stopping Therapy to Avoid Treatmentresistance In CLL



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### **Patient eligibility**

Previously untreated patients on ibrutinib in FLAIR (n=360) From IR, I or I+V arms; Will have been on ibrutinib for 6 years; MRD positive (can be MRD negative)

Previously treated or 17p deleted front-line (n=440) On ibrutinib (or alternative Btk inhibitor) for at least 2 years (no maximum) Normal lymphocyte count for at least 12 months; MRD positive (can be MRD negative)

Key exclusion criteria
Treatment break for toxicity/patient choice for >28 days in last 12 months

### STATIC: Stopping Therapy to Avoid Treatmentresistance In CLL Treatment strategies:

Continuous treatment

Ibrutinib (oral) 420mg per day (or other BTK inhibitor at licenced dose) until disease progression (strategy failure) as per iwCLL criteria, death or withdrawal.

#### Intermittent treatment strategy

Initial stopping criteria (defined within the eligibility criteria; all to be met and maintained continuously for preceding 12 months): no palpable lymph nodes (<2cm), no palpable spleen, absolute lymphocyte count (ALC) < $5x10^{9}$ /L. Treatment restart criteria: Any one of palpable lymph nodes (≥2cm), palpable spleen, or ALC >5 x10<sup>9</sup>/L.

<u>Treatment stop criteria</u>: Received at least a further 12 months of ibrutinib, no palpable lymph nodes or spleen, and  $<5 \times 10^9$ /L ALC for at least 6 months.

## Conclusions: Stopping targeted therapy in CLL

- 1. It is desirable to stop targeted therapy in CLL to:
  - a) Reduce the impact of toxicity
  - b) Reduce the emergence of resistance
  - c) Define and limit cost
- 2. How should we stop targeted therapy?
  - a) Fixed duration for all patients  $\rightarrow$  some patients will not have achieved their maximal response
  - b) Fixed duration tailored to individual patient response  $\rightarrow$  attractive but requires sophisticated approach
  - c) In good MRD positive remission with planned re-treatment?