

Is personalized therapy ready for primetime ?

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Press 1 if you have back pain with your myeloma

Press 2 if you are anemic with your myeloma

Press 3 if you cannot sleep because of dexamethasone

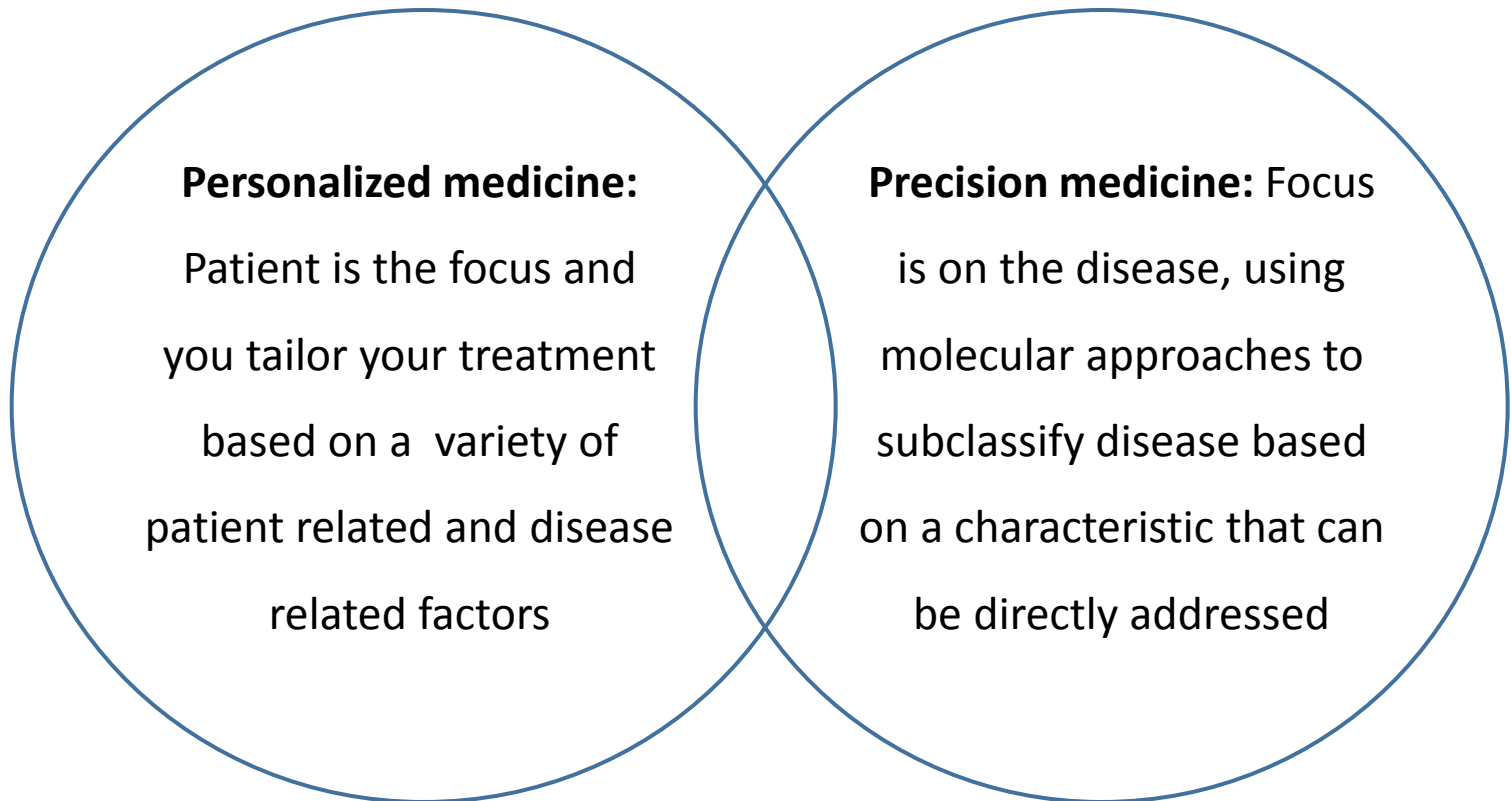
Press 4 if your fingers and toes are numb



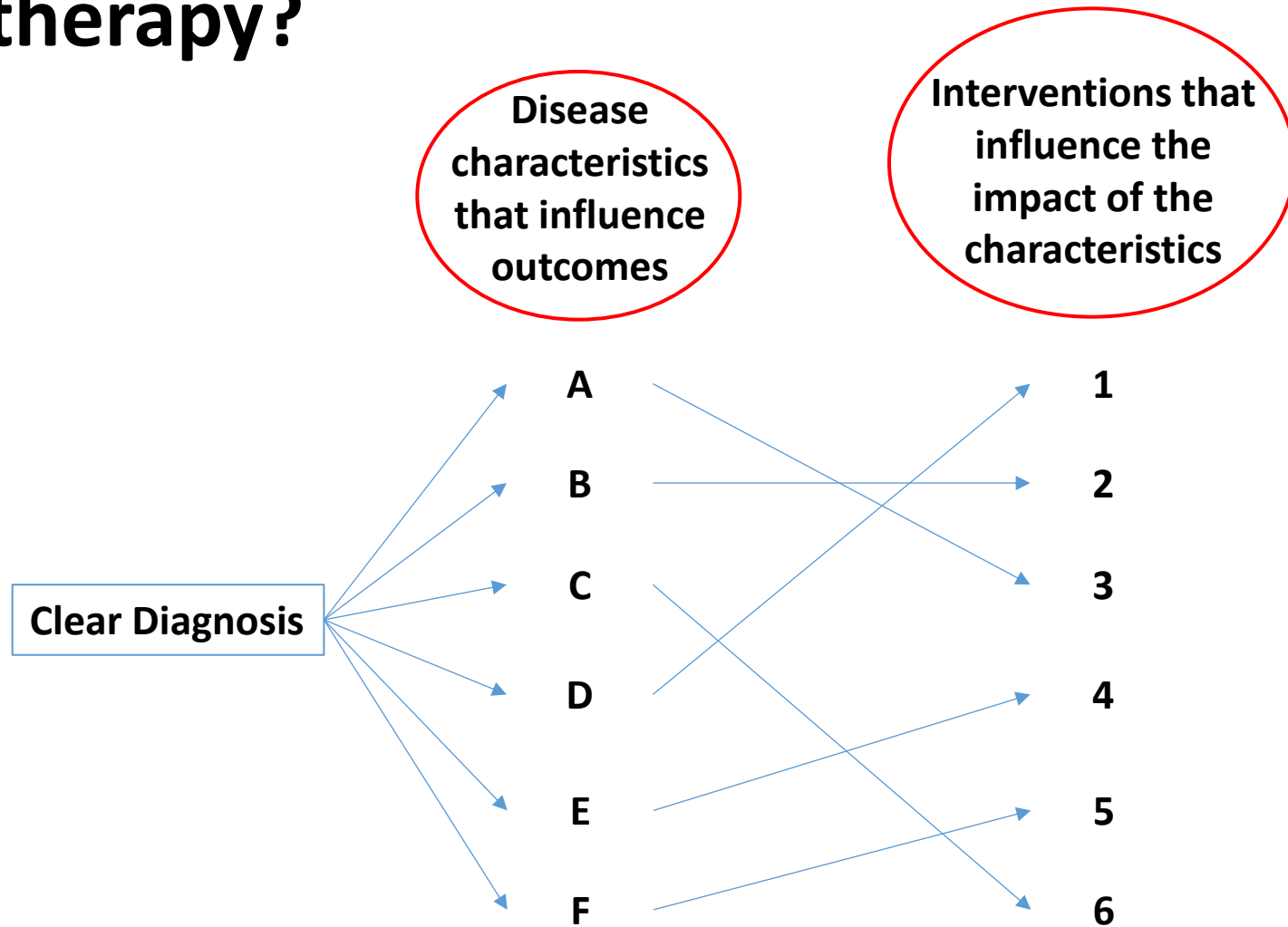
Personalized medicine

- As physicians, we always adapt the therapy to the patient, taking into account a multitude of factors
 - Disease characteristics
 - Patient wishes
 - Logistics etc....
- ***Customizing*** therapy to individual patient, based on specific ***characteristics***, leading to the ***optimal outcome***

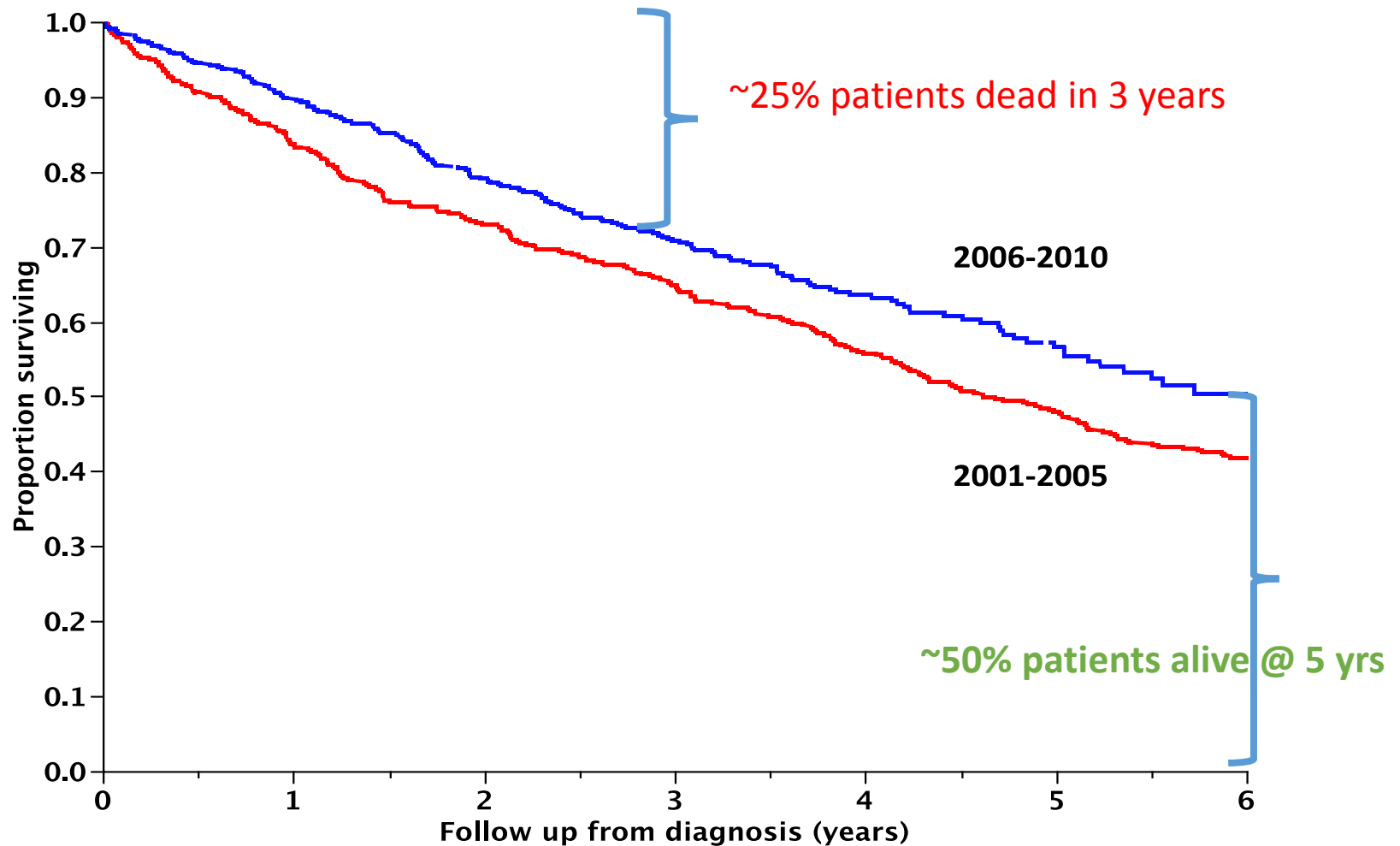
Personalized Medicine OR Precision Medicine?



What do we need for personalized therapy?



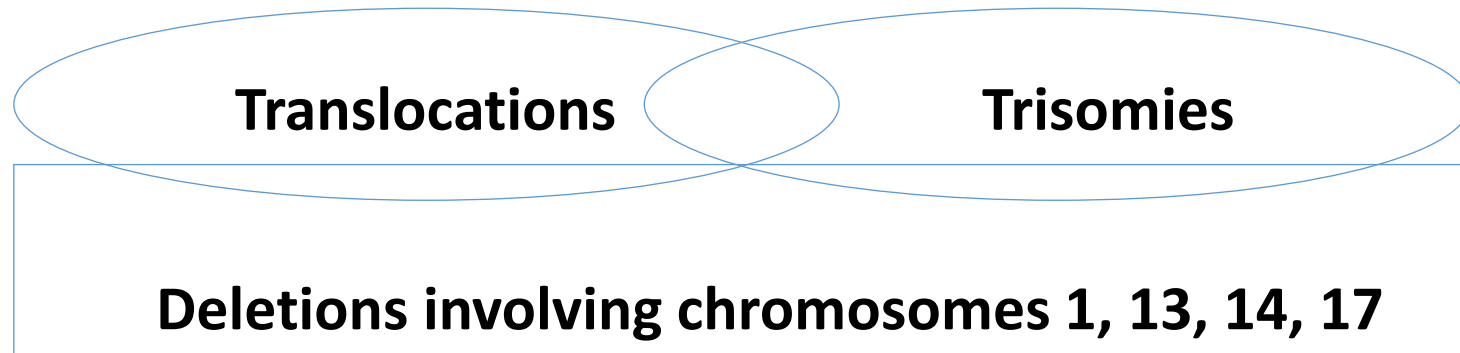
Myeloma is not one disease



What makes them different?

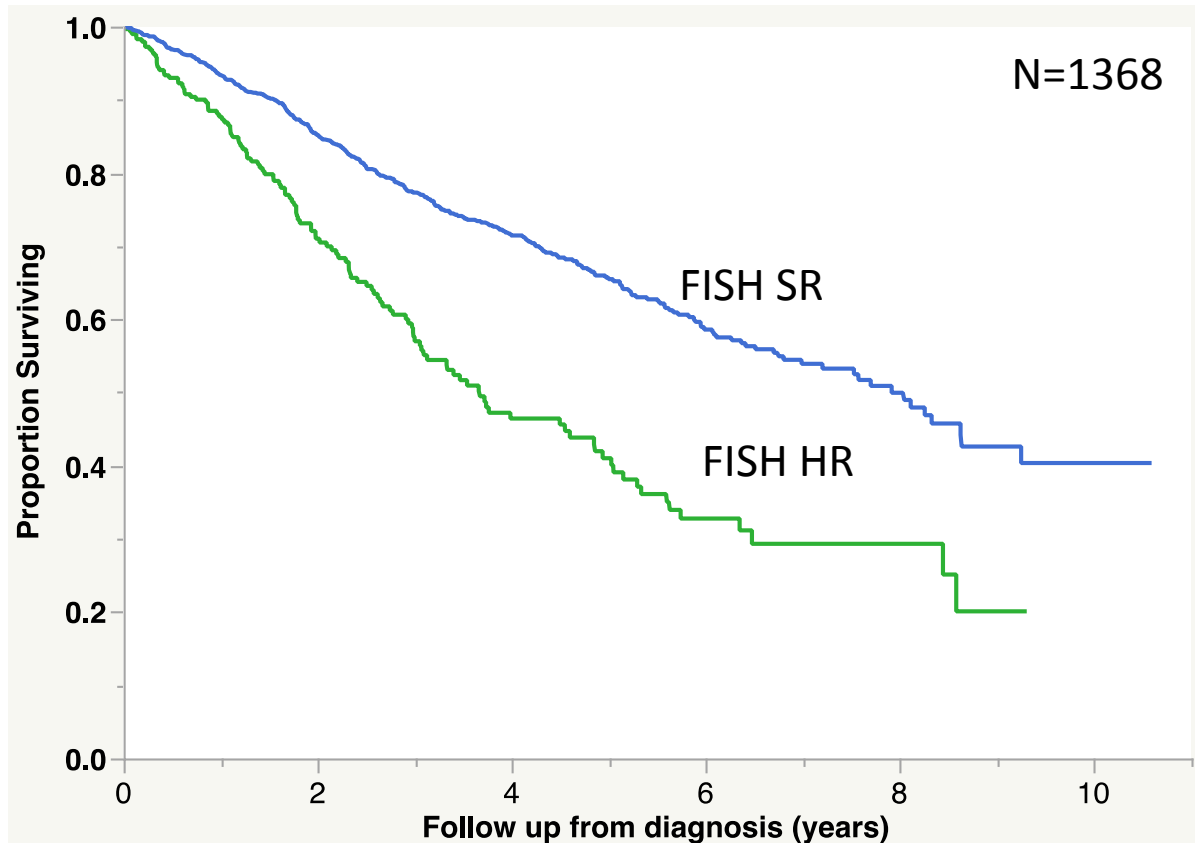
- ***Tumor clone:***
 - Genetic abnormalities
 - Proliferation, circulating cells etc.
- ***Host:***
 - Age, performance status
- ***Host and tumor:***
 - International staging system (ISS)
 - Immune parameters
- ***Variety of other “prognostic factors” have been described***

Genetic abnormalities in myeloma



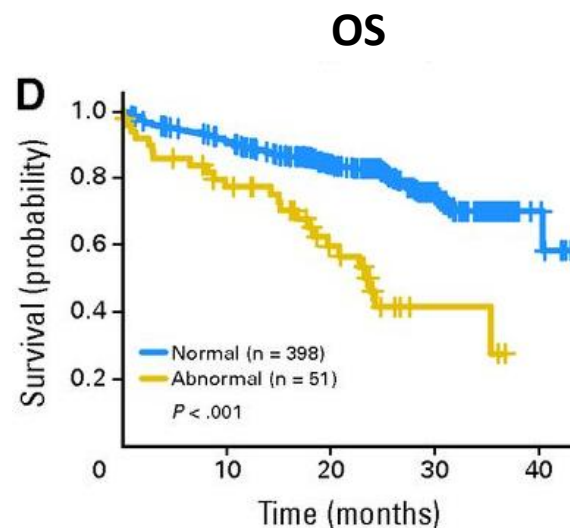
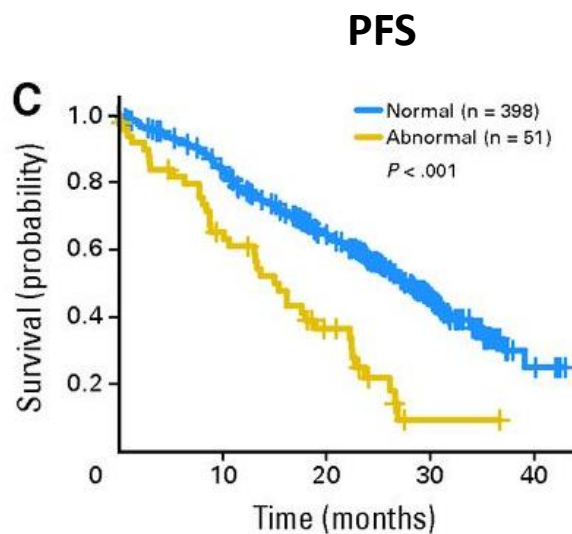
FISH abnormality	Frequency (%)
<i>Trisomy(ies) without IgH abnormality</i>	<i>201 (42%)</i>
<i>IgH abnormality without trisomy(ies)</i>	<i>146 (30%)</i>
<i>IgH abnormality with trisomy(ies)</i>	<i>74 (15%)</i>
<i>Monosomy 14 in absence of IgH translocations or trisomy(ies)</i>	<i>22 (4.5%)</i>
<i>Other cytogenetic abnormalities</i>	<i>26 (5.5%)</i>
<i>Normal</i>	<i>15 (3%)</i>

Impact of FISH high risk abnormalities

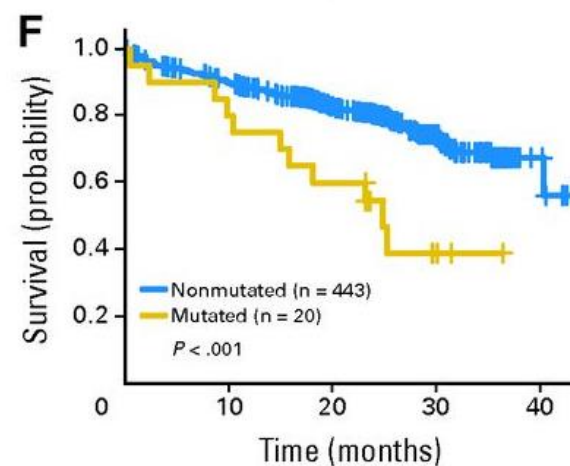
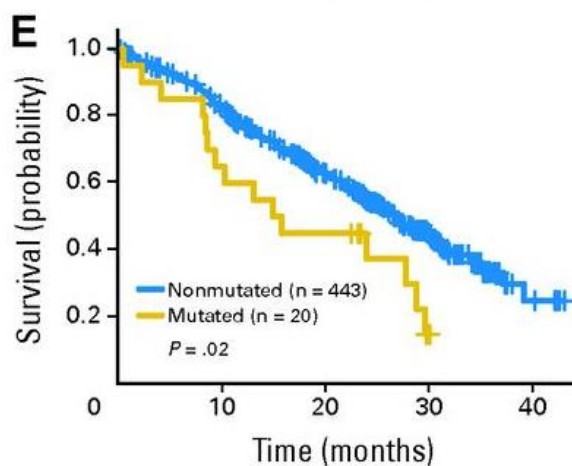


Mutations and outcomes

**P53
mutations**



**ATM/ATR
mutations**



Increasing number of tools

The old

- Alkylators
- Anthracyclines
- Corticosteroids



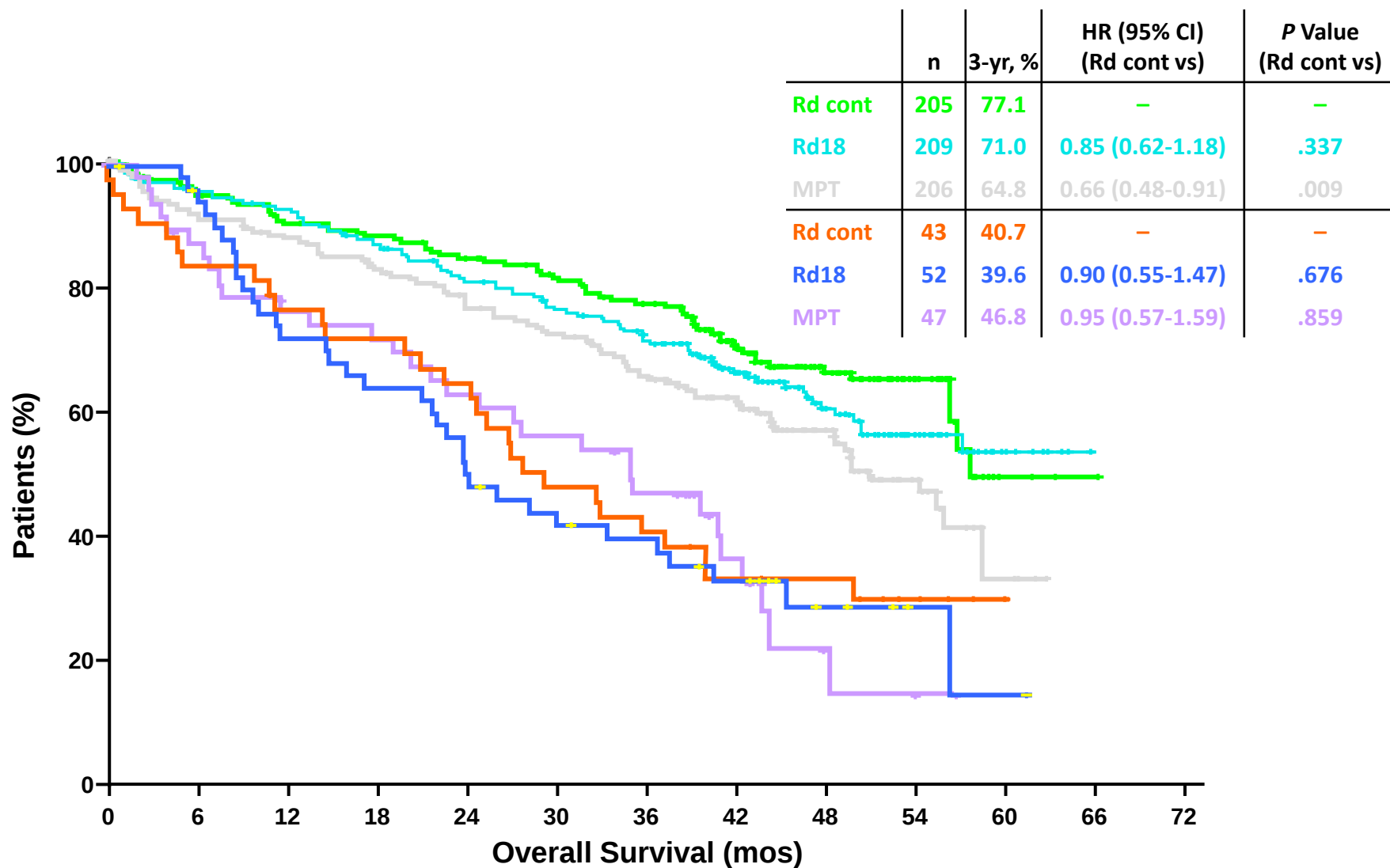
And the new....

- Proteasome inhibitors
- IMiDs
- HDAC inhibitors
- Monoclonal antibodies

Tailoring the intervention

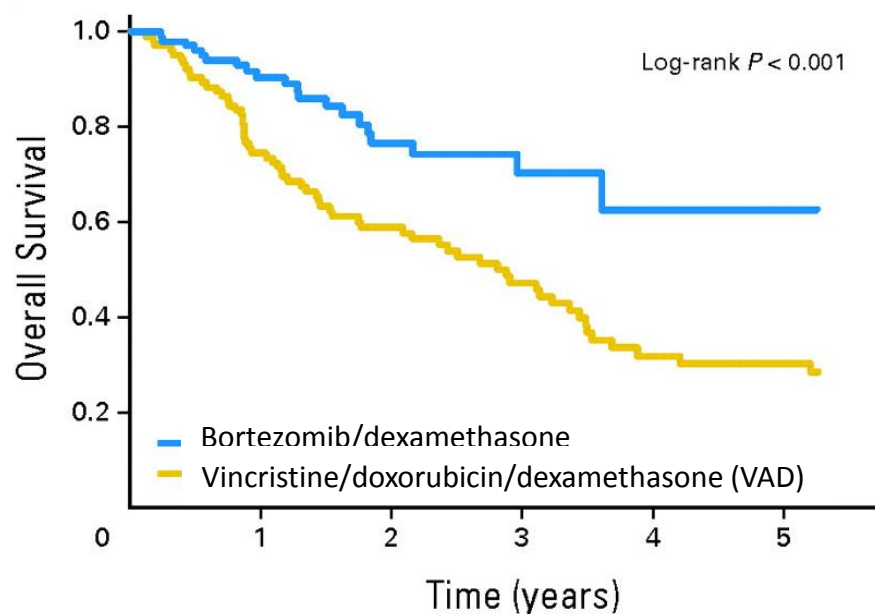
- Use of a specific ***drug*** or drug class
- Use of multidrug ***combinations***
 - E.g., PI + IMiD
- Varying the ***duration*** of therapy
 - Continuous vs. fixed
- Targeting a particular level of ***response***
 - E.g. CR or MRD negativity

What does not help high risk

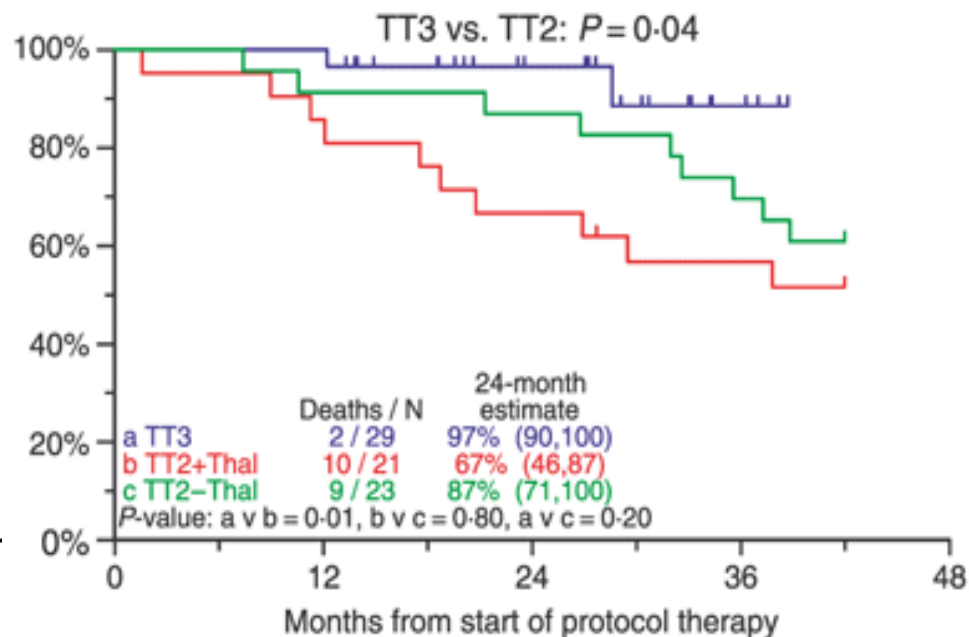


Bortezomib and t(4;14): OS Analysis

OS in pts with t(4;14) with induction



OS by GEP-defined FGFR3/MMSET subgroup



Outcomes by cytogenetic risk group

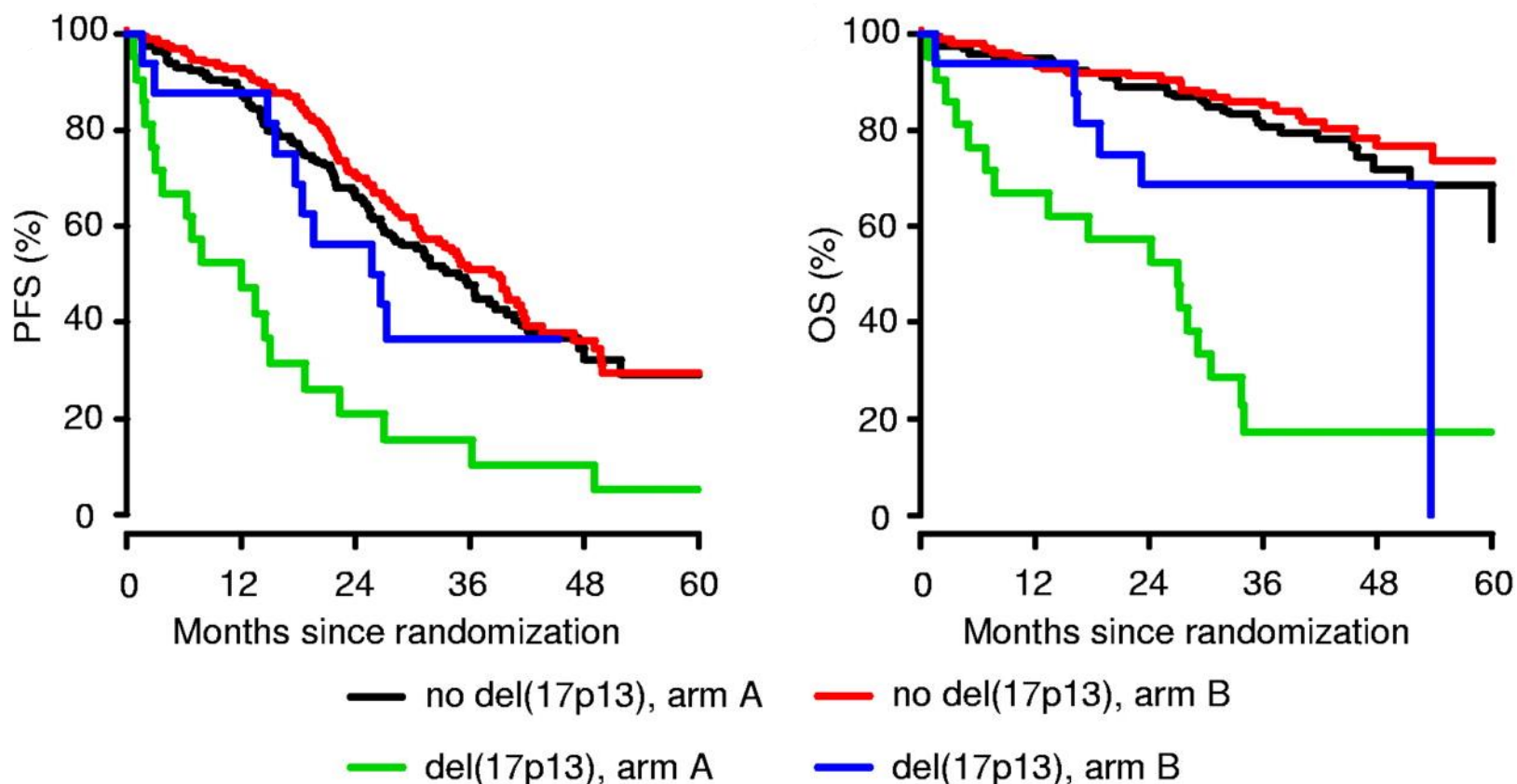
	ORR, %		≥VGPR, %		≥CR, %		Median PFS, months		
	IRd	Placebo-Rd	IRd	Placebo-Rd	IRd	Placebo-Rd	IRd	Placebo-Rd	HR
All patients	78.3*	71.5	48.1*	39	11.7*	6.6	20.6	14.7	0.742*
Standard-risk patients	80	73	51	44	12	7	20.6	15.6	0.640*
All high-risk patients	79*	60	45*	21	12*	2	21.4	9.7	0.543
Patients with del(17p) [†]	72	48	39	15	11*	0	21.4	9.7	0.596
Patients with t(4;14) alone	89	76	53	28	14	4	18.5	12.0	0.645

*p<0.05 for comparison between regimens. [†]Alone or in combination with t(4;14 or t(14;16).

Data not included on patients with t(14;16) alone due to small numbers (n=7).

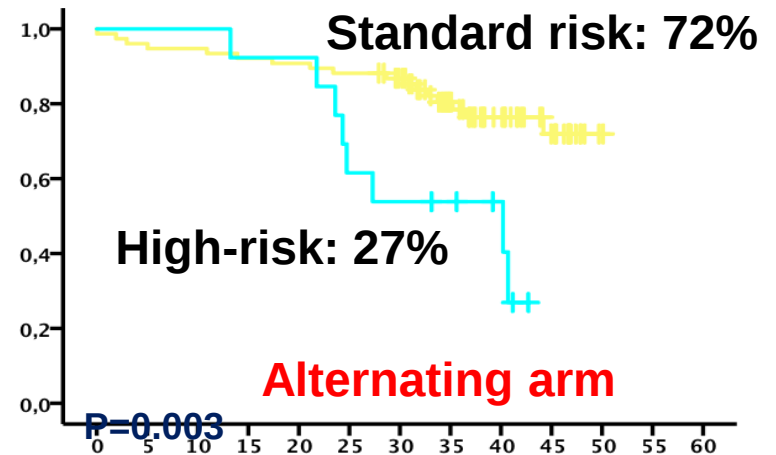
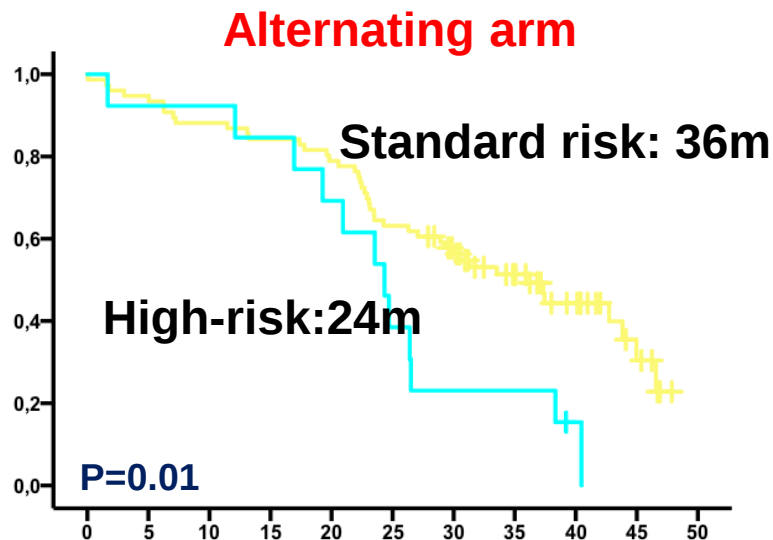
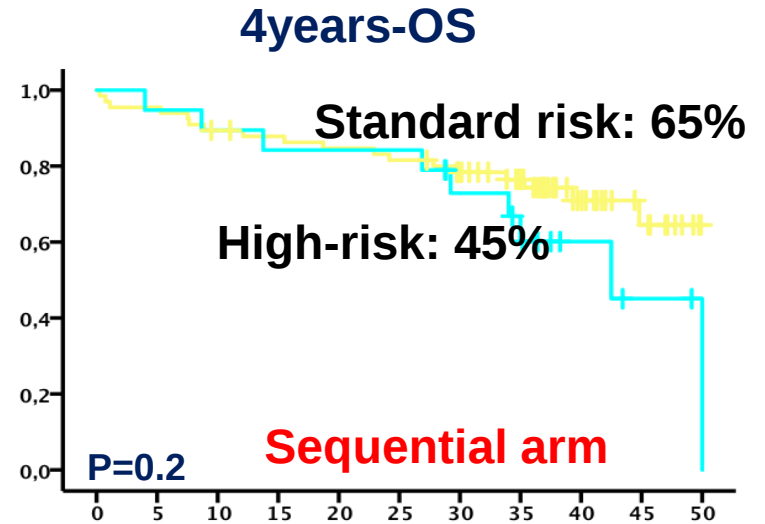
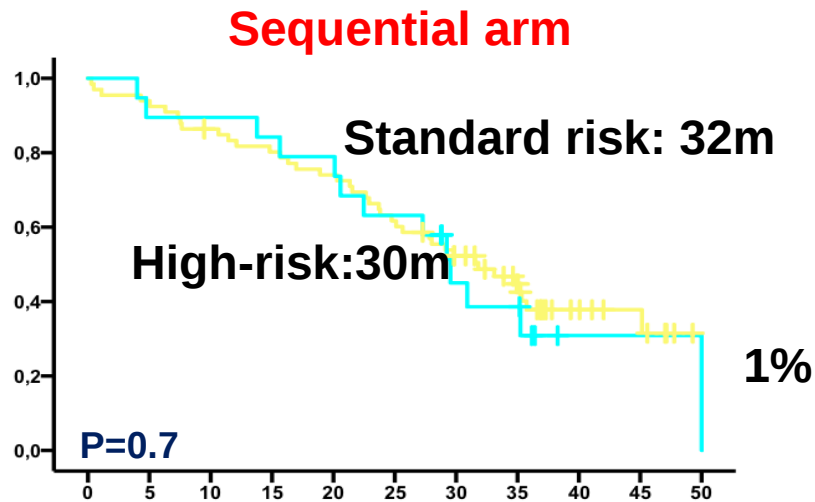
- In the IRd arm, median PFS in high-risk patients was similar to that in the overall patient population and in patients with standard-risk cytogenetics

Bortezomib and del(17p)

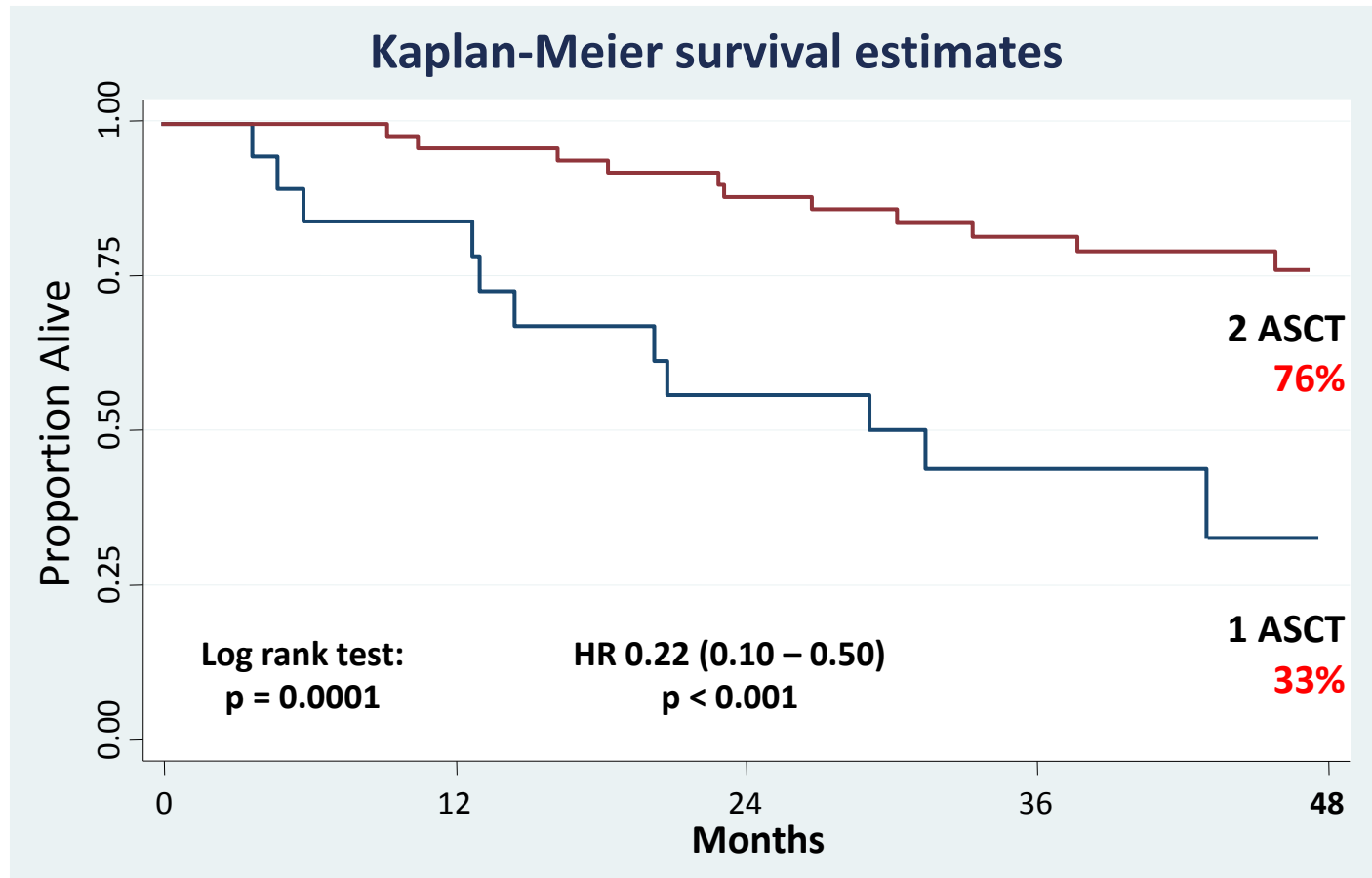


HOVON-65/GMMG-HD4: VAD induction, tandem SCT, and thalidomide maintenance vs PAD induction, tandem SCT, and bortezomib maintenance

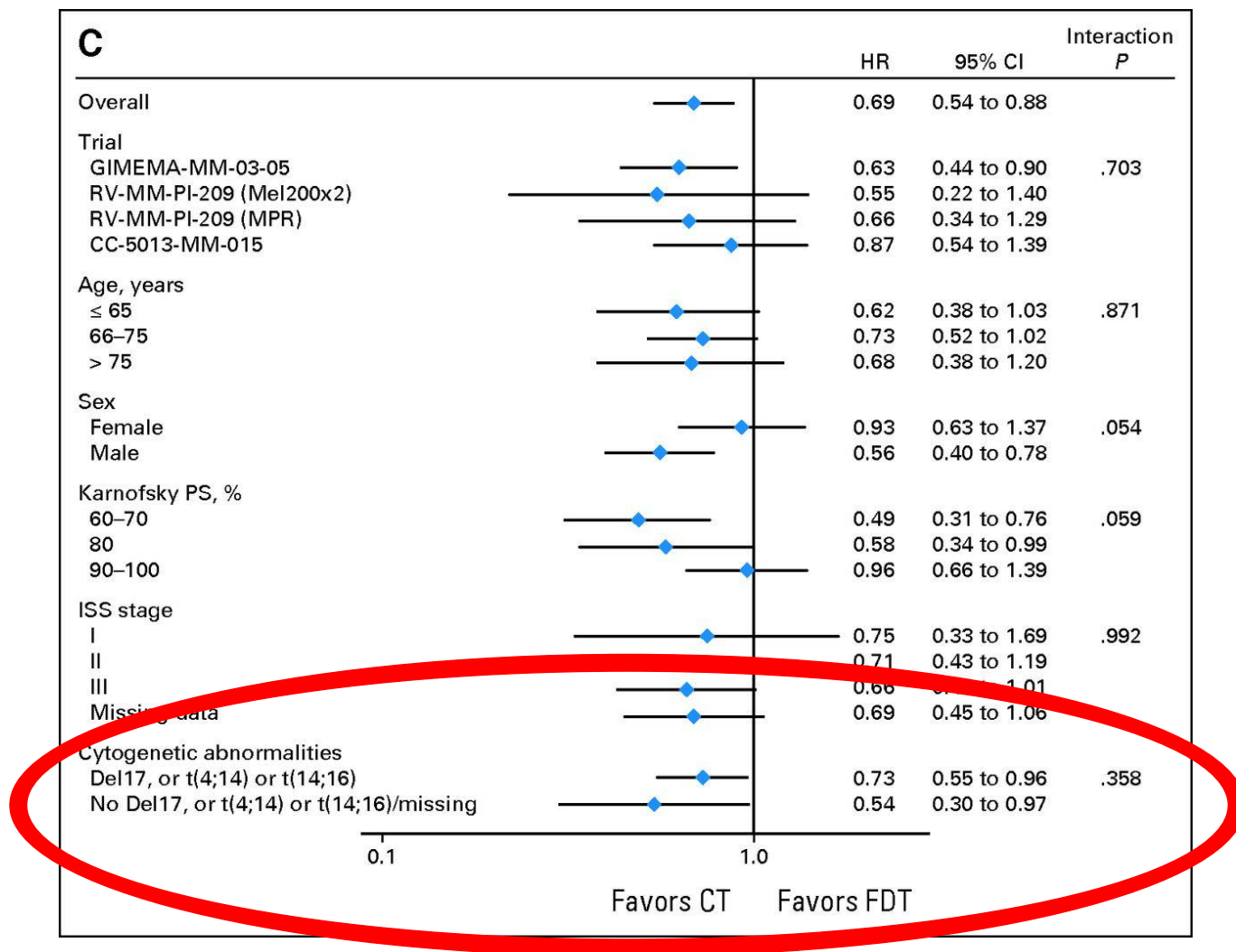
Sequential vs. alternating VMP/ Rd



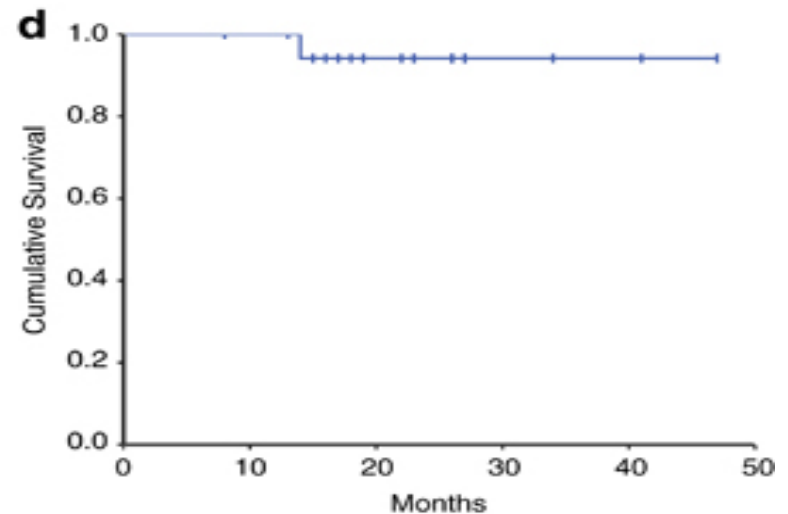
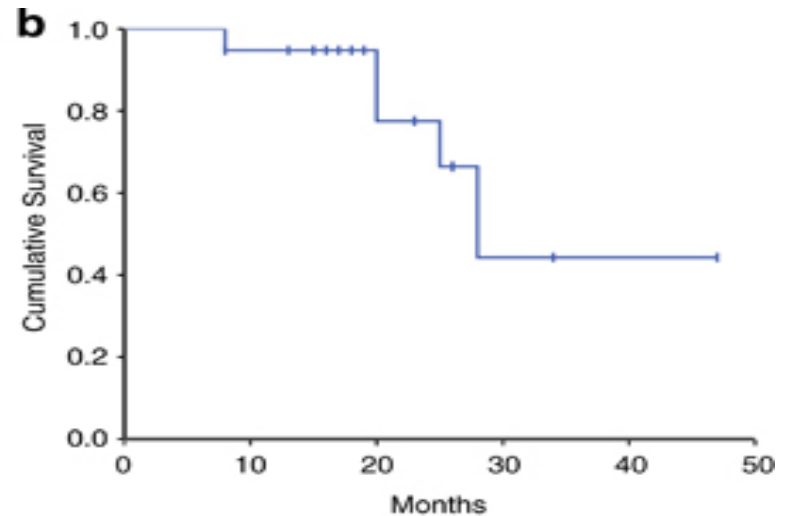
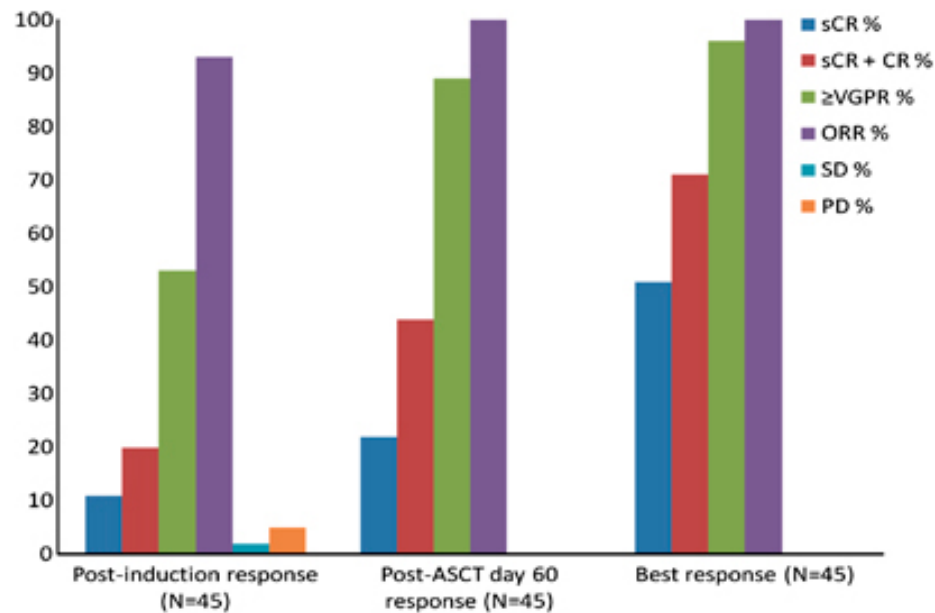
Tandem ASCT : $\text{del}(17p) \pm t(4;14)$



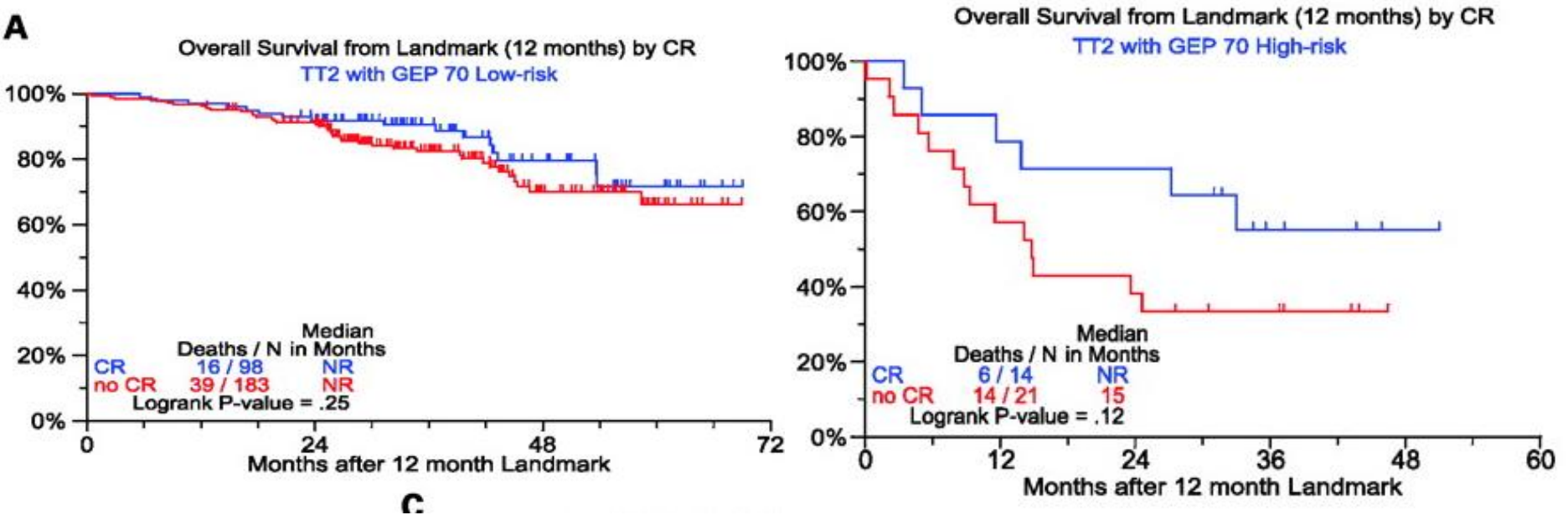
Effect of treatment duration



VRD consolidation and maintenance



CR is particularly important for HR MM

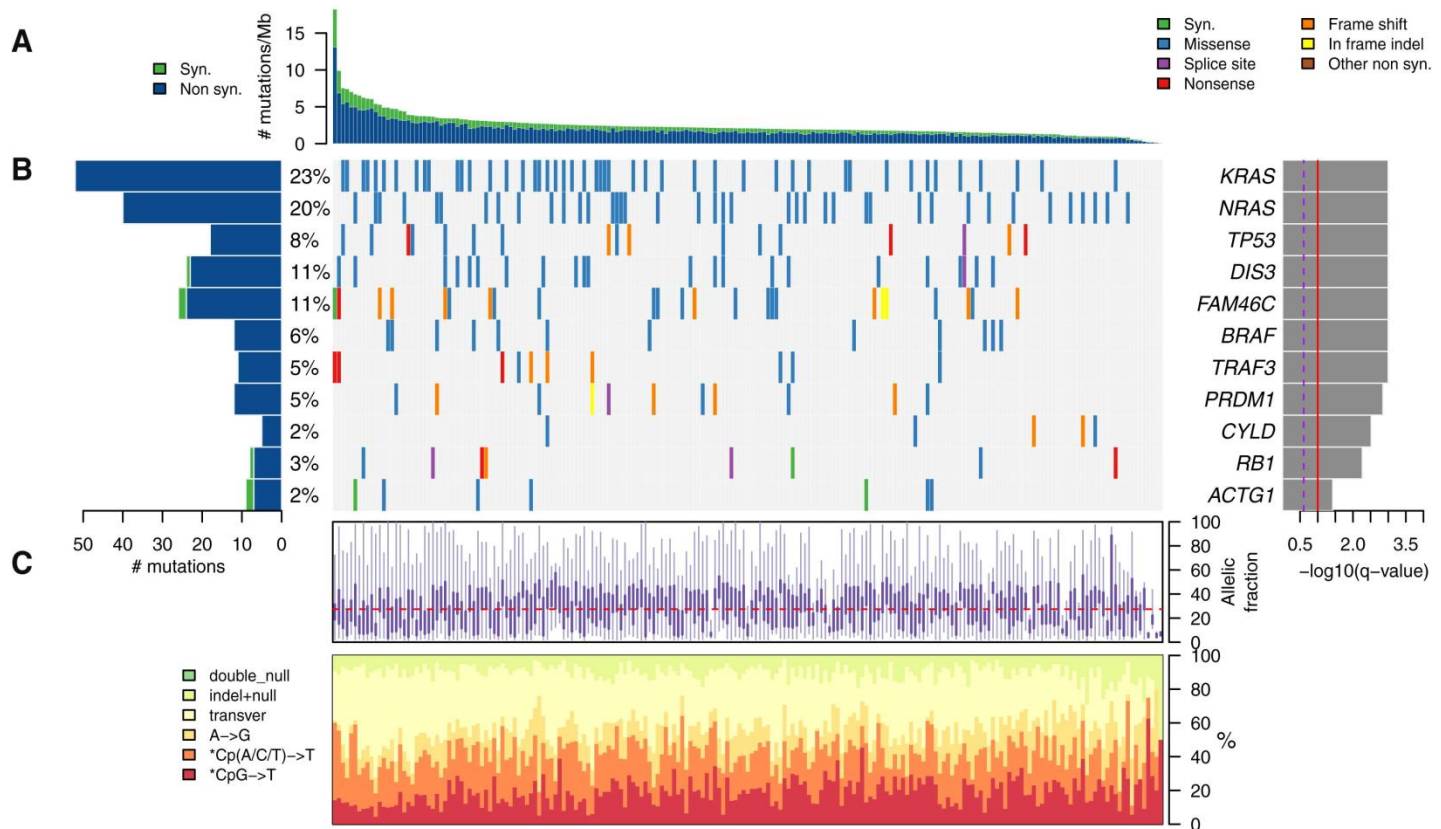


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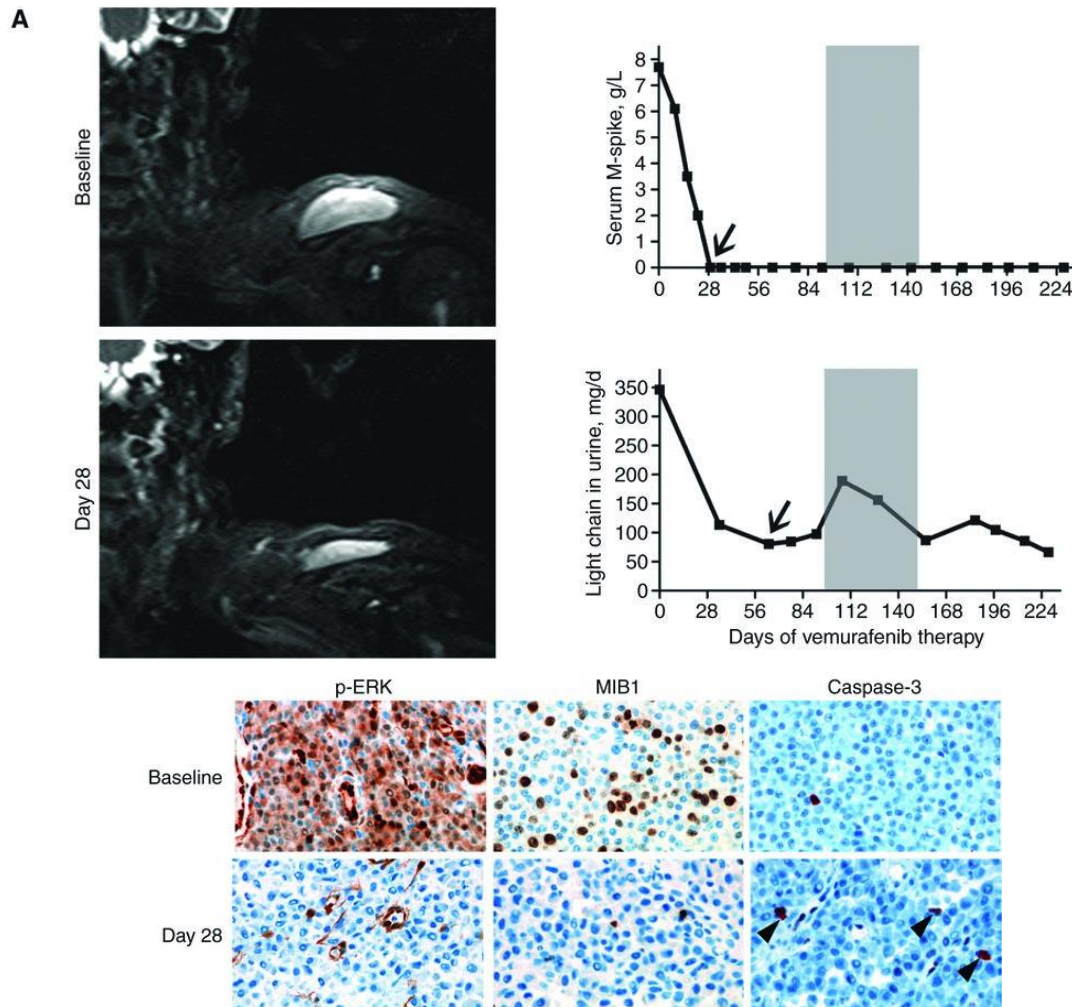
Venetoclax and t(11;14

n (%) ^a	Evaluable patients with t(11;14) (n=17)	Evaluable patients without t(11;14) ^b (n=26)	All evaluable patients (n=43)
Objective response rate (CR+ VGPR + PR)	4 (24)	1 (4)	5 (12)
Complete response (CR)	2 (12)	0	2 (5)
Very good PR (VGPR)	2 (12)	1 (4) ^c	3 (7)
Partial response (PR)	0	0	0
Minimal response	1 (6)	0	1 (2)
Stable disease (SD)	5 (29)	12 (46)	17 (40)

Evolving genome of MM

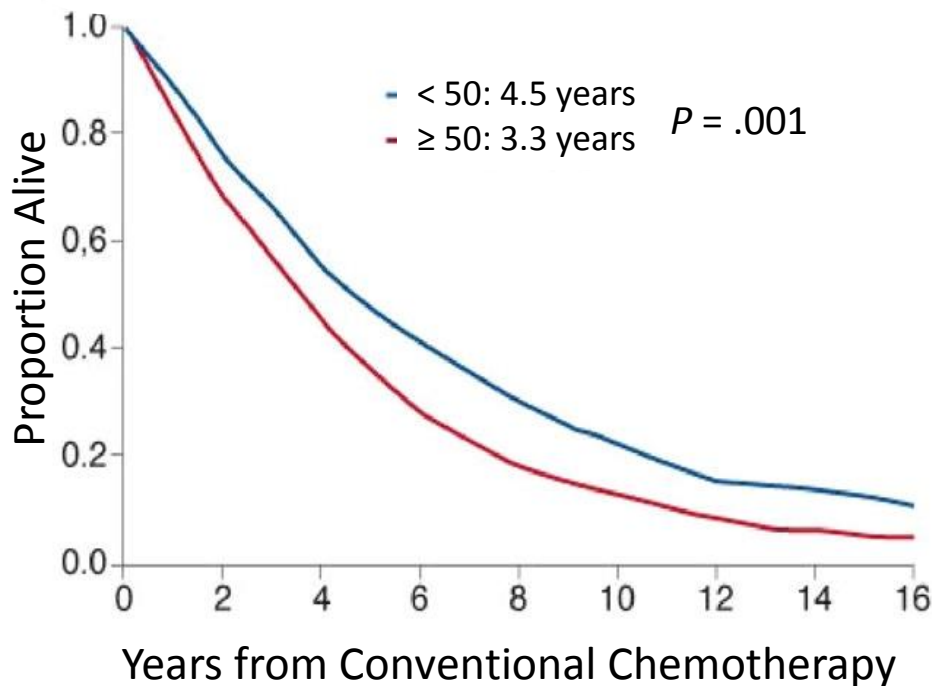


Digging deeper...targeting therapy

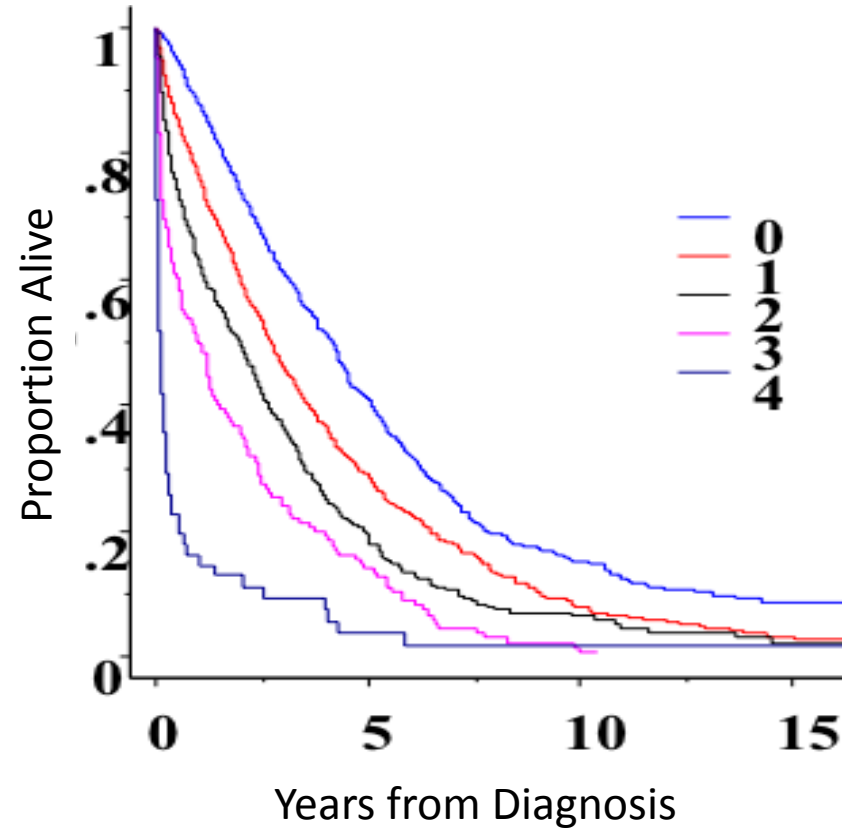


Age and Performance Status

Impact of age



Impact of ECOG performance stage

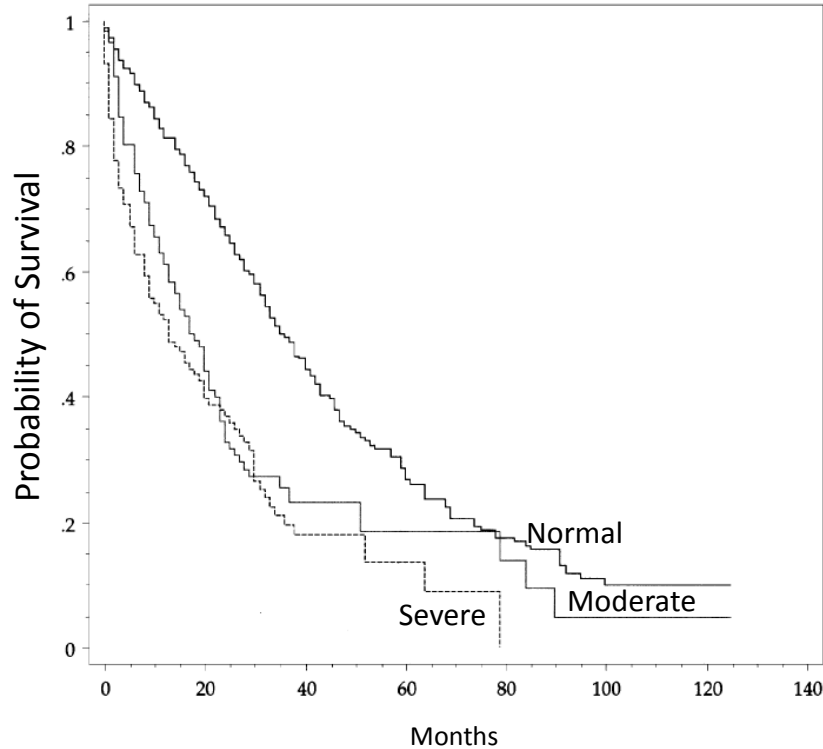


Risk factors		
• Age over 75 years • Mild, moderate or severe frailty: patients needing help for household tasks and personal care* • Comorbidities: cardiac dysfunction pulmonary dysfunction hepatic dysfunction renal dysfunction		
<i>GO-GO</i>	<i>MODERATE-GO</i>	<i>SLOW-GO</i>
No risk factors  DOSE LEVEL 0	At least one risk factor  DOSE LEVEL -1	At least one risk factor plus occurrence of grade 3-4 non- hematologic AE  DOSE LEVEL -2

Agent	DOSE LEVEL 0	DOSE LEVEL -1	DOSE LEVEL -2
Dexamethasone	40 mg/d d 1,8,15,22 / 4 wks	20 mg/d d 1,8,15,22 / 4 wks	10 mg/d d 1,8,15,22 / 4 wks
Melphalan	0.25 mg/kg or 9 mg/m ² d 1-4 / 4-6 wks	0.18 mg/kg or 7.5 mg/m ² d 1-4 / 4-6 wks	0.13 mg/kg or 5 mg/m ² d 1-4 / 4-6 wks
Thalidomide	100 mg/d	50 mg/d	50 mg qod
Lenalidomide	25 mg/d d 1-21 / 4 wks	15 mg/d d 1-21 / 4 wks	10 mg/d d 1-21 / 4 wks
Bortezomib	1.3 mg/m ² twice weekly d 1,4,8,11 / 3 wks	1.3 mg/m ² once weekly d 1,8,15,22 / 5 wks	1.0 mg/m ² once weekly d 1,8,15,22 / 5 wks
Prednisone	60 mg/m ² d 1-4 or 50 mg qod	30 mg/m ² d 1-4 or 25 mg qod	15 mg/m ² d 1-4 or 12.5 mg qod
Cyclophosphamide	100 mg/d d1-21/ 4 wks or 300 mg/m ² /d d 1,8,15 / 4 wks	50 mg/d d 1-21 / 4 wks or 150 mg/m ² /d D 1,8,15 / 4 wks	50 mg qod d 1-21 / 4 wks or 75 mg/m ² /d d 1,8,15 / 4 wks

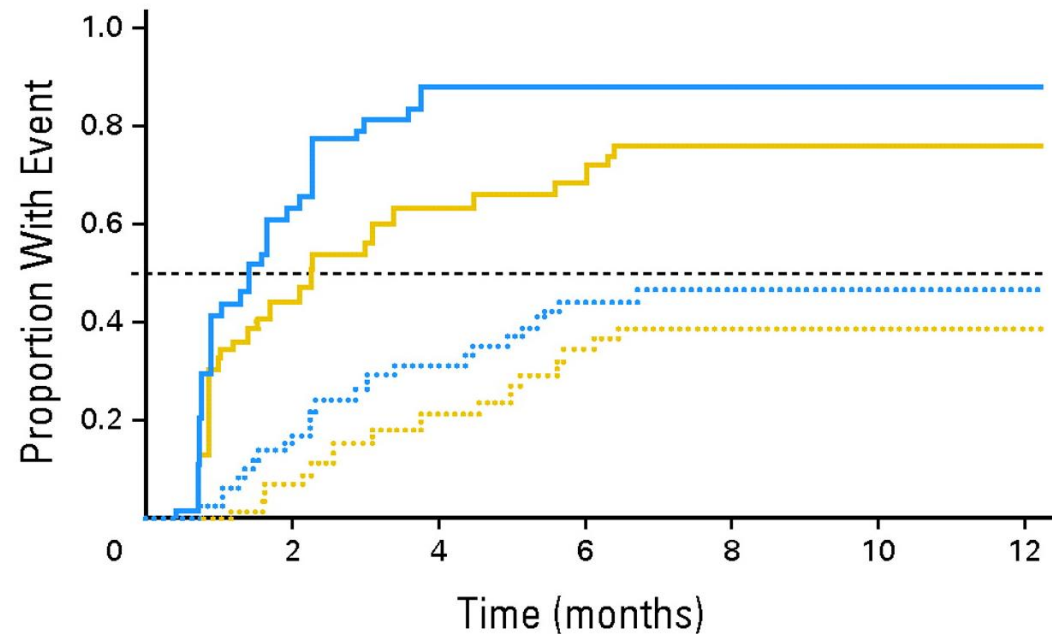
Renal Failure and Bortezomib

OS by Renal Impairment at Diagnosis



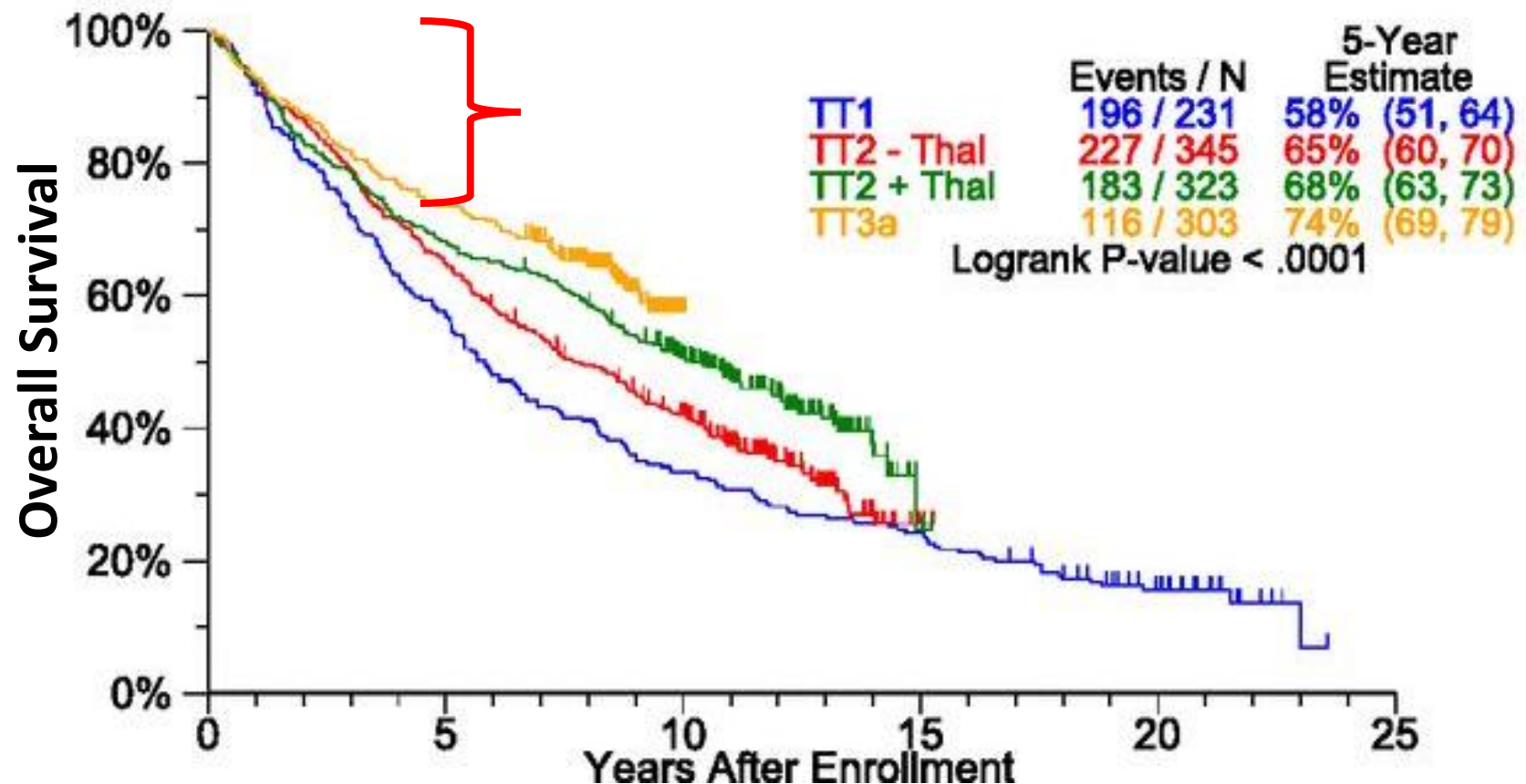
Normal renal function: p-creatinine < 130 $\mu\text{mol/L}$
 Moderate renal function: p-creatinine 130 -200 $\mu\text{mol/L}$
 Severe renal function: p-creatinine > 200 $\mu\text{mol/L}$

Cumulative Incidence of Myeloma Response and Renal Response



- Any MM response (CR-MR); n = 58; median 1.4 mo
- ... CR/nCR MM; n = 58; median NA
- Any renal response (CR-MR); n = 58; median 2.2 mo
- ... CR/renal; n = 58; median NA

Just give the most intense Rx to all....



Exceptional response

- Patients receiving Rd as initial therapy and TTP>72m
- Identified 33 exceptional responders; 25 primary Rd, 8 Rd induction followed by autologous transplantation.
- Fifteen (45%) had known clonal plasma cell disorder prior to the diagnosis of MM.
- Trisomies were present in 19 (79%), none had high risk cytogenetic features at baseline.
- 25 patients (76%) had a CR, while 8 (24%) achieved the exceptional response state without ever achieving a CR.

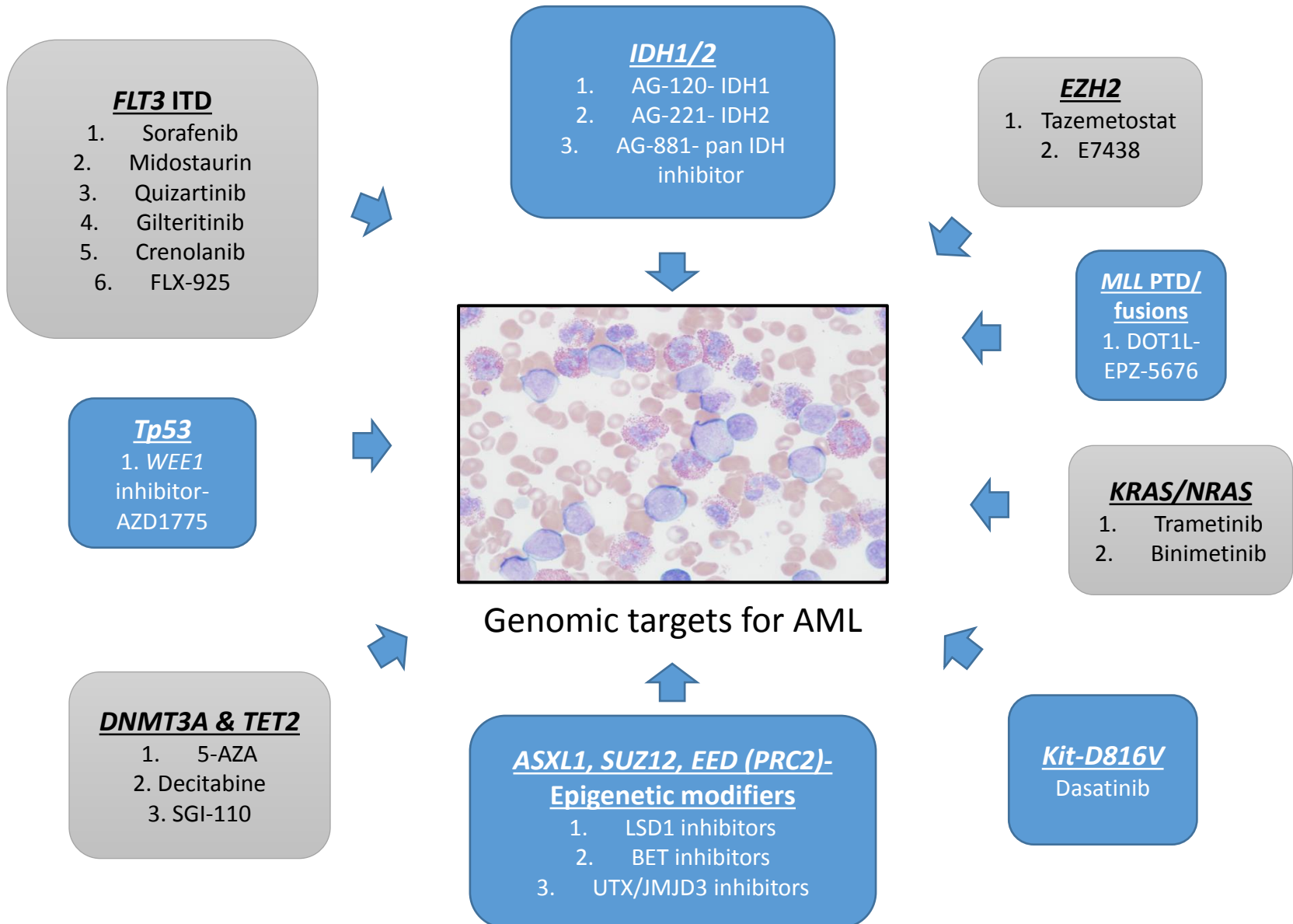
Toxicity



Cost



"Surely, you must have some way to pay for your prescription, Mr. Fromberg!"



So, we have the tools.....

- We know myeloma is a heterogeneous disease
- We can predict the disease behavior, i.e., risk
- We know that specific approaches can modify the risk, at least for some
- Then,.....

Why not?

The future is here!