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Società Italiana di Radiobiologia



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Farmaci innovativi e ipofrazionamento

PALACONGRESSI DI RIMINI
30 settembre, 1-2 ottobre 2016

Radioterapia Ipofrazionata del distretto testa collo: come cambiano i constraints di dose?

Ciammella P.

**S.C. Radioterapia
IRCCS - Azienda ospedaliera Santa
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Tolerance of normal tissue to therapeutic irradiation.

Emami B¹, Lyman J, Brown A, Coia L, Goitein M, Munzenrider JE, Shank B, Solin LJ, Wesson M.

Limitations of the Emami tables:

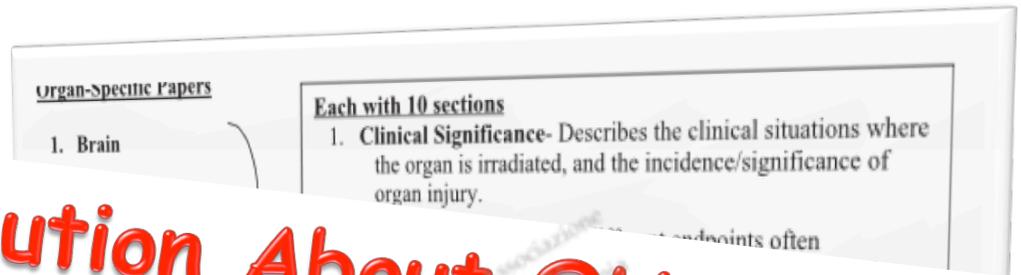
- It was a literature review up to 1991.
- It completely pre-dated the 3D-CRT-IMRT- IGRT era. Even at that time dose-volume histograms were not in routine clinical use.
- It was a tabulation of the estimates for three arbitrary volumes (1/2, 1/3, whole organ)
- It was only for external beam radiation with conventional fractionation.
- Only one severe complication was chosen as an endpoint.

Organ	TD 5/5 Volume			TD 50/5 Volume			Selected endpoint
	1/2	1/3	Whole	1/2	1/3	Whole	
Kidney I	5000	3000*	2300				Clinical nephritis
Kidney II				4000*		2800	
Bladder	N/A	8000	6500	N/A	8500	8000	Symptomatic bladder contracture and volume loss
Bone:							
Femoral Head I and II							Necrosis
T-M joint mandible	6500	6000	5200	7700	7200	6500	
Rib cage	5000						Marked limitation of joint function
Skin	10 cm ²	30 cm ²	100 cm ²	6500			
	7000	6000	5500	10 cm ²	30 cm ²	100 cm ²	Pathologic fracture
Brain	6000	5000	4500				Telangiectasia
Brain stem				7500	6500	6000	Necrosis
Optic nerve I & II	6000	5300	5000				Ulceration
Chiasma	No partial volume	5000					Necrosis
Spinal cord	No partial volume	5000				6500	Infarction
Cauda equina	2 cm	10 cm	20 cm	No partial volume			Necrosis/Infarction
	500	500	400	2 cm	20 cm	6500	Blindness
	No volume effect	6000		700	700	20 cm	Blindness
Brachial plexus	6200	6100	6000	No volume effect		7500	Myelitis necrosis
Eye lens I and II				7700	7600	7500	Clinically apparent nerve damage
Eye retina I and II	No partial volume	1000					Clinically apparent nerve damage
Ear mid/external	No partial volume	4500				1800	Cataract requiring intervention
Ear mid/external	3000	3000	3000*				Blindness
Parotid* I and II	5500	5500	5500*	4000	4000	6500*	Acute serous otitis
		3200*	3200*	6500	6500	6500*	Chronic serous otitis
Larynx							Xerostomia
Lung I	7900*	7000*	7000*	(TD 100/5 is 5000)	4600*	4600*	Cartilage necrosis
Lung II		4500	4500*	9000*		8000*	
Heart	4500	3000	1750		4000	8000*	Laryngeal edema
Esophagus	6000	4500	4000	6500	4000	2450	Pneumonitis
Stomach	6000	5800	5500	7000	5500	5000	Pericarditis
Small intestine	6000	5500	5000	7200	7000	6800	
Colon	5000		4000*	6000	6700	6500	Clinical stricture/perforation
Rectum	5500		4500	6500		5500	Ulceration, perforation
Liver							Obstruction/perforation/fistula
		Volume 100 cm ³	6000				Obstruction/perforation/fistula
	5000	No volume effect		Volume 100 cm ³			Severe proctitis/necrosis/fistula, stenosis
				5500	4500	4000	Liver failure

QUANTEC represents an evolution from the Emami tables

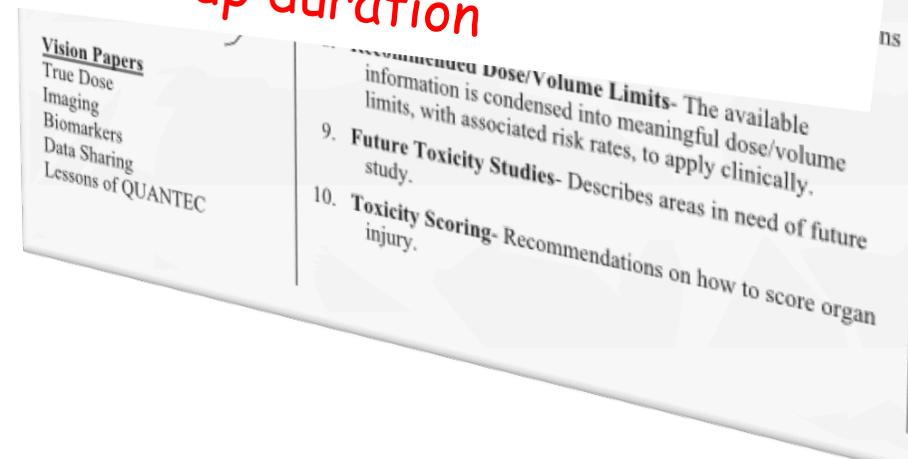
The first goal: to review the available literature on volumetric/dosimetric information of normal tissue complication and provide a simple set of data to be used by the busy community practitioners of radiation oncology physicists, and dosimetrists.

The second goal: to provide reliable predictive models on relationships between dose-volume parameters and the normal tissue complications to be utilized during the planning of radiation oncology.



Caution About QUANTEC

- Limitations inherent in extracting data from literature
- Limitations in predictive models
- Evolving fractionation schedules
- Combined modality therapy
- Host factors
- Follow-up duration



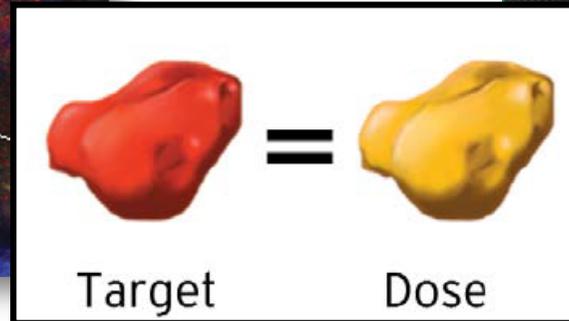
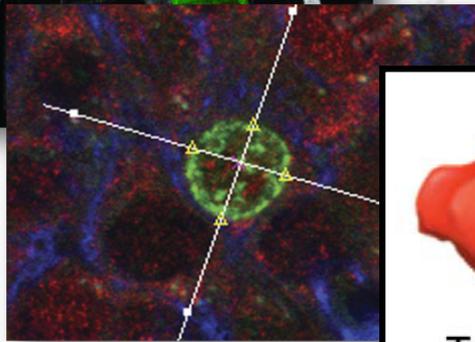
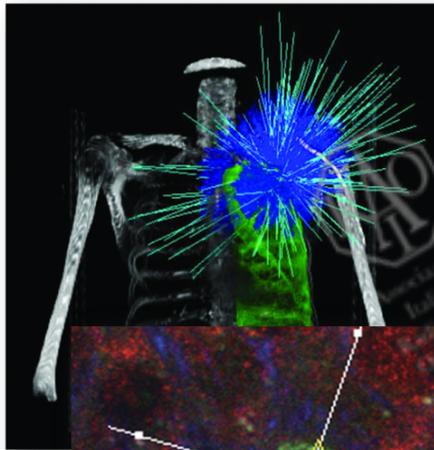
Historical Development of Stereotactic Ablative Radiotherapy

Early SRS treatment at the Brigham and Women's Hospital, 1984



Normal tissue dose limits for SBRT are considerably different from conventional RT due to extreme dose-fractionation schemes and are still quite immature

And normal tissue dose limits for SBRT should not be directly extrapolated from conventional RT data



2016

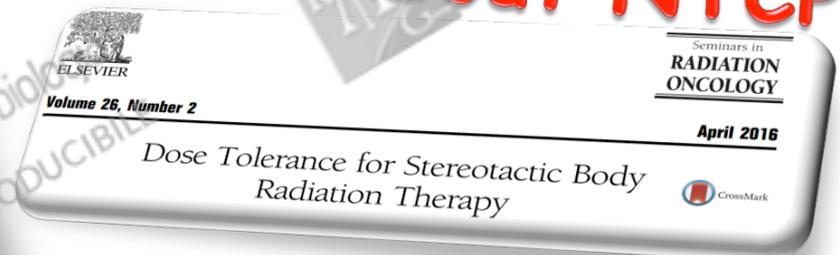
The Radiobiology of Hypofractionation

In parallel with these technological, computer driven developments, *macroscopic radiobiological models* have been developed that incorporate our extensive knowledge of the dependence of cell killing on total dose, fraction size, interfraction interval, dose rate, the cell cycle, hypoxic status and other factors

Caution About BED

Gy dose/ fractions	Dose/ fraction (Gy)	α/β for brain tissue	BED
60 Gy/30 Fr ^a	2	1	180
60 Gy/30 Fr ^a	2	2	
60 Gy/30 Fr ^a	2	3	

Caution About NTCP



...pected outcome like NTCP. If every patient's tumor control probability (TCP) was 99% or higher, and if every patient's NTCP was 1% or lower, we would not need surrogate metrics like the conformality index, tumor coverage, and dose-tolerance limits. Note that in 3 consecutive sentences, we went from "need" to "ideally" to "if," and in reality TCP and NTCP are often still uncertain, and are rarely as good as 99% and 1%, so we usually are highly dependent on the surrogate metrics of plan quality. In this issue of Seminars, we focus on both clinical practice and rigorous statistics, spending as little time in the middle as possible. Maximum likelihood parameter fitting and other statistical methods are required to obtain reliable estimates of risk, but the focus of this work is on the clinical utility.

The Radiobiology of Hypofractionation

The effects of high doses of RT may be difficult to predict from the linear-quadratic (LQ) model that is very useful for conventional RT.

Also, at very high dose per fraction the mathematical form of the LQ model is unlikely to be correct. While the LQ survival curve represents a

allow the estimation of three model parameters. It is difficult to give a specific dose per fraction beyond which the simple LQ model should not be used, but extrapolations beyond 5–6 Gy per fraction are likely to lack clinically useful precision.

Basic Clinical
Radiobiology

FOURTH EDITION

Edited by
Michael Joiner and
Albert van der Kogel

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Seminars in
**RADIATION
ONCOLOGY**

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Dose Tolerance for Stereotactic Body Radiation Therapy



NTCP results were detailed in the July 2001 issue of Seminars in Radiation Oncology for conventionally fractionated radiation therapy. After 7 years, an extensive collection of stereotactic ablative body radiotherapy (SABR) or stereotactic body radiation therapy (SBRT) dose-tolerance limits was presented in the October 2008 issue of Seminars in Radiation Oncology (QUANTEC), but **estimates of risk were not yet available.**

We now have sufficient data to combine the 2: NTCP for SBRT.

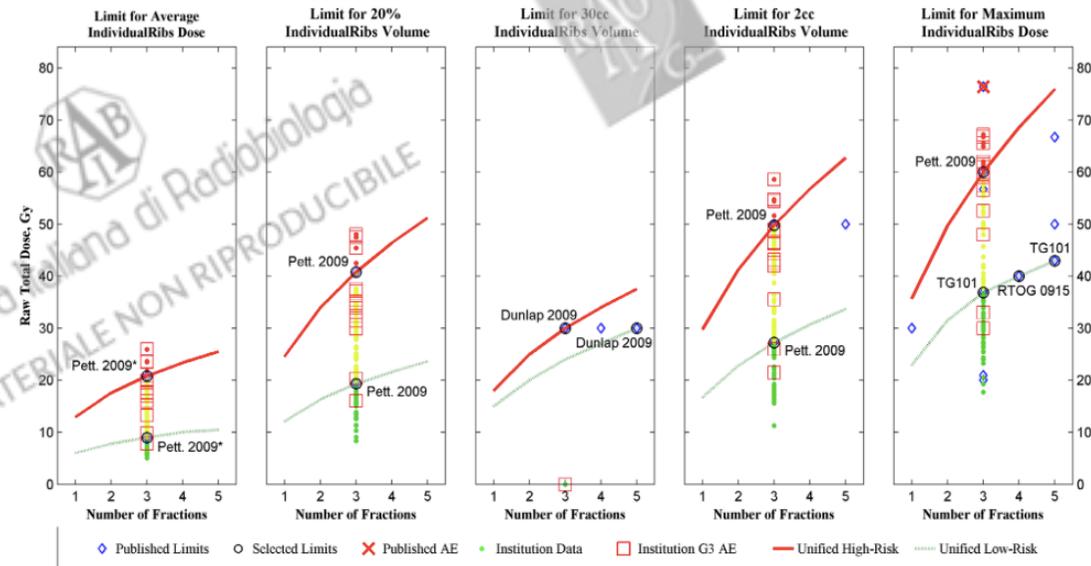
*Jimm Grimm, PhD
Bott Cancer Center, Holy Redeemer Hospital,
Meadowbrook, PA*

Introduction and Clinical Overview of the DVH Risk Map

Sucha O. Asbell, MD,^{*} Jimm Grimm, PhD,[†] Jinyu Xue, PhD,^{*}
Meng-Sang Chew, PhD,[‡] and Tamara A. LaCouture, MD^{*}

2016

- Review of Literature
- DVH Risk Map Creation
- DVH Risk Map Utilization



	Low Risk Limits					High Risk Limits				
	Dmean Limit (Gy)	D20% Limit (Gy)	D30cc Limit (Gy)	D2cc Limit (Gy)	Dmax Limit (Gy)	Dmean Limit (Gy)	D20% Limit (Gy)	D30cc Limit (Gy)	D2cc Limit (Gy)	Dmax Limit (Gy)
1 fx	6.0	12.1	15.0	16.7	22.9	12.9	24.6	18.0	29.8	35.7
2 fx	7.8, 5.0%	16.3, 5.0%	20.0	22.8, 5.0%	31.5, 5.0%	17.6, 50.0%	33.9, 50.0%	25.0	41.3, 50.0%	49.7, 50.0%
3 fx	9.0, 5.0%	19.3, 5.0%	24.0	27.2, 5.0%	36.9, 4.5%	20.8, 50.0%	40.8, 50.0%	30.0	49.8, 50.0%	60.0, 49.9%
4 fx	10.0, 5.1%	21.6, 5.0%	27.0	30.7, 5.0%	40.0, 3.9%	23.4, 50.0%	46.4, 50.0%	34.0	56.8, 50.0%	68.6, 50.0%
5 fx	10.5	23.6	30.0	33.7	43.0	25.5	51.2	37.5	62.8	76.0

Next



INTRODUCTORY PAPER

**QUANTITATIVE ANALYSES OF NORMAL TISSUE EFFECTS IN THE CLINIC
(QUANTEC): AN INTRODUCTION TO THE SCIENTIFIC ISSUES**

SØREN M. BENTZEN, PH.D., D.SC.,* LOUIS S. CONSTINE, M.D.,† JOSEPH O. DEASY, PH.D.,‡
AVI EISBRUCH, M.D.,§ ANDREW JACKSON, PH.D.,|| LAWRENCE B. MARKS, M.D.,¶
RANDALL K. TEN HAKEN, PH.D.,§ AND ELLEN D. YORKE, PH.D.||

Selection criteria for QUANTEC:
all data must already exist in the
peer-reviewed literature



**Introduction and Clinical
Overview of the DVH Risk Map**

Sucha O. Asbell, MD,* Jimm Grimm, PhD,† Jinyu Xue, PhD,‡
Meng-Sang Chew, PhD,§ and Tamara A. LaCouture, MD|| 2016

Selection criteria for this issue of
Seminars: each of these articles
after the introduction presents
new data and dose-response
modeling from an Institution, for
a critical structure that
previously did not have many
published dose-response models
for SBRT or where an additional
new model could supplement the
information that had been sparse

Introduction and Clinical Overview of the DVH Risk Map



Sucha O. Asbell, MD,^{*} Jimm Grimm, PhD,[†] Jinyu Xue, PhD,^{*}
Meng-Sang Chew, PhD,[‡] and Tamara A. LaCouture, MD^{*}

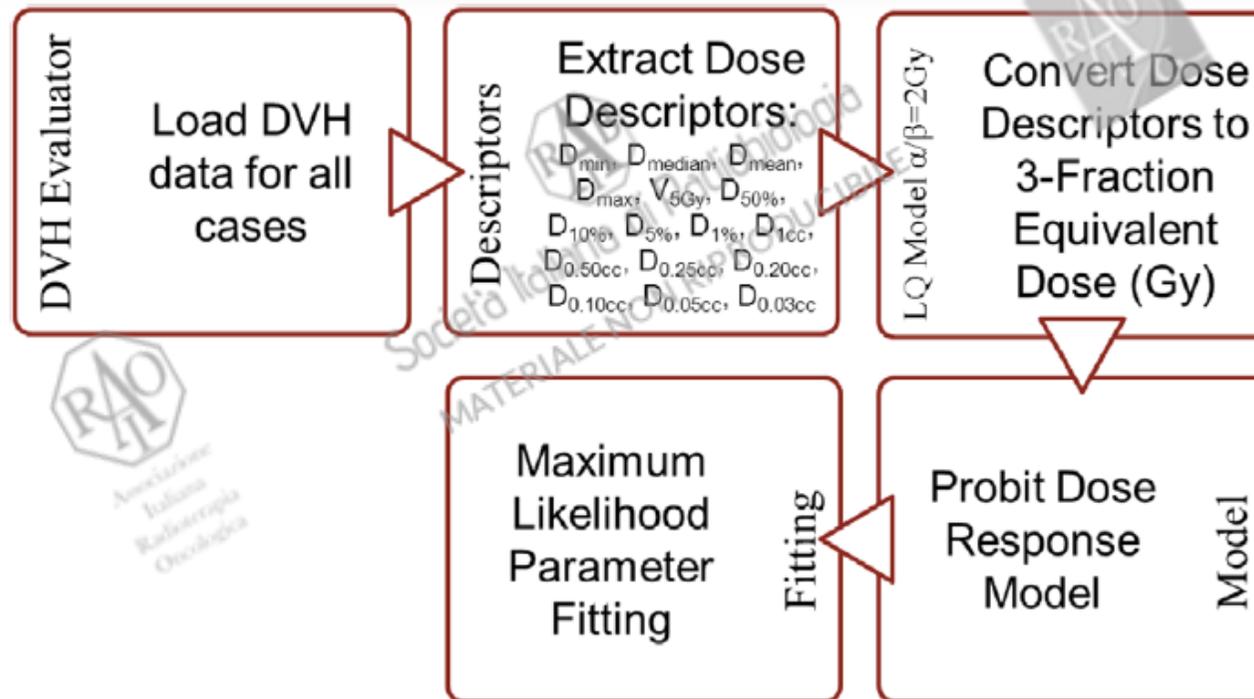
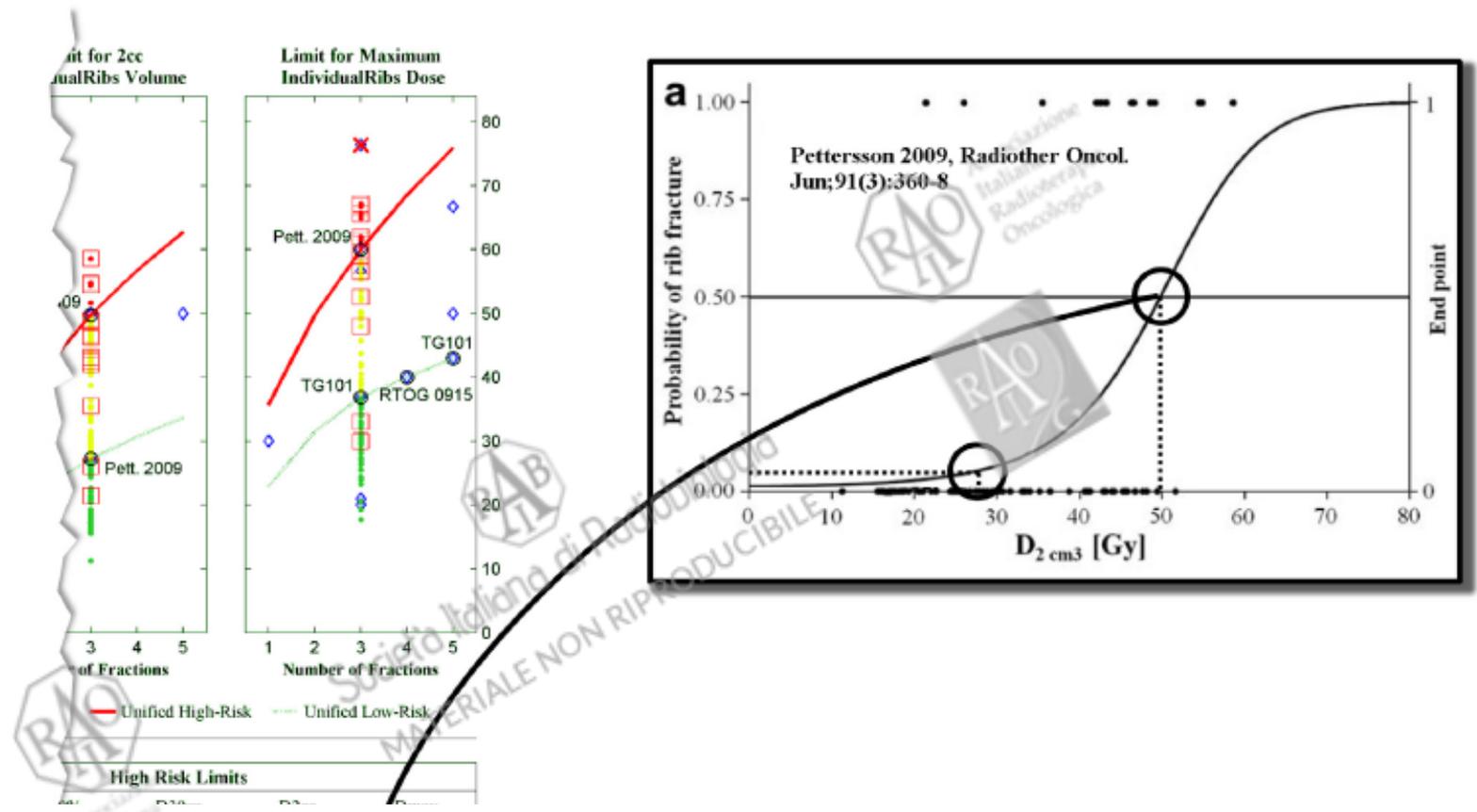


Figure 1 Flowchart of dose-response modeling process. (Color version of figure is available online.)

DVH Risk Map

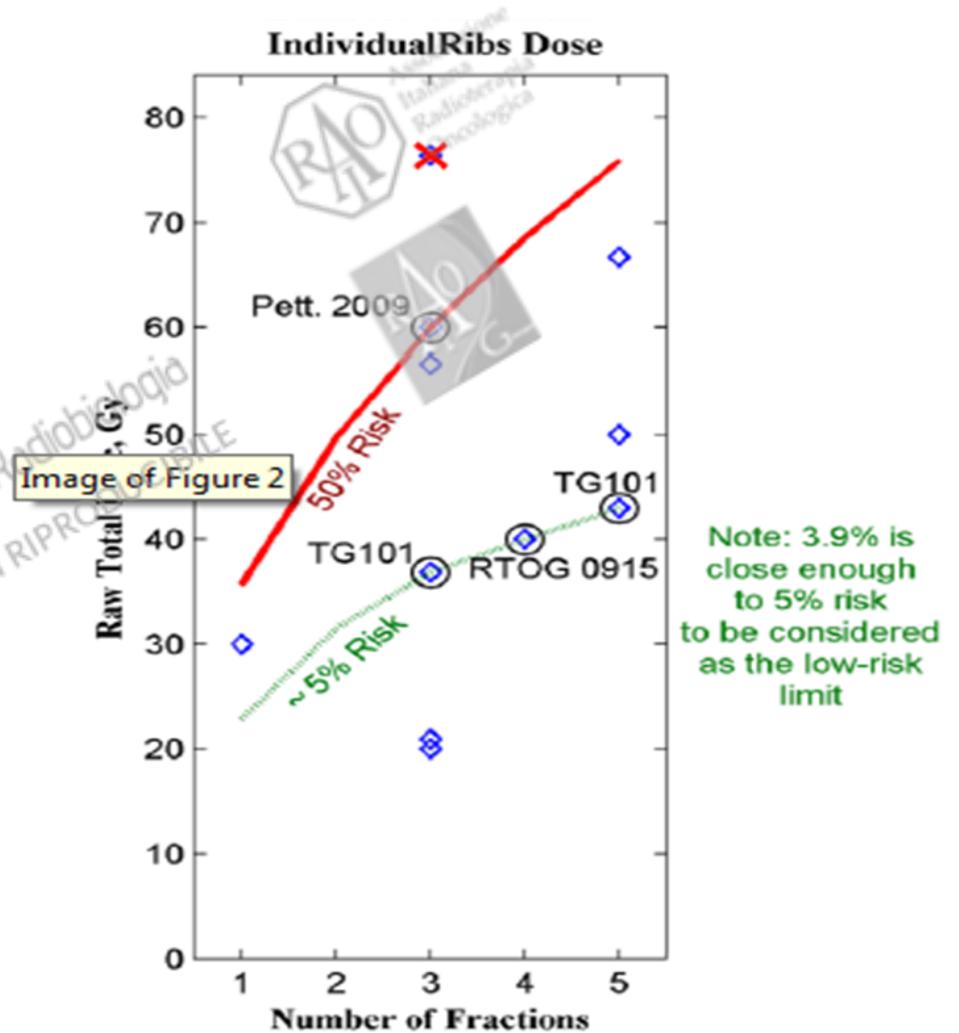


$$NTCP(D_V) = \frac{1}{1 + e^{4\gamma_{50,V} \frac{\left(\frac{D_{50,V}}{3} + \frac{\alpha}{\beta}\right)}{\left(\frac{2D_{50,V}}{3} + \frac{\alpha}{\beta}\right)} \left[1 - \frac{D_V}{D_{50,V}} \frac{\left(\frac{D_V}{3} + \frac{\alpha}{\beta}\right)}{\left(\frac{D_{50,V}}{3} + \frac{\alpha}{\beta}\right)}\right]}}$$

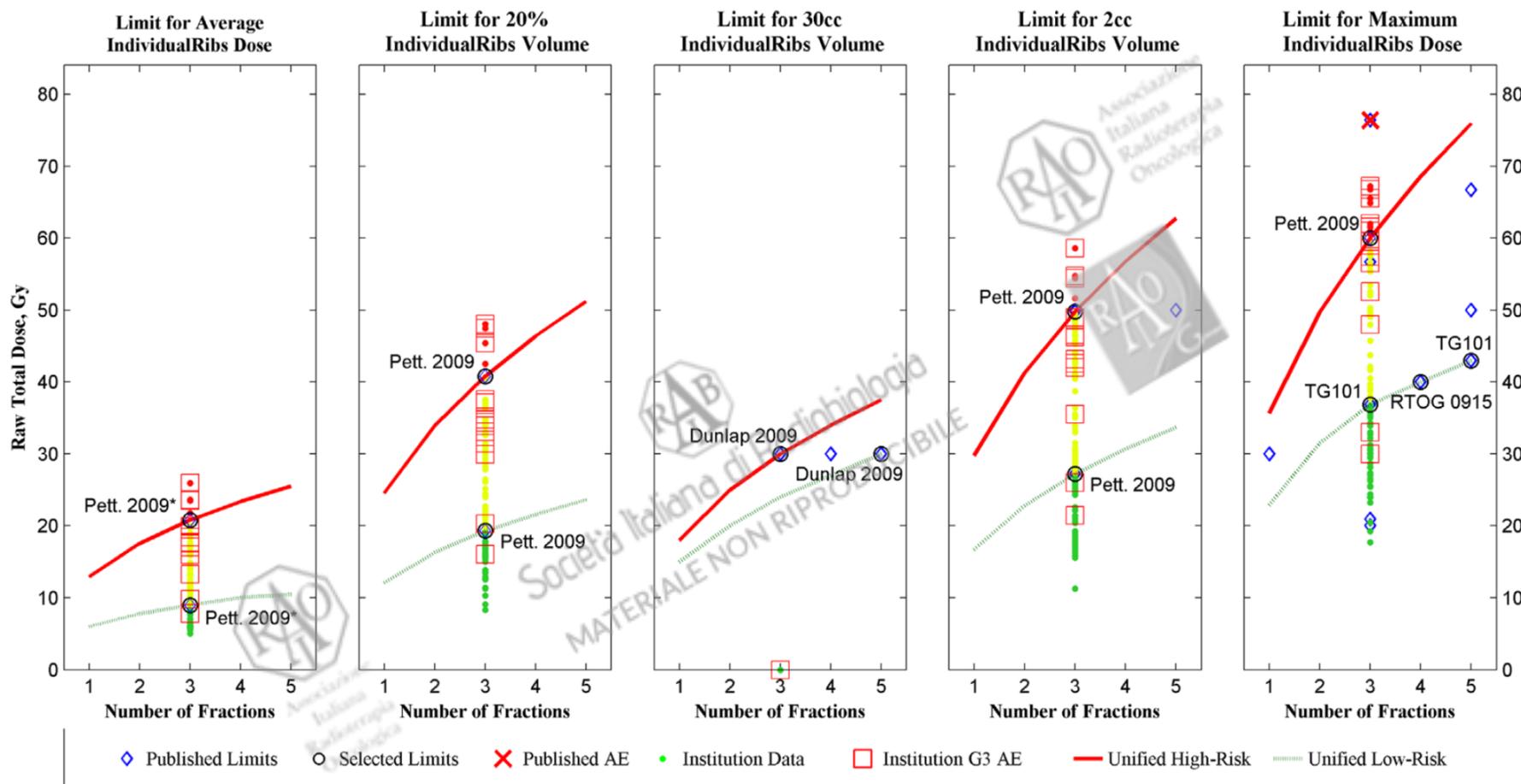
Figure 4 Creation of a DVH Risk Map: interpolating risk level estimates from the published dose-response model: the arrow shows that for $D_{2cc} = 49.8$ Gy in 3 fractions, the estimated risk level was 50% and this was placed in the table for a 3-fraction high-risk limit. Similarly, the 5% risk level for $D_{2cc} = 27.2$ Gy in 3 fractions was interpolated and placed as the low-risk limit. All other dose-volume constraints were interpolated from corresponding models using the same methodology. (Color version of figure is available online.)

Risk Levels

- ◇ published dose-tolerance limits
- ◇ near the 5% or 50% risk levels
- ✗ dose at which a published complication occurred



DVH Risk Maps



	Low Risk Limits					High Risk Limits				
	Dmean Limit (Gy)	D20% Limit (Gy)	D30cc Limit (Gy)	D2cc Limit (Gy)	Dmax Limit (Gy)	Dmean Limit (Gy)	D20% Limit (Gy)	D30cc Limit (Gy)	D2cc Limit (Gy)	Dmax Limit (Gy)
1 fx	6.0	12.1	15.0	16.7	22.9	12.9	24.6	18.0	29.8	35.7
2 fx	7.8, 5.0%	16.3, 5.0%	20.0	22.8, 5.0%	31.5, 5.0%	17.6, 50.0%	33.9, 50.0%	25.0	41.3, 50.0%	49.7, 50.0%
3 fx	9.0, 5.0%	19.3, 5.0%	24.0	27.2, 5.0%	36.9, 4.5%	20.8, 50.0%	40.8, 50.0%	30.0	49.8, 50.0%	60.0, 49.9%
4 fx	10.0, 5.1%	21.6, 5.0%	27.0	30.7, 5.0%	40.0, 3.9%	23.4, 50.0%	46.4, 50.0%	34.0	56.8, 50.0%	68.6, 50.0%
5 fx	10.5	23.6	30.0	33.7	43.0	25.5	51.2	37.5	62.8	76.0

DVH Risk Maps Examples: H&N

✓ Spinal cord

✓ Optic nerves and chiasm



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MATERIALE NON RIPRODUCIBILE



Spinal cord

QUANTEC: ORGAN SPECIFIC PAPER

Central Nervous System: Spinal Cord

RADIATION DOSE-VOLUME EFFECTS IN THE SPINAL CORD

JOHN P. KIRKPATRICK, M.D., PH.D.,* ALBERT J. VAN DER KOGEL, PH.D.,†
AND TIMOTHY E. SCHULTHEISS, PH.D.‡

2010

Three clinical scenarios for the development of myelopathy:

- De novo irradiation of the complete spinal cord cross-section via conventionally fractionated external beam RT
- Reirradiation of the complete spinal cord cross-section after a previous course of conventional external beam RT
- Irradiation of a partial cross-section of the cord using high-dose/fraction stereotactic radiosurgery

Endpoint: myelopathy defined as a Grade 2 or higher myelitis per CTCAE v3.0

RADIATION DOSE-VOLUME EFFECTS IN THE SPINAL CORD

JOHN P. KIRKPATRICK, M.D., PH.D.,* ALBERT J. VAN DER KOGEL, PH.D.,†
AND TIMOTHY E. SCHULTHEISS, PH.D.‡

Institution (ref.)	Cases of myelopathy/total patients	Total dose (Gy)	Dose/fraction (Gy)	Dose to cord (Gy)	BED to cord (Gy ₃)	Proportion of patients previously irradiated to involved segment of spine
Stanford and Pittsburgh (50)	6/1075	12.5-25	5-25	D _{max} : 3.6-30	Range: 24-141 Gy ₃	>55%
		25	12.5	D _{max} : 26.2	D _{max} : 141	
		20	10	D _{max} : 19.2	D _{max} : 81	
		21	10	D _{max} : 13.9	D _{max} : 46	
		24	8	D _{max} : 29.9	D _{max} : 129	
Henry Ford (7)	1/86*	20	2	D _{max} : 8.5	D _{max} : 33	0%
		20	20	D _{max} : 10	D _{max} : 43	
		<10-18	<10-18	Mean ± SD	Mean ± SD	
				D _{max} : 12.2 ± 2.5	D _{max} : 62 ± 4.6	
				D1: 10.7 ± 2.3	D1: 49 ± 4.1	
Korea (49)	2/9	2-44	5	D _{max} : 19.2	D _{max} : 142	33%
				D1: 15.8	D1: 99	
				D10: 13	D10: 69	
				Mean ± SD	Mean ± SD	
				D _{max} : 13.8 ± 2.2	D _{max} : 77 ± 3.8	
				D1: 12.1 ± 1.9	D1: 61 ± 3.1	
				D10: 9.8 ± 1.5	D10: 42 ± 2.3	
				D _{max} : 14	D _{max} : 88	
				D1: 13.0	D1: 69	
				D10: 9.6	D10: 40	
Median	Median					
D _{max} : 32.9	D _{max} : 106	Unknown				
D25: 11.0	D25: 21					
Range	Range					
D _{max} : 11-37	D _{max} : 19-172					
D25: 1.2-24	D25: 1-88					
D _{max} : 35.2	D _{max} : 172	62%				
D25: 15.5	D25: 42					
D _{max} : 32.9 D25: 24.0	153					
NYMC (51)	3/31	Median: 10	Median: 5	Median: 6.0	12	Unknown
		100	50			
		12	12			
		20	5			
UCSF (52)	0/38	24	8	Median D _{0,1cc} : 10.5	Median D _{0,1cc} : 23	

9 published reports of spinal cord dose tolerance with SBRT

For partial cord irradiation as part of spine radiosurgery, a maximum cord dose of 13 Gy in a single fraction or 20 Gy in three fractions appears associated with a <1% risk of injury

Spinal cord	Partial organ	3D-CRT	Myelopathy	Dmax = 50	0.2
	Partial organ	3D-CRT	Myelopathy	Dmax = 60	6
	Partial organ	3D-CRT	Myelopathy	Dmax = 69	50
	Partial organ	SRS (single fraction)	Myelopathy	Dmax = 13	1
	Partial organ	SRS (hypofraction)	Myelopathy	Dmax = 20	1



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MATERIALE NON RIPRODUCIBILE

Dose tolerance limits and dose volume histogram evaluation for stereotactic body radiotherapy *Grimm et al*

Organ	# fx	Vol. cc	Vol. %	Vol. Limit (Gy)	Max Limit (Gy)	Refs.	#AE ≥G3	# pts rx this dose	# pts in study	Notes	
Spinal Cord (cont'd.)	1	0.1		6.9		86,87	1		72	Ipsilateral hemiplegia and contralateral pain	
	1				13	7,70					
	1				12	71					
	1				10.6	86,87	1		72	After 5 months, classic Brown-Sequard syndrome	
	1	0.1		8.5		86,87	1		72	After 5 months, classic Brown-Sequard syndrome	
	1				10	7,88,89					
	1		100%	8		7					
	1		100%	10		7					
	1	0.35		10		24,25				RTOG 0631&0915	
	1	0.25		10		8					
	1	0.2		10		90					
	1	2.6		8		70					
	1	1.7		8		91					
	1	1.2		7		8,24,25					
	1	0.02		8		86,87	3		72	RTOG 0631 SBRT only, RTOG 0915 Ref (86) reports higher doses for 2 of these 3	
	1				5	50					
	2				25.6	86,88	1				Bilateral leg weakness & urinary retention
	2	0.1		24.7		86,88	1				Bilateral leg weakness & urinary retention
	3				30.9	86,87,90	1		55	Posterior column dysfunction, motor weakness	
	3	0.1		27.8		86,87,90	1		55	Posterior column dysfunction, motor weakness	
	3	8		16.5		6					
	3	1.7		24		87,90	1		55	Posterior column dysfunction, motor weakness For 'extreme cases' only	
	3					24	39				
	3					22	8				
	3					21	51,67				Based on BED3=45Gy, but BED1=55Gy
	3					18.6	7				Median doses quoted, not limits
	3	0.25		18		8					
	3	0.1		16.3		7					Median doses quoted, not limits
3	1.2		11.1		8						
3	1		8.5		7					Median doses quoted, not limits	
3	2		6.9		7					Median doses quoted, not limits	
3	5		4.1		7					Median doses quoted, not limits	
3					18	6,27,39,45,46				RTOG 0618	
3					15	53,62,63,64,65					
4					26	26,54,68					
4					25	25				RTOG 0915	
4					25	27					
4	1		20			27,28					
Spinal Cord	1		10%	10		7,24,85				10% of {cord adjacent to tumor +6mm inf & sup}	
	1		10%	9.6		85	1		86	Lower extremity G4/5 weakness	
	1	0.9		8		80					
	1	0.1		13.7		85,86	1		86	Lower extremity G4/5 weakness	
	1				14.6	85,86	1		86	Lower extremity G4/5 weakness	
	1				14	7,8,25,71				RTOG 0915	
1				13.1	86,87	1		72	Ipsilateral hemiplegia and contralateral pain		



ELSEVIER

Seminars in
**RADIATION
ONCOLOGY**

Estimated Risk Level of Unified Stereotactic Body Radiation Therapy Dose Tolerance Limits for Spinal Cord



Jimm Grimm, PhD,^{*} Arjun Sahgal, MD,[†] Scott G. Soltys, MD,[‡] Gary Luxton, PhD,[‡]
Ashish Patel, MD,[§] Scott Herbert, MD,^{||} Jinyu Xue, PhD,[§] Lijun Ma, PhD,[¶]
Ellen Yorke, PhD,[#] John R. Adler, MD,^{**} and Iris C. Gibbs, MD, FACR[‡]

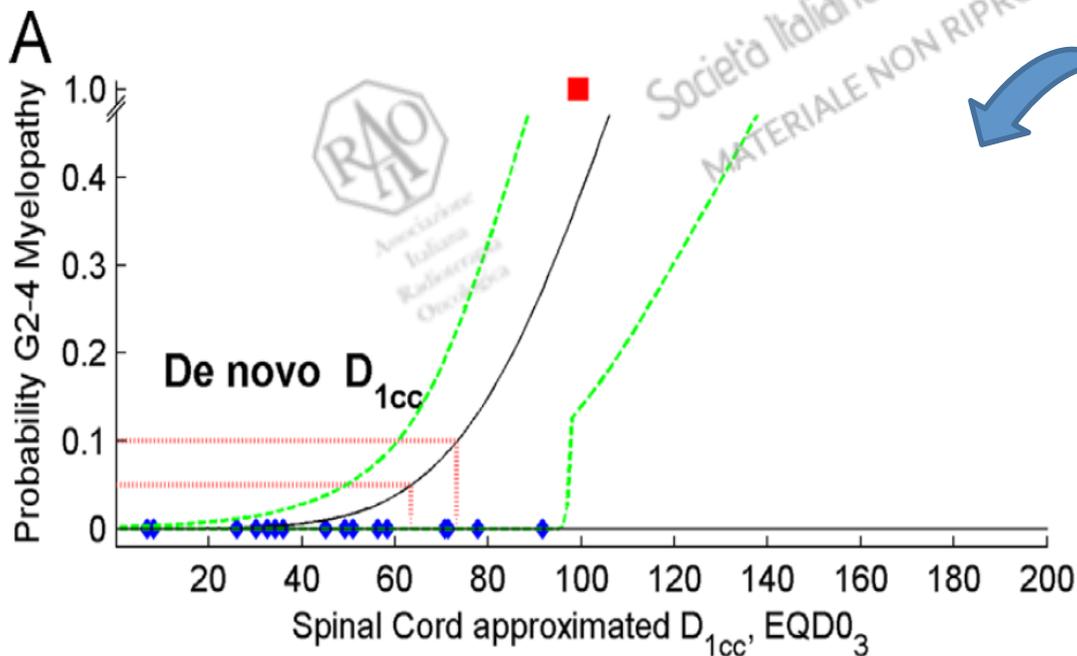
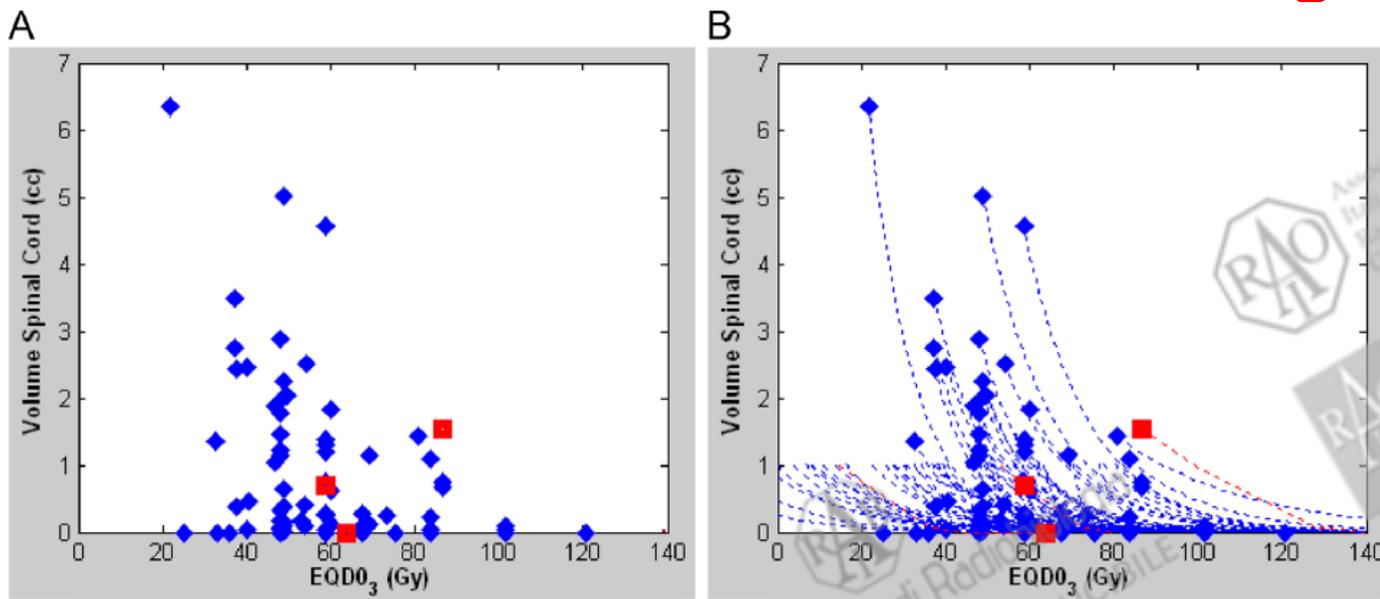
200 papers

Image-guided robotic radiosurgery for spinal metastases

Iris C. Gibbs^{a,*}, Pimkhuan Kamnerdsupaphon^b, Mi-Ryeong Ryu^c, Robert Dodd^e,
Michaela Kiernan^d, Steven D. Chang^e, John R. Adler Jr^e

Radiotherapy and Oncology 82 (2007) 185–190
www.thegreenjournal.com

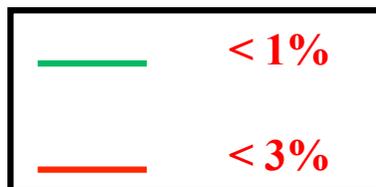
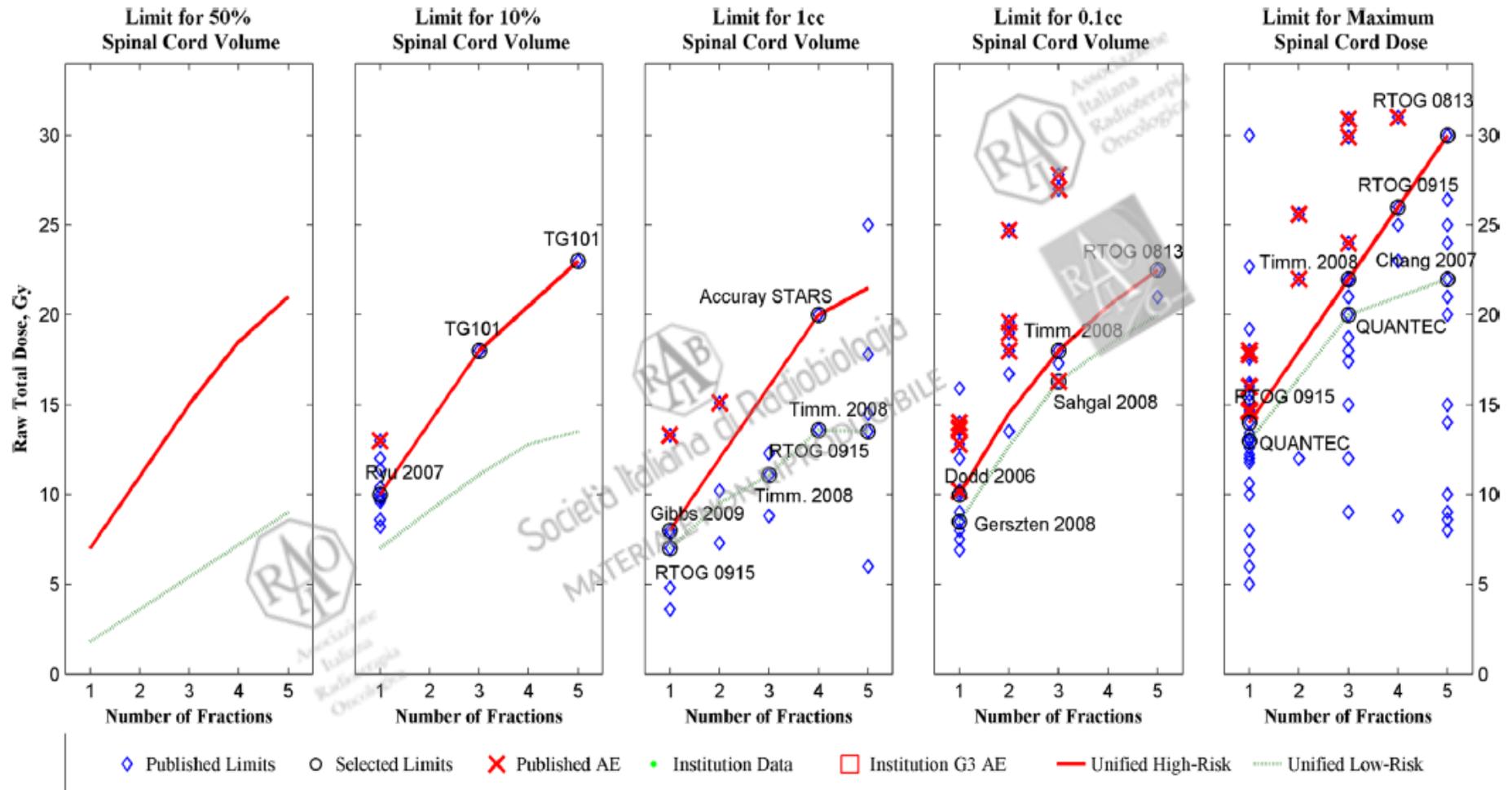
DVH Elaboration and Modeling Methods



$$NTCP = \frac{1}{\sqrt{2\pi}} \int_{-\infty}^t e^{-x^2/2} dx$$

PROBIT MODEL

DVH Maps Construction



< 1%

Low Risk Limits					
	D50% Limit (Gy)	D10% Limit (Gy)	D1cc Limit (Gy)	D0.1cc Limit (Gy)	Dmax Limit (Gy)
1 fx	1.8	7.0	7.0, 0.1%	8.5, 0.1%	13.0, 0.9%
2 fx	3.6	9.1	9.5, 0.1%	12.7, 0.1%	16.5, 0.6%
3 fx	5.4	11.1	11.1, 0.1%	16.3, 0.2%	20.0, 0.7%
4 fx	7.2	12.8	13.6, 0.2%	18.3, 0.2%	21.0, 0.5%
5 fx	9.0	13.5	13.5, 0.1%	20.0, 0.2%	22.0, 0.4%

< 3%

High Risk Limits					
	D50% Limit (Gy)	D10% Limit (Gy)	D1cc Limit (Gy)	D0.1cc Limit (Gy)	Dmax Limit (Gy)
1 fx	7.0	10.0	8.0, 0.2%	10.0, 0.2%	14.0, 1.6%
2 fx	11.0	14.0	12.0, 0.4%	14.5, 0.3%	18.0, 1.1%
3 fx	15.0	18.0	16.0, 0.9%	18.0, 0.4%	22.0, 1.3%
4 fx	18.5	20.5	20.0, 2.2%	20.5, 0.4%	26.0, 1.8%
5 fx	21.0	23.0	21.5, 2.0%	22.5, 0.4%	30.0, 2.6%

Optic nerves and chiasm

Endpoints

RION (Radiation-induced optic neuropathy)

Vision loss

Common Terminology Criteria for Adverse Events v3.0 (CTCAE)
Publish Date: August 9, 2006

Eye disorders					
Adverse Event	Grade				
	1	2	3	4	5
Optic nerve disorder	Asymptomatic; clinical or diagnostic observations only	Limiting vision of the affected eye (20/40 or better)	Limiting vision in the affected eye (worse than 20/40 but better than 20/200)	Blindness (20/200 or worse) in the affected eye	-

Definition: A disorder characterized by involvement of the optic nerve (second cranial nerve).

Optic nerves and chiasm constraints for conventionally fractionated RT

Emami data

TD5/5

50 Gy

TD50/5

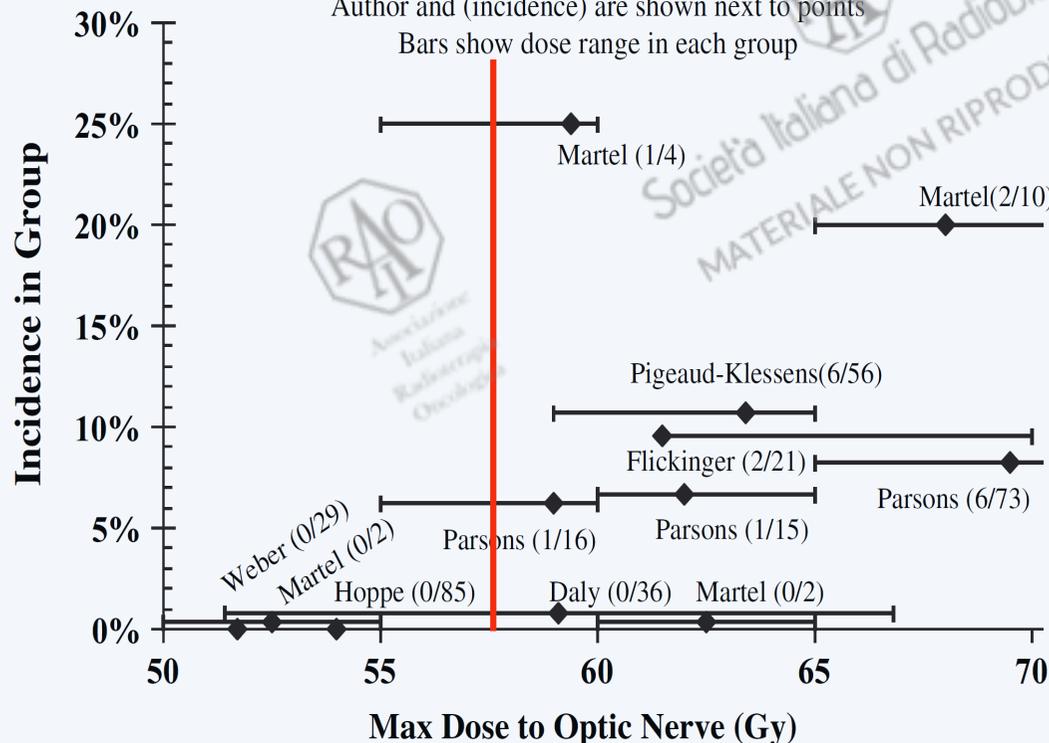
65 Gy

Quantec data

Radiation Induced Optic Neuropathy in Selected Studies (1.8-2.0 Gy/fx)

Author and (incidence) are shown next to points

Bars show dose range in each group



Risk of toxicity

- < 3% with Dmax < 55 Gy
- 3%-7% with Dmax 55-60 Gy
- > 7% with Dmax > 60 Gy

RADIATION DOSE-VOLUME EFFECTS OF OPTIC NERVES AND CHIASM

CHARLES MAYO, PH.D.,* MARY K. MARTEL, PH.D.,† LAWRENCE B. MARKS, M.D.,‡
 JOHN FLICKINGER, M.D.,§ JIHO NAM, M.D.,‡ AND JOHN KIRKPATRICK, M.D., PH.D.¶

Quantec threshold limits are 60 Gy in 1.8 Gy/fraction and 12 Gy for single-fraction SRS

JOURNAL OF APPLIED CLINICAL MEDICAL PHYSICS, VOLUME 12, NUMBER 2, SPRING 2011

Dose tolerance limits and dose volume histogram evaluation for stereotactic body radiotherapy *Grimm et al*

Organ	# fx	Vol. cc	Vol. %	Vol. Limit (Gy)	Max Limit (Gy)	Refs.	#AE ≥G3	# pts rx this dose	# pts in study	Notes
Optic nerve	1				15	17	7	9	50	77.8% chance of RON above 15Gy
	1				13	72				
	1				12	73	2	29	215	7% chance of RON above this, 1.1% chance below
	1				11	74				
	1				10	8,17,72,75	4	15	50	No RON below 10Gy, 27% RON from 10-15Gy tradition, dose tolerance not fully appreciated
	1				8	8				
	1	0.2		8	8,72,73,76					
	1				7.5	82				
	2	0.03		10		83				
	2				10	39				
	2				5	39				Preferred cumulative max
	3				19.5	8				
	3	0.03		15		83				
	3	0.2		15		8				
3	0.5		10.5		83					
3				15	39					
3				5	39				Preferred cumulative max	
5				30	84				Only based on two cases	
5				25	8,72,77,78					

14 Studies

Dose constraints for hypofractionated SRS over 2-5 days for optic nerves have not been well described

Dose-Response Modeling of the Visual Pathway Tolerance to Single-Fraction and Hypofractionated Stereotactic Radiosurgery

Susan M. Hiniker, MD,^{*} Leslie A. Modlin, BA,^{*} Clara Y. Choi, MD, PhD,^{*} Banu Atalar, MD,[†] Kira Seiger, BA,^{*} Michael S. Binkley, BA,^{*} Jeremy P. Harris, MD, MPhil,^{*} Yaping Joyce Liao, MD,[‡] Nancy Fischbein, MD,[§] Lei Wang, PhD,^{*} Anthony Ho, PhD,^{*} Anthony Lo, MS,^{*} Steven D. Chang, MD,^{||} Griffith R. Harsh, MD,^{||} Iris C. Gibbs, MD,^{*} Steven L. Hancock, MD,^{*} Gordon Li, MD,^{||} John R. Adler, MD,^{||} and Scott G. Soltys, MD^{*}

Methods and Materials

- ✓ RETROSPECTIVE ANALYSIS (Stanford University, 2000-2013)
- ✓ “Periopic” tumors (within 3 mm of the optic nerves or chiasm)
- ✓ 262 pts treated with single and hypofractionated SRS:
 - ✓ Benign tumors 236
 - ✓ Malignant tumors 26
- ✓ A total of 34 pts (13%) had been treated previously with RT (27 with EBRT and 7 with SRS)

Methods and Materials

DOSE PRESCRIPTION

- 1 Fraction: Median Dose 18 Gy (range 12-25 Gy)
- 3 Fractions: Median Dose 24 Gy (range 18-33 Gy)
- 5 Fractions: Median Dose 25 Gy (range 18-40 Gy)

Dmax to the optic nerve

- 1 Fraction: Median Dmax 7.6 Gy (range 1.9-12.4 Gy)
- 3 Fractions: Median Dmax 13.4 Gy (range 2.7-23.3 Gy)
- 5 Fractions: Median Dmax 19.6 Gy (range 3.8-29.4 Gy)

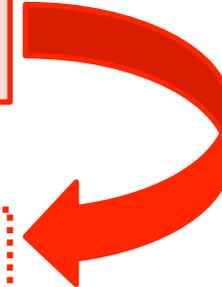
Results

Median Follow-up : 36.8 months (range, 2-142)

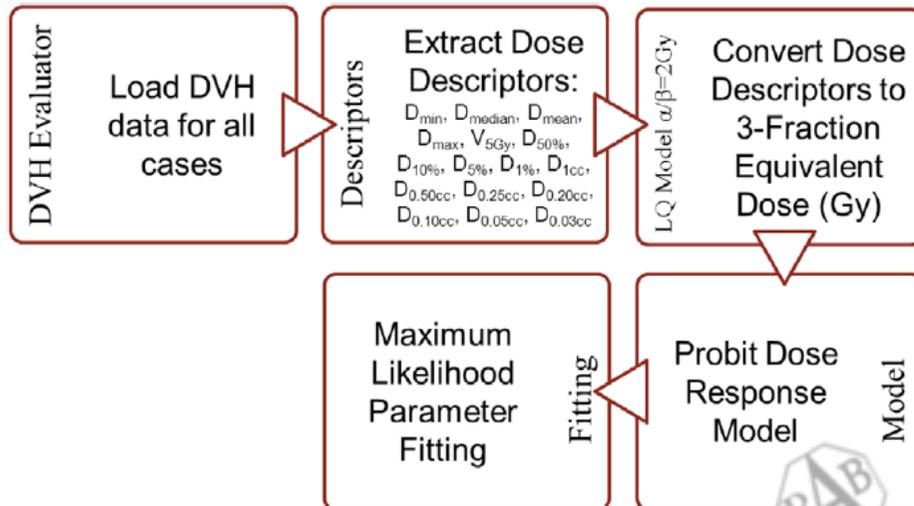
- ✘ 7 (2.7%) pts had worsening of vision following RT
 - 5 (1.9%) due to tumor growth
 - 2 (0.8%) due to RT (without tumor growth)

1° treated with 25 Gy in 5 fx, with a maximum dose to the optic nerve of 23.9 Gy

2° treated with 25 Gy in 5 fx to the 78% isodose ; the maximum dose to the optic pathway of 27.7 Gy: BUT the patient had 2 courses of RT previously (EBRT and SRS with 20 Gy in single fx)

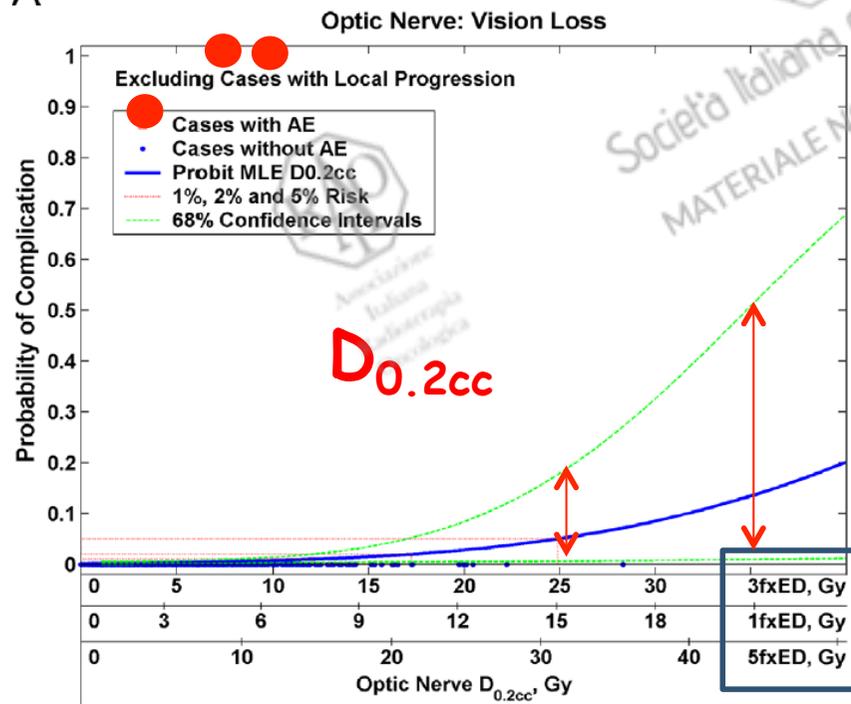


Data Analysis

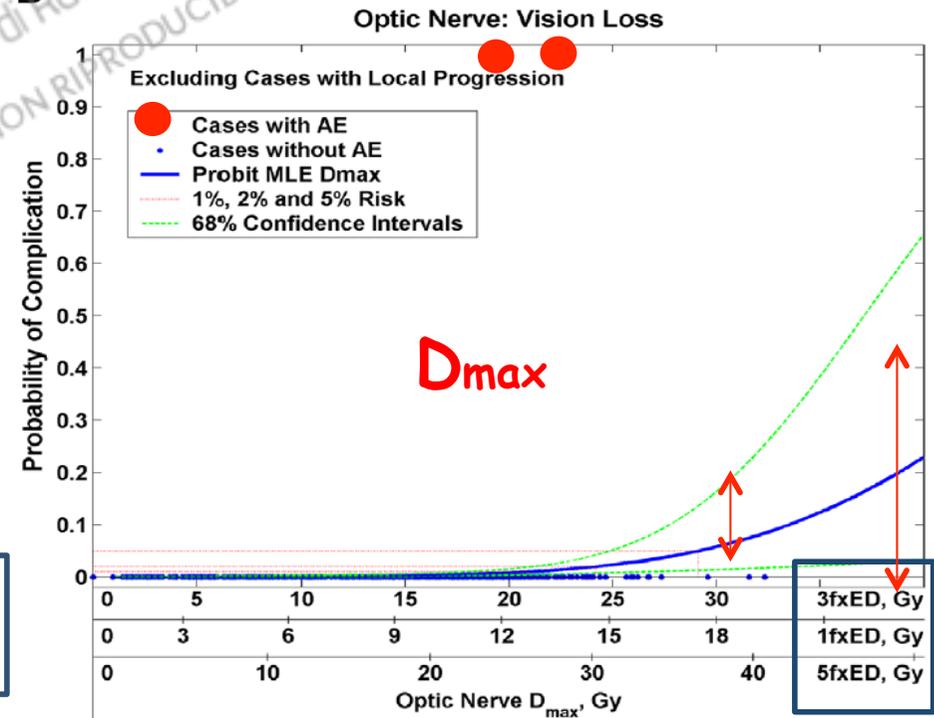


NTCP curves

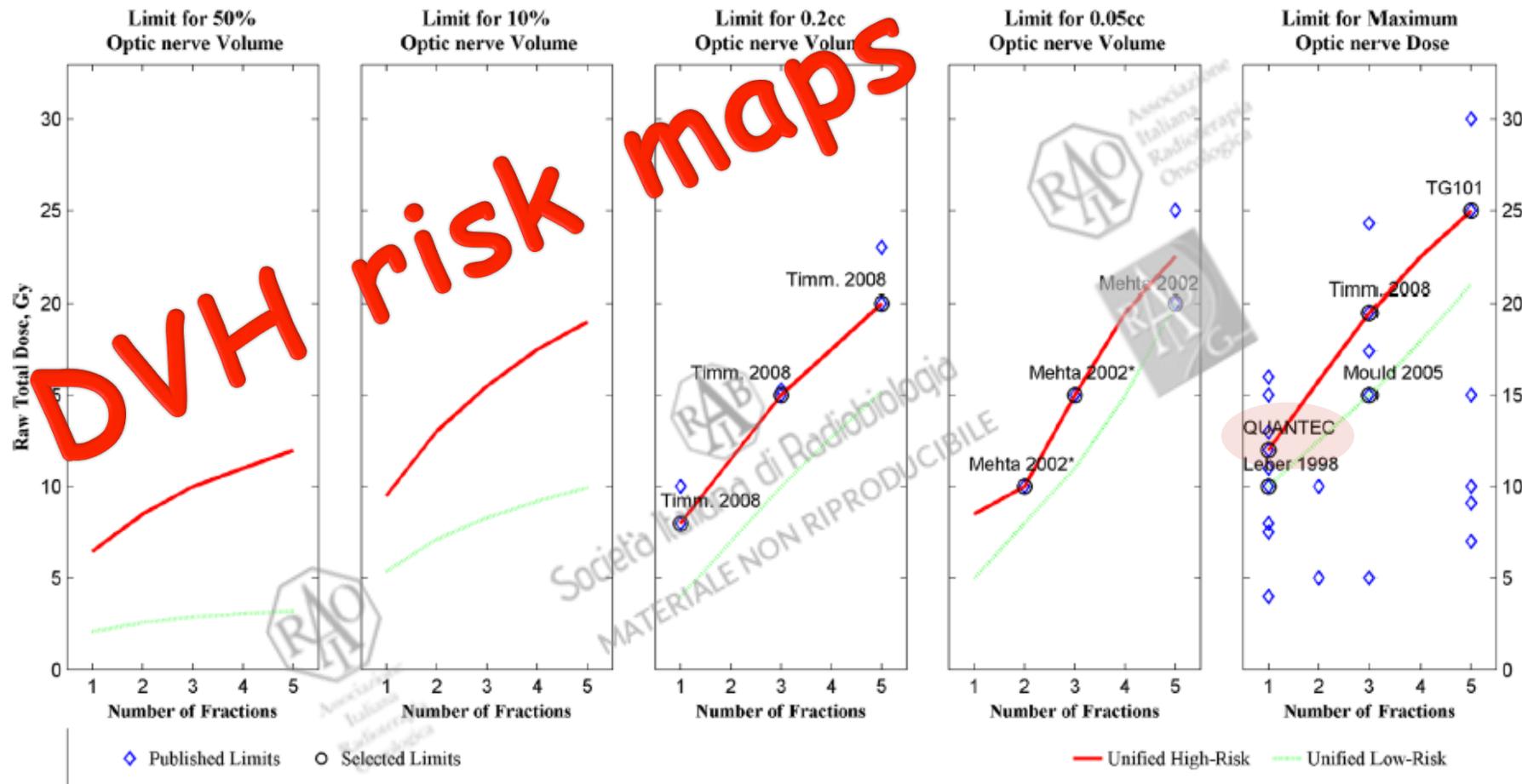
A



B



Estimated RION Risk level



	Low Risk Limits					High Risk Limits				
	D50% Limit (Gy)	D10% Limit (Gy)	D0.2cc Limit (Gy)	D0.05cc Limit (Gy)	Dmax Limit (Gy)	D50% Limit (Gy)	D10% Limit (Gy)	D0.2cc Limit (Gy)	D0.05cc Limit (Gy)	Dmax Limit (Gy)
1 fx	2.1, 0.3%	5.4, 0.2%	4.0, 0.4%	5.0, 0.1%	10.0, 0.3%	6.5, 1.0%	9.5, 1.0%	8.0, 1.1%	8.5, 0.6%	12.0, 0.7%
2 fx	2.6, 0.3%	7.1, 0.2%	7.0, 0.6%	8.0, 0.2%	12.5, 0.2%	8.5, 1.0%	13.0, 1.0%	11.5, 1.2%	10.0, 0.4%	15.8, 0.6%
3 fx	2.9, 0.3%	8.3, 0.2%	10.0, 0.7%	11.0, 0.3%	15.0, 0.2%	10.0, 1.0%	15.5, 1.0%	15.0, 1.5%	15.0, 0.8%	19.5, 0.7%
4 fx	3.1, 0.3%	9.2, 0.2%	12.7, 0.9%	15.0, 0.6%	18.0, 0.3%	11.0, 1.0%	17.5, 1.0%	17.5, 1.6%	19.5, 1.4%	22.5, 0.8%
5 fx	3.2, 0.3%	9.9, 0.2%	15.2, 1.0%	20.0, 1.1%	21.0, 0.4%	12.0, 1.0%	19.0, 1.0%	20.0, 1.7%	22.5, 1.6%	25.0, 0.8%

Optic Nerve Dmax Values corresponding to 1%, 2%, 3%, and 5% Risk of RION

Number of Fractions	Dmax for 1% Risk (Gy)	Dmax for 2% Risk (Gy)	Dmax for 3% Risk (Gy)	Dmax for 5% Risk (Gy)
1	12.7	14.6	15.9	17.5
2	17.5	20.2	21.9	24.2
3	20.9	24.2	26.3	29.1
4	23.7	27.5	29.9	33.1
5	26.1	30.3	32.9	36.6

Risk of RION < 1% with maximum point dose of:

12 Gy in 1 Fr

19,5 Gy in 3 Fr

25 Gy in 5 Fr

DVH Risk Maps

"The DVH Risk Maps can be represented a stable bridge between clinical practice and rigorous estimation theory"

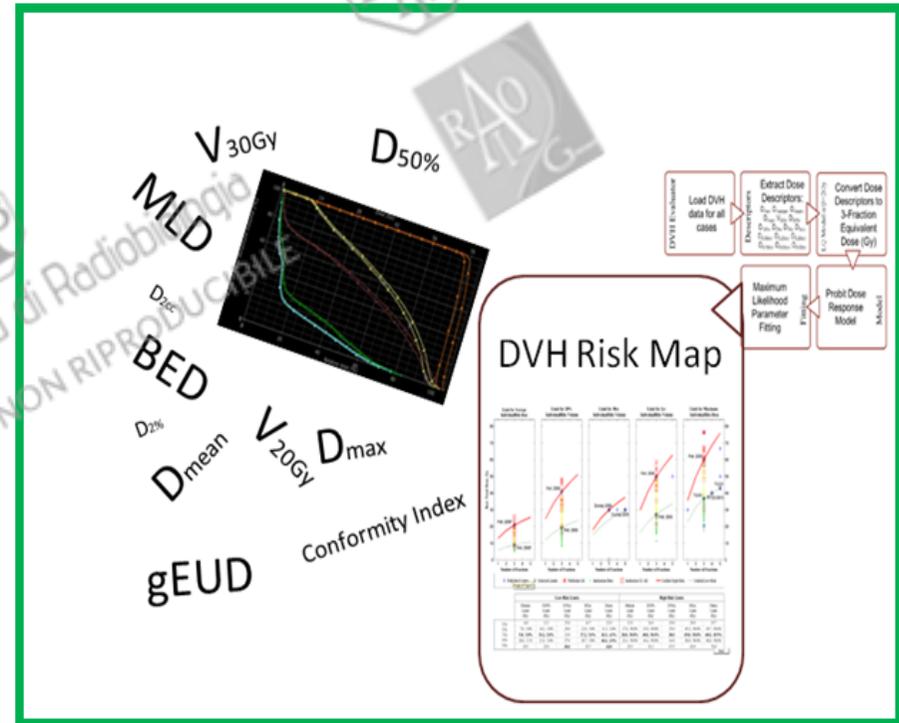
... The DVH Risk Maps allow clinicians to evaluate alternative treatments plans based on acceptable risk levels appropriate for each unique clinical situation to better optimize radiation treatment and to become more comfortable in devising more aggressive regimens when necessary such as radioresistant tumors to improve the effectiveness of treatment

Grazie a:

Francesca Maurizi, Elisa D'Angelo, Francesca Cucciarelli, Sara Costantini, Lo Sardo Pierluigi, Melissa Scricciolo, Enrico Raggi, Alessandra Guido, Damiano Balestrini, Lisa Vicenzi, Marco Valenti, Giorgia Timon, Massimo Giannini, Giulia Ghigi, Giovanna Mantello e a tutto il gruppo AIRO ERM

verso ...

**i "nuovi" limiti di dose per OARs
in radioterapia ipofrazionata**



A cura del
GRUPPO AIRO REGIONALE EMILIA ROMAGNA MARCHE
(coordinatore Giovanna Mantello)



Its long way to go...